## A TWO WELL LIOUVILLE THEOREM*

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#### Abstract

In this paper we analyse the structure of approximate solutions to the compatible two well problem with the constraint that the surface energy of the solution is less than some fixed constant. We prove a quantitative estimate that can be seen as a two well analogue of the Liouville theorem of Friesecke James Müller.

Let $H=\left(\begin{array}{cc}\sigma & 0 \\ 0 & \sigma^{-1}\end{array}\right)$ for $\sigma>0$. Let $0<\zeta_{1}<1<\zeta_{2}<\infty$. Let $K:=S O(2) \cup S O(2) H$. Let $u \in W^{2,1}\left(Q_{1}(0)\right)$ be a $\mathrm{C}^{1}$ invertible bilipschitz function with $\operatorname{Lip}(u)<\zeta_{2}$, $\operatorname{Lip}\left(u^{-1}\right)<\zeta_{1}^{-1}$.

There exists positive constants $\mathfrak{c}_{1}<1$ and $\mathfrak{c}_{2}>1$ depending only on $\sigma, \zeta_{1}, \zeta_{2}$ such that if $\epsilon \in\left(0, \mathfrak{c}_{1}\right)$ and $u$ satisfies the following inequalities $$
\begin{aligned} & \int_{Q_{1}(0)} \mathrm{d}(D u(z), K) \mathrm{d} L^{2} z \leq \epsilon \\ & \int_{Q_{1}(0)}\left|D^{2} u(z)\right| \mathrm{d} L^{2} z \leq \mathfrak{c}_{1}, \end{aligned}
$$


then there exists $J \in\{I d, H\}$ and $R \in S O$ (2) such that

$$
\int_{Q_{\mathfrak{c}_{1}}(0)}|D u(z)-R J| \mathrm{d} L^{2} z \leq \mathfrak{c}_{2} \epsilon^{\frac{1}{800}} .
$$

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## 1. Introduction

We consider the following simple problem.
Problem A. Let $E$ be a set of matrices and $F \notin E$. Let $q \geq 1$, and $\Omega$ be a Lipschitz domain in $\mathbb{R}^{n}$. Let $\mathrm{d}(\cdot, E)$ denote Euclidean distance from set $E$. Prove there exists constants $\epsilon_{0}>0, \beta_{0}>0$ such that any $u \in W^{2, q}\left(\Omega: \mathbb{R}^{m}\right)$ satisfying $u(x)=F(x)$ on $\partial \Omega$ and

$$
\begin{equation*}
\int_{\Omega} \mathrm{d}(D u(z), E) \mathrm{d} L^{2} z \leq \epsilon \tag{1}
\end{equation*}
$$

[^0]for $\epsilon \in\left(0, \epsilon_{0}\right)$ has the property that
\[

$$
\begin{equation*}
\int_{\Omega}\left|D^{2} u(z)\right|^{q} \mathrm{~d} L^{2} z \geq \epsilon^{1-q-\beta_{0}} \tag{2}
\end{equation*}
$$

\]

Problem A is solved only for sets of 2 or 3 matrices satisfying the following strong condition.
Definition 1.1. A set of matrices $E$ is called restricted if and only if given any Lipschitz domain $\Omega$ there exists constant $c_{1}>0, \delta_{0}>0, \gamma_{0}>0$ such that if function $u \in \operatorname{Lip}$ satisfies $u=F$ on $\partial \Omega$ for $F \notin E$ and

$$
\int_{\Omega} \mathrm{d}(D u(z), E) \mathrm{d} L^{2} z<\delta_{0}
$$

then $u$ has the property

$$
\begin{equation*}
\sup \{|u(z)-F(z)|: x \in \Omega\}<c_{1}\left(\int_{\Omega} \mathrm{d}(D u(z), E) \mathrm{d} L^{2} z\right)^{\gamma_{0}} \tag{3}
\end{equation*}
$$

We briefly comment on how Problem A is solved for restricted sets of $2 \times 2$ matrices in order to motivate Definition 1.1. For restricted sets condition (1) forces the function to be pressed down uniformly close to the affine boundary condition $F$ in the sense of (3). Let $v \in S^{1}$ be such that $(X-F) v \neq 0$ for any $X \in E$. Suppose we can find two points $a, b \in \Omega$ in direction $v$ such that $D u_{\lfloor[a, b]} \approx X \in E$ then as $(X-F)(a-b) \approx$ $(u-F)(a-b) \leq\|u-F\|_{L^{\infty}(\Omega)}$. So we have $|a-b|<c_{2}\|u-F\|_{L^{\infty}(\Omega)}<c_{2} c_{1}\left(\int_{\Omega} \mathrm{d}(D u(z), K) \mathrm{d} L^{2} x\right)^{\gamma_{0}}$. Thus for any line going through $\Omega$ there must be approximately $\left(c_{2} c_{1}\left(\int_{\Omega} \mathrm{d}(D u(x), K) \mathrm{d} L^{2} x\right)^{\gamma_{0}}\right)^{-1}$ points at which $D u$ jumps from one matrix inside $E$ to another. Hence by Fubini (2) follows.

Solutions to problem A for restricted sets of 2 or 3 matrices appear in [6, 12]. For example the set $\left\{\left(\begin{array}{ll}1 & 0 \\ 0 & 0\end{array}\right),\left(\begin{array}{cc}-1 & 0 \\ 0 & 0\end{array}\right)\right\}$ is restricted.

From the results of Müller, Šverák [15,16] and Dacorogna, Marcellini [10] for the set of matrices $E=$ $S O(2) \cup S O(2) H \subset M^{2 \times 2}, H$ diagonal there exists a large class of matrices $F \notin E$ for which we can solve the differential inclusion.

$$
D u \in E \text { for } a . e . \text { and } u=F \text { on } \partial \Omega .
$$

Our goal is to solve Problem A with respect to this set of matrices. Our main theorem is following.
Theorem 1.1. Let $0<\zeta_{1}<1<\zeta_{2}<\infty$. Let $K:=S O(2) \cup S O(2) H$ where $H=\left(\begin{array}{cc}\sigma & 0 \\ 0 & \sigma^{-1}\end{array}\right)$.
Let $u \in W^{2,1}\left(Q_{1}(0)\right)$ be a $\mathrm{C}^{1}$ invertible bilipschitz function with $\operatorname{Lip}(u)<\zeta_{2}$, $\operatorname{Lip}\left(u^{-1}\right)<\zeta_{1}^{-1}$. There exists positive constants $c_{1}, c_{3}, c_{4}<1$ and $c_{2}, c_{5}>1$ depending only on $\sigma, \zeta_{1}, \zeta_{2}$ such that if $\kappa \in\left(0, c_{1}\right], m_{0} \geq c_{2}$ and $u$ satisfies the following inequalities

$$
\begin{gather*}
\int_{Q_{1}(0)} \mathrm{d}(D u(z), K) \mathrm{d} L^{2} z \leq \kappa^{m_{0}}  \tag{4}\\
\int_{Q_{1}(0)}\left|D^{2} u(z)\right| \mathrm{d} L^{2} z \leq c_{3} \kappa, \tag{5}
\end{gather*}
$$

then there exists $J \in\{I d, H\}$ and $R \in S O$ (2) such that

$$
\begin{equation*}
\int_{Q_{c_{4}}(0)}|D u(z)-R J| \mathrm{d} L^{2} z \leq c_{5} \kappa^{\frac{m_{0}}{800}} \tag{6}
\end{equation*}
$$

The integral $\int \mathrm{d}(D u(z), K) \mathrm{d} L^{2} z$ is known as the bulk energy and $\int\left|D^{2} u(z)\right| \mathrm{d} L^{2} z$ is known as the surface energy. To illustrate our theorem it is helpful to consider $\kappa=c_{1}$ and to take $m_{0} \rightarrow \infty$ (this way we also obtain the theorem stated in the abstract). So for small but fixed surface energy, as the bulk energy decreases, the control of the derivative of the function in the central subsquare improves to some root power of the bulk energy. To state things more roughly, even though the surface energy is a small but fixed quantity, as the bulk energy decreases, the function in the central subsquare becomes increasingly flat.

The upper bound $c_{5} \kappa^{\frac{m_{0}}{800}}$ in (6) is far from optimal. The naive guess that the optimal bound is given by $c \kappa$ is false ${ }^{1}$, this follows from the construction of [7], see [9] for more details.

The assumption that $u$ is bilipschitz is a technical one, however it is used in an essential way many times in the proof. On the other hand the assumption $u$ is $\mathrm{C}^{1}$ is not necessary, it saves us some details to do with fine properties of Sobolev functions.

In another paper [13] we will use Theorem 1.1 to reduce Problem A to a kind of discrete $\epsilon$ free version of the problem ${ }^{2}$.

As shown in the remark following Definition 1.1, for restricted sets $E$ we can control the function just using bulk energy, then simply count up the surface energy. For our case with matrices $K=S O(2) \cup S O(2) H$ from the work of Dacorogna and Marcellini [10], Müller and Šverák [15], we have the existence of Lipschitz functions satisfying the affine boundary condition but for which $D u \in K$ a.e. in $\Omega$. So there is no relation between small bulk energy (in this case zero bulk energy) and being pressed down close to the affine boundary. It is not possible to just use bulk energy, we have to control the function using bulk and surface energies in combination. Hence the need for Theorem 1.1.

Functionals of the form (4) for $K=S O(2) \cup S O(2) H$ have received much attention in non convex calculus of variations. From work of Ball, James [2,3] and Chipot, Kinderlehrer [5] functionals of this form have been the basis of a well known model for solid-solid phase transformations. The basic idea was that deformations of the material will attempt to minimise an energy functional of the form

$$
\begin{equation*}
I(u)=\int_{\Omega} \phi(D u(x)) \mathrm{d} L^{2} x \tag{7}
\end{equation*}
$$

where $\phi$ is the free energy per unit volume in $\Omega$. Many features of minimising sequences can be understood from the set $\{F: \phi(F)=0\}$. This set is known as the energy wells of the functional $I$. Certain natural assumptions on the behavior of $\phi$, in particular frame indifference, imply that $K$ has to be of the form

$$
\begin{equation*}
K=\left\{S O(3) A_{i}: i=1,2, \ldots m\right\} \tag{8}
\end{equation*}
$$

where the $A_{i}$ are symmetry related and depend on the action of the phase transition.
Functional $I$ is not quasiconvex and so minimisers can not be found by lower semicontinuity, however as stated, from the work of Dacorogna and Marcellini, Müller and Šverák there exists absolute minimisers to $I$. It is the existence of these functions that make Problem A interesting.

A some what different but nevertheless relevant theorem is [11], Theorem 3.1.
Theorem 1.2 (Friesecke, James, Müller). Let $U$ be a bounded Lipschitz domain in $\mathbb{R}^{n}, n \geq 2$. The exists a constant $C(U)$ with the following property. For each $v \in W^{1,2}\left(U, \mathbb{R}^{n}\right)$ there exists an associated rotation $R \in S O(n)$ such that

$$
\begin{equation*}
\|D v-R\|_{L^{2}(U)} \leq C(U)\|\operatorname{dist}(D v, S O(n))\|_{L^{2}(U)} \tag{9}
\end{equation*}
$$

In [4] Theorem 1.2 was proved for the set $\widetilde{K}=S O(2) \cup S O(2) H$ where $H=\operatorname{diag}\left(\lambda_{1}, \lambda_{2}, \ldots \lambda_{n}\right), \lambda_{i}>0$ is such that

$$
\begin{equation*}
\sum_{i=1}^{n}\left(1-\lambda_{i}\right)\left(1-\frac{\operatorname{det}(H)}{\lambda_{i}}\right)>0 \tag{10}
\end{equation*}
$$

[^1]Specifically it was shown that for each $u \in W^{1,2}\left(\Omega, \mathbb{R}^{m}\right)$ there exists $R \in \widetilde{K}$ such that

$$
\|D u-R\|_{L^{2}(\Omega)} \leq C(\Omega, H)\|\operatorname{dist}(D u, \widetilde{K})\|_{L^{2}(\Omega)}
$$

Condition (10) forces the wells $S O(n)$ and $S O(n) H$ to be strongly incompatible, in particular $H$ is not rank-1 connected to $S O(n)$.

In our case (where $H$ is rank- 1 connected to $S O(2)$ ) Theorem 1.2 is trivially false without additional conditions (a simple laminate being the counter example).

Our additional conditions are to bound $\left\|D^{2} u\right\|_{L^{1}(\Omega)}$ by a small but fixed constant and to constrain $u$ to be bilipschitz ${ }^{3}$, and we obtain the weaker bound.

$$
\|D u-R J\|_{L^{1}\left(Q_{c_{4}}(0)\right)} \leq c_{4}\left(\|\operatorname{dist}(D u, K)\|_{L^{1}\left(Q_{1}(0)\right)}\right)^{\frac{1}{800}}
$$

After this paper was submitted, we learned of the relevance of the work of Conti, Schweizer [8] on the Gamma limit of functional $I$ with surface energy term, where $I$ has linearised wells. Using methods of [9] (for the non-linear functional) Conti, Schweizer proved a strong generalisation of Theorem 1.1, their strategy was to use hypotheses (4) and (5) to deduce $\int_{Q_{1}(0)} \mathrm{d}(D u(z), S O(2) J) \leq \kappa^{m_{0}}$ for some $J \in\{I d, H\}$, the theorem then follows from Theorem 1.2. For a simple proof of Theorem 1.1 in the plane via application of Theorem 1.2, see [14].

## 2. PLAN OF PROOF

## Strategy:

We will gain control of function $u$ in a central subsquare by surrounding the central subsquare with a "diamond". Along the sides of the diamond we will show $D u$ is $L^{1}$ close to a fixed rotation, the control in the central subsquare follows from this. Showing $D u$ on a line $l$ is $L^{1}$ close to a fixed rotation is "more or less" equivalent to showing $u(l)$ is "roughly" mapped to a straight (unstretched) line. We will develop methods that show that for many lines in $Q_{1}(0)$ (in the directions of the sides of the diamond), function $u$ maps the lines to "roughly" straight (unstretched) lines.

### 2.1. The push over lemma

$H=\left(\begin{array}{cc}\sigma & 0 \\ 0 & \sigma^{-1}\end{array}\right)$. To begin with note that there are two linearly independent vectors $\phi_{1}$ and $\phi_{2}$ such that $\left|H \phi_{i}\right|=1$ for $i=1,2$. A short calculation gives that we can take $\phi_{1}=\left(\frac{\frac{1}{\sqrt{1+\sigma^{2}}}}{\sqrt{1+\sigma^{2}}}\right)$ and $\phi_{2}=\left(\frac{\frac{1}{\sqrt{1+\sigma^{2}}}}{\frac{-\sigma}{\sqrt{1+\sigma^{2}}}}\right)$. Let $n_{i}$ denote the anticlockwise normal to $\phi_{i}$ for $i=1,2$.

Now the most basic example of a function satisfying the affine boundary condition that minimises bulk energy is a laminate. In the reference configuration this can be seen as a function defined on a collection of strips running parallel to either $\phi_{1}$ or $\phi_{2}$ for which the derivative of the laminate alternates from one strip to the next from being in $S O(2)$ to being in $S O(2) H$. For simplicity, let us suppose the strips are parallel to $\phi_{1}$ and let us denote the laminate by $u$. Now if all our strips are of width $w$, by Fubini and the fact that $\operatorname{det}(H)=1$ and $\left|H \phi_{1}\right|=1$ we know that the images of our strips under the action of $u$ will be strips of width $w$, as shown Figure 1.

For a general function $v$ with small bulk energy (i.e. $\int_{\Omega} \mathrm{d}(D v(x), S O(2) \cup S O(2) H) \mathrm{d} L^{2} x<\epsilon$ ) we will examine the behaviour of $v$ on lines parallel to $\phi_{i}$. Roughly speaking it will turn out that if $l_{1}$ is parallel to $l_{2}$

[^2]
## Image



$\Xi 1$
Reference


Figure 1. The pullback of a straight line by a laminate function.
and the two lines are distance $w$ apart, then $v\left(l_{1}\right)$ will have to stay distance $w$ away from $v\left(l_{2}\right)$. This is a consequence of the following inequality

$$
\begin{equation*}
|H \psi| \geq \psi \cdot n_{i} \text { for all } \psi \in S^{1} \tag{11}
\end{equation*}
$$

For the proof of which, see the argument following (27).
Firstly, suppose for two parallel lines $l_{1}, l_{2}$ in direction $\phi_{1}$ that are distance $w$ apart we have that $v\left(l_{1}\right), v\left(l_{2}\right)$ are distance (much) less than $w$ apart at some point, as shown in Figure 2.

Let $\alpha$ be the line of length less than $w$ joining $v\left(l_{1}\right)$ to $v\left(l_{2}\right)$. Using bilipschitzness of $v$ and a Fubini argument, we can assume $\alpha$ is such that $\int_{\alpha} \mathrm{d}\left(D v\left(v^{-1}(x)\right), S O(2) \cup S O(2) H\right)<\sqrt{\epsilon}$. We consider the preimage $v^{-1}(\alpha)$. We want to use the formula $H^{1}(\alpha)=\int_{v^{-1}(\alpha)}|D v(x) t(x)| \mathrm{d} H^{1} x$ and the fact that $H^{1}\left(v^{-1}(\alpha)\right) \geq w$ to get a contradiction from the assumption $H^{1}(\alpha) \ll w$.

Assume for simplicity $D v\left(v^{-1}(x)\right) \in N_{\sqrt{\epsilon}}(S O(2) \cup S O(2) H)$ for all $x \in \alpha$. For each $x \in \alpha$ let $G(x) \in$ $S O(2) \cup S O(2) H$ be the matrix such that $\left|D v\left(v^{-1}(x)\right)-G(x)\right|=\mathrm{d}\left(D v\left(v^{-1}(x)\right), S O(2) \cup S O(2) H\right)$, and let $t_{x}$ denote the tangent to $v^{-1}(\alpha)$ at point $x$. We have

$$
\begin{aligned}
H^{1}(\alpha) & =\int_{v^{-1}(\alpha)}\left|D v\left(v^{-1}(x)\right) t_{x}\right| \mathrm{d} H^{1} x \\
& \geq \int_{v^{-1}(\alpha)}\left|G(x) t_{x}\right| \mathrm{d} H^{1} x-\sqrt{\epsilon} H^{1}\left(v^{-1}(\alpha)\right) \\
& \stackrel{(11)}{\geq} L^{1}\left(P_{\phi_{i}^{\perp}}\left(v^{-1}(\alpha)\right)\right)-\sqrt{\epsilon} H^{1}\left(v^{-1}(\alpha)\right) \\
& =w-\sqrt{\epsilon} H^{1}\left(v^{-1}(\alpha)\right) .
\end{aligned}
$$



Figure 2. The pullback of the shortest line joining $v\left(l_{2}\right)$ to $v\left(l_{1}\right)$.
Assuming $v$ is bilipschitz (and so $H^{1}\left(v^{-1}(\alpha)\right)$ is not too big ) this implies the images of lines $l_{1}$ and $l_{2}$ must be (by at least $(1-c \sqrt{\epsilon}) w$ ) "pushed over" from one another, i.e. we can not find a line $\alpha$ of length less than $(1-c \sqrt{\epsilon}) w$ joining $v\left(l_{1}\right)$ to $v\left(l_{2}\right)$. This is our first restriction on the geometry of the function we want to study, just coming from smallness of bulk energy.

### 2.2. ODE method

We consider the same picture as before but from a different perspective. So $l_{1}, l_{2}, \ldots$ are lines in direction $\phi_{1}$ going through $\Omega$ and we consider the images $v\left(l_{1}\right), v\left(l_{2}\right), \ldots$ Now supposing we were on a point $x \in v\left(l_{1}\right)$ and we wanted to get to $v\left(l_{2}\right)$ via a path in $v(\Omega)$ of the shortest length. If we start at point $s$ the most obvious thing to do is to "draw a straight line" to the nearest point of $v\left(l_{2}\right)$. But supposing we are "blind" and we can not see which straight line to draw, suppose we have to find the path just using analytic information we have about $v$.

The most natural way to do it would be to consider the vector field given by the gradient of the function $\Psi_{1}: v(\Omega) \rightarrow \mathbb{R}^{2}$ defined by $\Psi_{1}(x):=v^{-1}(x) \cdot n_{1}$ note $v\left(l_{1}\right), v\left(l_{2}\right)$ are the level sets of $\Psi_{1}$. If we "follow" the vector field from point $x$ it will indeed take us along the optimal path to $v\left(l_{2}\right)$. But "following" a vector field is exactly finding an integral curve for a vector field, which means solving the following ODE

$$
\begin{equation*}
X(0)=x \quad \frac{\mathrm{~d} X}{\mathrm{~d} t}\left(t_{1}\right)=D \Psi_{1}\left(X\left(t_{1}\right)\right) \tag{12}
\end{equation*}
$$

Now if point $y \in\{X(t): t>0\}$ is such that $D v\left(v^{-1}(y)\right) \in N_{\sqrt{\epsilon}}(S O(2) \cup S O(2) H)$ we calculate that $D \Psi_{1}(y)=D v^{-T}(y) \cdot n_{1}$. Letting $R\left(v^{-1}(y)\right) S\left(v^{-1}(y)\right):=D v\left(v^{-1}(y)\right)$ be the polar decomposition of $D v\left(v^{-1}(y)\right)$ (i.e. $\quad R\left(v^{-1}(y)\right) \in S O(2)$ and $\left.S\left(v^{-1}(y)\right) \in M_{\mathrm{sym}}^{2 \times 2}\right)$ we have $D v^{-T}(y) n_{1}=$ $R\left(v^{-1}(y)\right) S^{-1}\left(v^{-1}(y)\right) n_{1}$ and as $S\left(v^{-1}(y)\right) \in N_{\sqrt{\epsilon}}(\{I d, H\})$ so either $S\left(v^{-1}(y)\right) \in N_{\sqrt{\epsilon}}(I d)$ and so


Figure 3. The integral path of the vector field $\Psi_{1}$.
$\left|S\left(v^{-1}(y)\right) n_{1}\right| \approx 1$ or $S\left(v^{-1}(y)\right) \in N_{\sqrt{\epsilon}}(H)$ and so $\left|S\left(v^{-1}(y)\right) n_{1}\right| \approx\left|H^{-1} n_{1}\right|=1$. So assuming the path of the vector field is such that $D v$ stays close to the wells $S O(2) \cup S O(2) H$, if $\Lambda$ is a connected subset of the set $\{X(t): t>0\}$ with end points $e \in v\left(l_{2}\right), s \in v\left(l_{1}\right)$ then

$$
\begin{equation*}
\left|\Psi_{1}(e)-\Psi_{1}(s)\right|=\left|\left(v^{-1}(e)-v^{-1}(s)\right) \cdot n_{1}\right| \approx H^{1}(\Lambda) . \tag{13}
\end{equation*}
$$

So in Figure 3, as $v^{-1}(s) \in l_{1}$ and $v^{-1}(e) \in l_{2}$ then $H^{1}(\Lambda) \approx w$, but on the other hand, by the push over lemma we know that $|s-e|$ can not be much less than $w$, this implies $\Lambda$ must be close to a straight line.

### 2.3. Finding lines in a grid of good subsquares

Suppose $u$ is an invertible function with $\int_{\Omega} \mathrm{d}(D u(z), S O(2) \cup S O(2) H) \mathrm{d} L^{2} z \leq \delta^{2}$ and $\int_{\Omega}\left|D^{2} u(z)\right| \mathrm{d} L^{2} z \leq$ $\frac{1}{1000}$. It follows from the "push over lemma" and the "ODE method" that if we can find many paths $X(0)=x_{0}$, $\frac{\mathrm{d} X}{\mathrm{~d} t}\left(t_{0}\right)=D \Psi_{1}\left(X\left(t_{0}\right)\right)$ in $u(\Omega)$ where the path $\{X(t): t>0\}$ is mostly contained in the set

$$
\left\{z \in u(\Omega): \mathrm{d}\left(D u\left(u^{-1}(z)\right), K\right)<\delta\right\}
$$

then we have that these paths are mostly straight and so we can control function $u$ on the path, specifically $u$ is $L^{\infty}$ close to a rotation.

So the problem becomes how to find these paths. The key observation that allows us to find them is the following:

Suppose we have a point $x_{0} \in u(\Omega)$ where the path

$$
\begin{equation*}
X(0)=x_{0} \text { and } \frac{\mathrm{d} X}{\mathrm{~d} t}\left(t_{0}\right)=D \Psi_{1}\left(X\left(t_{0}\right)\right) \tag{14}
\end{equation*}
$$

stays mostly in the set $\left\{z \in u(\Omega): \mathrm{d}\left(D u\left(u^{-1}(z)\right), S O(2)\right)<\delta\right\}$ then from the study we made in Section 2.1 we know $u^{-1}(\{X(t): t>0\})$ will be "roughly" a line in direction $n_{1}$.

Conversely if we manage to find a line $L$ in direction $n_{1}$ where $D u$ on $\Omega \cap L$ stays mostly within $N_{\delta}(S O(2))$ then $u(\Omega \cap L)$ will "roughly" form an integral curve to $D \Psi_{1}$ and the path $u(\Omega \cap L)$ will stay mostly in the set $\left\{z \in u(\Omega): \mathrm{d}\left(D u\left(u^{-1}(z)\right), S O(2)\right)<\delta\right\}$. So instead of trying to find paths $X:[a, b] \rightarrow u(\Omega)$ that satisfy (14) for which $D u$ on $X([a, b])$ stays $L^{1}$ close to the wells $S O(2) \cup S O(2) H$, we can look for a straight lines in direction $n_{1}$ in $\Omega$ for which $D u$ stays $L^{1}$ close to $S O(2)$. By Fubini there will be many lines $L^{1}$ close to $S O(2) \cup S O(2) H$ and by the bound on surface energy, many of these lines will either be $L^{1}$ close to $S O(2)$ or $S O(2) H$.

To summarise, what we have gained is that in the reference configuration (i.e. in $\Omega$ ) we need only look for straight lines with low bulk energy, and by Fubini there will be plenty of these. The cost is that $D u$ must stay close to the well $S O(2)$.

### 2.3.1. The grid

First we will repeat the idea given in Section 2.3 with a bit more detail. Let $\delta>0$ be some small number and $m$ be a large integer. Suppose we had an invertible function $u: Q_{1}(0) \rightarrow \mathbb{R}^{2}$ with

$$
\begin{equation*}
\int_{Q_{1}(0)} \mathrm{d}(D u(z), S O(2) \cup S O(2) H) \mathrm{d} L^{2} z \leq \delta^{2} \tag{15}
\end{equation*}
$$

and

$$
\begin{equation*}
\int_{Q_{1}(0)}\left|D^{2} u(z)\right| \mathrm{d} L^{2} z \leq \frac{1}{1000} \tag{16}
\end{equation*}
$$

Suppose also we have an $m \times m$ grid of subsquares $T:=\left\{Q_{1}, Q_{2}, \ldots Q_{m^{2}}\right\}$ that cover $Q_{1}(0)$ for which we have a subcollection $G$ such that $\operatorname{Card}(T \backslash G) \leq(1-\delta) m^{2}$ and $G$ has the following property; for any $Q_{k} \in G$ there exists $R_{k} \in S O(2), J_{k} \in\{I d, H\}$ such that $\int_{Q_{k}}\left|D u(z)-R_{k} J_{k}\right| \mathrm{d} L^{2} z \leq \delta m^{-2}$. Then by the bound on surface energy (16) we must be able to find many lines $L$ in direction $n_{1}$ such that $\left\{Q_{k} \in G: Q_{k} \cap L \neq \emptyset\right\}$ are all subsquares with $D u$ close to either $S O(2)$ or all of them are such that $D u$ is close to $S O(2) H$. If we know additionally that $\int_{Q_{1}(0)} \mathrm{d}(D u(z), S O(2)) \mathrm{d} L^{2} z \leq \int_{Q_{1}(0)} \mathrm{d}(D u(z), S O(2) H) \mathrm{d} L^{2} z$ then we could in fact find many lines in direction $n_{1}$ (or direction $n_{2}$ ) on which $D u$ stays close to $S O$ (2).

As we have argued, the $u$ image of these lines will form paths which (roughly speaking) solve the ODE (14) and stay mostly inside the set $\left\{z \in u\left(Q_{1}(0)\right): \mathrm{d}\left(D u\left(u^{-1}(z)\right), S O(2)\right)<\delta\right\}$ and hence by the push over lemma (i.e. using (13)) and the ODE method, these paths will form mostly straight lines.

Now given that there are many lines $L$ in directions $n_{1}$ and $n_{2}$ on which $\underset{\sim}{D} u$ stays close to a fixed (depending only on the line) rotation, it is easy to show that some central subsquare $\widetilde{S}$ (whose size is determined by the eigenvalues of matrix $H$ ) must be "surrounded" by the boundary of a "diamond" whose sides are parallel to $n_{1}, n_{2}$ and form subsets of these "controlled" lines (see Fig. 7). So on each of these four lines, (call them $\left.L_{1}, L_{2}, L_{3}, L_{4}\right) D u$ must be $L^{1}$ close to a fixed rotation $R_{k}$. One of the main reasons for working on the grid is that when two lines (say $L_{1}, L_{2}$ ) intersect on a "good" subsquare $Q_{k} \in T$ on which $D u \approx R_{1}, D u \approx R_{2}$ we have $R_{1} \approx R_{2}$. So if we manage to find our four lines $L_{1}, L_{2}, L_{3}, L_{4}$ such that they only intersect on "good subsquares" function $u$ on the boundary of the diamond will be $L^{1}$ close (with error $\delta^{\frac{1}{8}}$ say) to a fixed rotation. Since there are so many good subsquares finding these four lines is just a matter of careful counting.

Once this is established, by integrating the function in direction $\phi_{1}$ (note $\left|D u(x) \phi_{1}\right| \approx 1$ for any $x \in Q_{1}(0)$ such that $D u(x)$ is close to the wells $S O(2) \cup S O(2) H$ ) from one side of the boundary of the diamond to the other we can show that inside the diamond, $D u$ will be mostly close to a rotation $R$ with error say $\delta \frac{1}{16}$.

So if for some $\delta$ which is approximately a root power of $\kappa^{m_{0}}$ if we can find such a grid we will be in a position to argue the statement of Theorem 1.1.

Ideas similar to this have been used in plate theories, specifically decomposing a region into squares on which a rigidity theorem is applied. See [11] Section 4, and [17].

### 2.4. The "weak" two well Liouville theorem

Recall our main theorem is a kind of Liouville theorem for functions with small (fixed) surface energy but much much smaller bulk energy, where the control of the derivative of the function inside a central subsquare is of some root power of the bulk energy.

We can have a "weaker" theorem of this type (weaker because the control of the derivative in the central subsquare will be bounded by the surface energy) as a simple corollary of the BV Poincaré inequality; by the inequality if we let $A=\frac{\int_{Q_{1}(0)} D u(z) \mathrm{d} L^{2} z}{4}$ then we have

$$
\int_{Q_{1}(0)}|D u(z)-A| \mathrm{d} L^{2} z \leq c \int_{Q_{1}(0)}\left|D^{2} u(z)\right| \mathrm{d} L^{2} z \leq c \kappa .
$$

And its easy to see $A \in N_{\kappa}(S O(2) \cup S O(2) H)$.

### 2.5. Carefully scaling of the "weak" two well Liouville Theorem

Suppose function $u$ is such that $\int_{Q_{1}(0)} \mathrm{d}(D u(z), S O(2)) \mathrm{d} L^{2} z \leq \int_{Q_{1}(0)} \mathrm{d}(D u(z), S O(2) H) \mathrm{d} L^{2} z$ and satisfies (4), (5).

Recall we want a grid of subsquares $T:=\left\{Q_{k}: k=1,2, \ldots\right\}$ that cover $Q_{1}(0)$ for which there is a subset $G \subset T$ such that for some (possible large) $q \in N$ we have

$$
\begin{equation*}
\operatorname{Card}(T \backslash G) \leq \kappa^{\frac{m_{0}}{q}} \operatorname{Card}(T) \tag{17}
\end{equation*}
$$

- For each $Q_{k} \in G$ there exists $R_{k} \in S O(2), J_{k} \in\{I d, H\}$ such that

$$
\begin{equation*}
\int_{Q_{k}}\left|D u(z)-R_{k} J_{k}\right| \mathrm{d} L^{2} z \leq \kappa^{\frac{m_{0}}{q}} L^{2}\left(Q_{k}\right) \tag{18}
\end{equation*}
$$

Since $m_{0}$ can be arbitrarily big we can in effect have as much control of bulk energy as we like and so we need only concentrate on the surface energy. However surface energy being the gradient of $D u$ means that it is "morally speaking" one dimension lower than the estimate on bulk energy. If we take a grid with elements of diameter $h$, we can think of the measure $A \rightarrow \int_{A}\left|D^{2} u(z)\right| \mathrm{d} L^{2} z$ as being a "one dimensional set" of length $\leq \kappa$ spread out across the elements of the grid.

So if we take the set of "bad" grid elements $Q_{k}$ for which $\int_{Q_{k}}\left|D^{2} u(z)\right| \mathrm{d} L^{2} z \geq \kappa^{\frac{m_{0}}{q}} h$, the total sum of the lengths of the bad grid elements will be less than $\kappa^{1-\frac{m_{0}}{q}}$ which is $\kappa^{-\frac{m_{0}}{q}}$ times longer than the original "one dimensional" set of surface energy. However we are interested in establishing estimate (17) which is a "two dimensional" estimate because Card $(T) \approx \frac{1}{h^{2}}$ so the set of bad grid elements is negligible.

Since by the bulk energy estimate we easily have that most of the elements $Q_{k}$ are such that

$$
\int_{Q_{k}} \mathrm{~d}(D u(z), S O(2) \cup S O(2) H) \mathrm{d} L^{2} z \leq \kappa^{\frac{m_{0}}{q}} h^{2}
$$

we have the conditions to apply the "weak two well Liouville theorem" on "most" of the elements $Q_{k}$ of the grid and this give us (17), (18). Hence we have the grid we need. Technicalities aside these are all the elements need for the proof.

We will prove Theorem 2.1, Theorem 1.1 follows by symmetry. Note that throughout the proof $c$ will denote all unimportant constants depending only on $\sigma, \zeta_{1}, \zeta_{2}$.
Theorem 2.1. Let $0<\zeta_{1}<1<\zeta_{2}<\infty$. Let $H=\left(\begin{array}{cc}\sigma & 0 \\ 0 & \sigma^{-1}\end{array}\right)$ for $\sigma \in(0,1)$. Let $K:=S O(2) \cup S O(2) H$. Let $u \in W^{1,2}\left(Q_{1}(0)\right)$ be a $\mathrm{C}^{1}$ bilipschitz function with $\operatorname{Lip}(u)<\zeta_{2}$, $\operatorname{Lip}\left(u^{-1}\right)<\zeta_{1}^{-1}$. There exists positive
constants $\mathbf{c}_{1}, \mathbf{c}_{3}, \mathbf{c}_{4}<1$ and $\mathbf{c}_{2}, \mathbf{c}_{5}>1$ depending on $\sigma, \zeta_{1}, \zeta_{2}$ such that if $k \in\left(0, \mathbf{c}_{1}\right], m_{0} \geq \mathbf{c}_{2}$ and function $u$ satisfies

$$
\begin{gather*}
\int_{Q_{1}(0)} \mathrm{d}(D u(z), K) \mathrm{d} L^{2} z \leq \kappa^{m_{0}}  \tag{19}\\
\int_{Q_{1}(0)}\left|D^{2} u(z)\right| \mathrm{d} L^{2} z \leq \mathbf{c}_{3} \kappa  \tag{20}\\
\int_{Q_{\mathrm{c}_{4}}(0)} \mathrm{d}(D u(z), S O(2) H) \mathrm{d} L^{2} z \leq \int_{Q_{\mathbf{c}_{4}}(0)} \mathrm{d}(D u(z), S O(2)) \mathrm{d} L^{2} z \tag{21}
\end{gather*}
$$

then there exists $R_{1} \in S O$ (2) such that

$$
\int_{Q_{\mathrm{c}_{4}}(0)}\left|D u(z)-R_{1} H\right| \leq \mathbf{c}_{5} \kappa^{\frac{\mathrm{m}_{0}}{800}}
$$

## 3. Preliminary notation

Let $H=\left(\begin{array}{cc}\sigma & 0 \\ 0 & \sigma^{-1}\end{array}\right)$ for $\sigma \in(0,1)$. Throughout all the lemmas we take

$$
\begin{equation*}
K:=S O(2) \cup S O(2) H \tag{22}
\end{equation*}
$$

Let $0<\zeta_{1}<1<\zeta_{2}<\infty$. Define

$$
\begin{equation*}
\mathcal{D}\left(\zeta_{1}, \zeta_{2}\right):=\left\{M \in M^{2 \times 2}: \inf _{v \in S^{1}}|M v| \geq \zeta_{1} \text { and } \sup _{v \in S^{1}}|M v| \leq \zeta_{2}\right\} \tag{23}
\end{equation*}
$$

Given a $\mathrm{C}^{1}$ invertible function $u: \Omega \rightarrow \mathbb{R}^{2}, u$ being bilipschitz with $\operatorname{Lip}(u) \leq \zeta_{2}, \operatorname{Lip}\left(u^{-1}\right) \leq \zeta_{1}^{-1}$ is equivalent to

$$
D u(z) \in \mathcal{D}\left(\zeta_{1}, \zeta_{2}\right) \text { for all } z \in \Omega
$$

The latter formulation will be more convenient for us. Let

$$
R(z, \alpha, \beta):=\left\{x \in \mathbb{R}^{2}:\left|(z-x) \cdot e_{1}\right| \leq \beta,\left|(z-x) \cdot e_{2}\right| \leq \alpha\right\}
$$

## 4. Push over lemma

This is the push over Lemma described in Section 2.1 of the introduction. The proof is essentially a calculation, see Section 2.1 for a explanation of why it works.
Lemma 4.1. Let $0<\zeta_{1}<1<\zeta_{2}<\infty$. Let $K$ be as in (22). Let $u \in W^{2,1}\left(Q_{1}(0)\right)$ be a $\mathrm{C}^{1}$ invertible function with the property that $D u(x) \in \mathcal{D}\left(\zeta_{1}, \zeta_{2}\right)$ for all $x \in Q_{1}(0)$. Let

$$
\begin{equation*}
\phi_{1}=\binom{\frac{1}{\sqrt{1+\sigma^{2}}}}{\frac{\sigma}{\sqrt{1+\sigma^{2}}}}, \phi_{2}=\binom{\frac{-1}{\sqrt{1+\sigma^{2}}}}{\frac{\sigma}{\sqrt{1+\sigma^{2}}}} \text { note that }\left|H \phi_{i}\right|=1 \text { for } i=1,2 \tag{24}
\end{equation*}
$$

Let $n_{i}$ denote the anti-clockwise normal to $\phi_{i}$ for $i=1,2$.
Let $i \in\{1,2\}$. For any $s, e \in u\left(Q_{1}(0)\right)$, such that $\eta:=[s, e] \subset u\left(Q_{1}(0)\right)$ and

$$
\begin{equation*}
\int_{\eta} \mathrm{d}\left(D u\left(u^{-1}(z)\right), K\right) \mathrm{d} H^{1} z<\alpha|s-e| \tag{25}
\end{equation*}
$$

then

$$
\begin{equation*}
|s-e|>\left|\left(u^{-1}(s)-u^{-1}(e)\right) \cdot n_{i}\right|-\zeta_{1}^{-1} \alpha|s-e| . \tag{26}
\end{equation*}
$$

Proof. We begin with the main inequality.
Step 1. Let $i \in\{1,2\}$, for any $\psi \in S^{1}$

$$
\begin{equation*}
|H \psi| \geq \psi \cdot n_{i} \tag{27}
\end{equation*}
$$

Proof of Step $1^{4}$. This follows by self adjointness of $H$ and Cauchy Schwartz inequality, let $\psi^{b}$ denote the clockwise normal to $\psi$

$$
\begin{aligned}
\psi \cdot n_{i} & =\psi^{b} \cdot \phi_{i} \\
& =H^{-1} \psi^{b} \cdot H \phi_{i} \\
& \leq\left|H^{-1} \psi^{b}\right| \\
& =|H \psi| .
\end{aligned}
$$

Proof of Lemma. Let $J: u\left(Q_{1}(0)\right) \rightarrow \mathbb{R}$ be defined by $J(x)=\mathrm{d}\left(D u\left(u^{-1}(x)\right), K\right)$. We let $t_{x} \in S^{1}$ denote the tangent to the curve $u^{-1}(\eta)$ at point $x$

$$
\begin{aligned}
\int_{\eta} J(z) \mathrm{d} H^{1} z & =\int_{u^{-1}(\eta)}\left|D u(x) t_{x}\right| J(u(x)) \mathrm{d} H^{1} x \\
& \geq \zeta_{1} \int_{u^{-1}(\eta)} J(u(x)) \mathrm{d} H^{1} x
\end{aligned}
$$

So using (25) we have

$$
\begin{equation*}
\zeta_{1}^{-1} \alpha|s-e| \geq \int_{u^{-1}(\eta)} \mathrm{d}(D u(x), K) \mathrm{d} H^{1} x \tag{28}
\end{equation*}
$$

Now for each $x \in u^{-1}(\eta)$, let $G(x) \in K$ be the matrix such that $\mathrm{d}(D u(x), K)=|D u(x)-G(x)|$. Let $E(x)=D u(x)-G(x)$, note that $|E(x)|=\mathrm{d}(D u(x), K)$. So

$$
\begin{aligned}
|s-e| & =L^{1}(\eta) \\
& =\int_{u^{-1}(\eta)}\left|D u(x) t_{x}\right| \mathrm{d} H^{1} x \\
& \geq \int_{u^{-1}(\eta)}\left|G(x) t_{x}\right|-\left|E(x) t_{x}\right| \mathrm{d} H^{1} x \\
& \stackrel{(27)}{\geq} \int_{u^{-1}(\eta)} t_{x} \cdot n_{i}-\int_{u^{-1}(\eta)}\left|E(x) t_{x}\right| \mathrm{d} H^{1} x \\
& \stackrel{(28)}{\geq} L^{1}\left(P_{\phi_{i}^{\perp}}\left(u^{-1}(\eta)\right)\right)-\zeta_{1}^{-1} \alpha|s-e| \\
& =\left|\left(u^{-1}(s)-u^{-1}(e)\right) \cdot n_{i}\right|-\zeta_{1}^{-1} \alpha|s-e|
\end{aligned}
$$

## 5. Weak two well Liouville theorem

Lemma 5.1 is the "weak two well Liouville Theorem" described in Section 2.4 of the introduction. The proof is simply a matter of applying the BV Poincaré inequality.

[^3]Lemma 5.1. Suppose $u \in W^{2,1}\left(Q_{1}(0)\right) \cap \mathrm{C}^{1}$ with the property that for constant $\zeta_{2}>1$ we have $D u(z) \in$ $\mathcal{D}\left(0, \zeta_{2}\right)$ (see definition (23)) for all $z \in Q_{1}(0)$. Let $K$ be as in (22). Suppose $\kappa>0$ is a small number and that $u$ satisfies the following inequalities

$$
\begin{gather*}
\int_{Q_{1}(0)} \mathrm{d}(D u(z), K) \mathrm{d} L^{2} z \leq \kappa  \tag{29}\\
\int_{Q_{1}(0)}\left|D^{2} u(z)\right| \mathrm{d} L^{2} z \leq \kappa \tag{30}
\end{gather*}
$$

then for some $R \in S O(2), J \in\{H, I d\}$ we have

$$
\begin{equation*}
\int_{Q_{1}(0)}|D u(z)-R J| \mathrm{d} L^{2} z<c \kappa . \tag{31}
\end{equation*}
$$

Proof. Let $A=\frac{1}{4} \int_{Q_{1}(0)} D u(z) \mathrm{d} L^{2} z$. By the BV Poincaré inequality (see Th. 3.43 [1]) we have

$$
\begin{align*}
\int_{Q_{1}(0)}|D u(z)-A| \mathrm{d} L^{2} z & \leq c \int_{Q_{1}(0)}\left|D^{2} u(z)\right| \mathrm{d} L^{2} z \\
& \leq c \kappa \tag{32}
\end{align*}
$$

And

$$
\begin{align*}
& 4 \mathrm{~d}(A, K) \leq \int_{Q_{1}(0)}|A-D u(z)| \mathrm{d} L^{2} z+\int_{Q_{1}(0)} \mathrm{d}(D u(z), K) \mathrm{d} L^{2} z \\
& \stackrel{(29),(32)}{\leq} 2 c \kappa . \tag{33}
\end{align*}
$$

So there exists $R \in S O(2), J \in\{H, I d\}$ such that $|A-R J|=\mathrm{d}(A, K)$ and by (32) and (33) satisfies (31).
Definition 5.2. Given vectors $v_{1}, v_{2} \in S^{1}$ and $\delta>0$ we define a grid $G\left(v_{1}, v_{2}, \delta\right)$ as follows.

$$
G\left(v_{1}, v_{2}, \delta\right):=\left\{P\left(k_{1} \delta v_{1}+k_{2} \delta v_{2}, v_{1}, v_{2}, \delta\right): P\left(k_{1} \delta v_{1}+k_{2} \delta v_{2}, v_{1}, v_{2}, \delta\right) \subset Q_{1}(0), k_{1}, k_{2} \in \mathbb{Z}\right\}
$$

where $P\left(x_{1}, v_{1}, v_{2}, \delta\right)$ is a parallelogram centered on $x_{1}$ whose sides are parrel to $v_{1}, v_{2}$ and of length $\delta$. Note that the grid is the set of parallelograms inside $Q_{1}(0)$.

## 6. ScALING LEMMA

In this lemma we set up the grid described in Sections 2.3.1 and 2.5 of the introduction. The proof is a matter of simple scaling and counting.
Lemma 6.1. Let $Q_{1}(0)$ be the unit square in $\mathbb{R}^{2}$. Let $K$ be as in (22). Let integer $m_{0}$ be large. Given $u \in W^{1,2}\left(Q_{1}(0)\right) \cap \mathrm{C}^{1}$ that for small $\kappa>0$ satisfies the following properties,

$$
\begin{gather*}
D u(x) \in \mathcal{D}\left(0, \zeta_{2}\right) \text { for all } x \in Q_{1}(0) . \\
\int_{Q_{1}(0)} \mathrm{d}(D u(z), K) \mathrm{d} L^{2} z \leq \kappa^{m_{0}}  \tag{34}\\
\int_{Q_{1}(0)}\left|D^{2} u(z)\right| \mathrm{d} L^{2} z \leq 1 \tag{35}
\end{gather*}
$$

- 



Figure 4. Elements of the grid $G\left(w_{1}, w_{2}, \kappa^{\frac{m_{0}}{2}}\right)$.

Let $w_{1}, w_{2} \in S^{1}$ be vectors such that $w_{1} \cdot w_{2} \in\left(-1+2 \sigma^{6}, 1-2 \sigma^{6}\right)$. Then we can find a subcollection $G \subset$ $G\left(w_{1}, w_{2}, \kappa^{\frac{m_{0}}{2}}\right)$ with the following properties

- Card $\left(G\left(w_{1}, w_{2}, \kappa^{\frac{m_{0}}{2}}\right) \backslash G\right) \leq c \kappa^{-\frac{3 m 0}{4}}$.
- For any $P \in G$ there exists $R \in S O(2), J \in\{H, I d\}$ such that

$$
\begin{equation*}
\int_{P}|D u(z)-R J| \mathrm{d} L^{2} z \leq c \kappa^{\frac{m_{0}}{4}} \kappa^{m_{0}} \tag{36}
\end{equation*}
$$

Proof. First note that $P\left(0, w_{1}, w_{2}, 1\right) \subset Q_{1}(0)$. We define $z_{k_{1}, k_{2}}:=k_{1} w_{1}+k_{2} w_{2}$.
Let $W:=\left\{\left(k_{1}, k_{2}\right): Q_{\kappa \frac{m_{0}}{2}}\left(z_{k_{1}, k_{2}}\right) \subset Q_{1}(0)\right\}$. Let $\theta>0$ be the angle between $w_{1}$ and $w_{2}$. Now $\left(\sin \frac{\theta}{2}\right)^{2}=$ $\frac{1-\cos \theta}{2} \geq \sigma^{6}$, so $\sin \frac{\theta}{2} \geq \sigma^{3}$. From this it follows that the width or height (which ever is smaller) of any parallelogram $P \in G\left(w_{1}, w_{2}, 1\right)$ is greater than $\sigma^{3}$. Now $G\left(w_{1}, w_{2}, \kappa^{\frac{m_{0}}{2}}\right) \backslash W$ are the set of parallelograms close to the boundary, as can easily be seen from Figure 4

$$
\begin{equation*}
\operatorname{Card}\left(G\left(w_{1}, w_{2}, \kappa^{\frac{m_{0}}{2}}\right)\right)-\operatorname{Card}(W)<c \kappa^{-\frac{m_{0}}{2}} \tag{37}
\end{equation*}
$$

Let

$$
\begin{equation*}
B_{1}:=\left\{\left(k_{1}, k_{2}\right) \in W: \int_{Q_{\kappa} \frac{m_{0}}{2}\left(z_{k_{1}, k_{2}}\right)} \mathrm{d}(D u(z), K) \mathrm{d} L^{2} z \geq \kappa^{\frac{5 m_{0}}{4}}\right\} . \tag{38}
\end{equation*}
$$



Figure 5. The squares $\left\{Q_{\kappa \frac{m_{0}}{2}}\left(z_{k_{1}, k_{2}}\right)\right\}$ centered on the elements of the grid.

Let

$$
\begin{equation*}
B_{2}:=\left\{\left(k_{1}, k_{2}\right) \in W: \int_{Q_{\kappa} \frac{m_{0}}{2}\left(z_{k_{1}, k_{2}}\right)}\left|D^{2} u(z)\right| \mathrm{d} L^{2} z \geq \kappa^{\frac{3 m_{0}}{4}}\right\} . \tag{39}
\end{equation*}
$$

Now as can seen from Figure $5,\left\{Q_{\kappa \frac{m_{0}}{2}}\left(z_{k_{1}, k_{2}}\right):\left(k_{1}, k_{2}\right) \in W\right\}$ can not overlap by more than $c$ times. Formally

$$
\begin{equation*}
\sum_{\left(k_{1}, k_{2}\right) \in W} \chi_{Q_{\kappa} \frac{m_{0}}{2}\left(z_{k_{1}, k_{2}}\right)}(z) \leq c . \tag{40}
\end{equation*}
$$

So

$$
\begin{aligned}
\operatorname{Card}\left(B_{1}\right) \kappa^{\frac{5 m_{0}}{4}} & \leq \sum_{\left(k_{1}, k_{2}\right) \in B_{1}} \int_{Q_{\kappa} \frac{m_{0}}{2}\left(z_{k_{1}, k_{2}}\right)} \mathrm{d}(D u(z), K) \mathrm{d} L^{2} z \\
& \quad(40) c \int_{\cup_{\left(k_{1}, k_{2}\right) \in B_{1}} Q_{\kappa} \frac{m_{0}}{2}\left(z_{\left.k_{1}, k_{2}\right)}\right.} \mathrm{d}(D u(z), K) \mathrm{d} L^{2} z \\
& \stackrel{(34)}{\leq} c \kappa^{m_{0}} .
\end{aligned}
$$

Thus

$$
\begin{equation*}
\operatorname{Card}\left(B_{1}\right) \leq c \kappa^{-\frac{m_{0}}{4}} \tag{41}
\end{equation*}
$$

In the same way

$$
\begin{aligned}
\operatorname{Card}\left(B_{2}\right) \kappa^{\frac{3 m_{0}}{4}} & \leq \sum_{\left(k_{1}, k_{2}\right) \in B_{2}} \int_{Q_{\kappa} \frac{m_{0}}{2}\left(z_{k_{1}, k_{2}}\right)}\left|D^{2} u(z)\right| \mathrm{d} L^{2} z \\
& \leq c \int_{\bigcup_{\left(k_{1}, k_{2}\right) \in B_{2}} Q_{\kappa} \frac{m_{0}}{2}\left(z_{k_{1}, k_{2}}\right)}\left|D^{2} u(z)\right| \mathrm{d} L^{2} z \\
& \stackrel{(35)}{\leq} c .
\end{aligned}
$$

Thus

$$
\begin{equation*}
\operatorname{Card}\left(B_{2}\right) \leq c \kappa^{-\frac{3 m_{0}}{4}} \tag{42}
\end{equation*}
$$

Now for any $\left(k_{1}, k_{2}\right) \in W \backslash\left(B_{1} \cup B_{2}\right)$ we can define function $v$ on $Q_{1}(0)$ by

$$
v(z)=u\left(\kappa^{\frac{m_{0}}{2}} z+z_{k_{1}, k_{2}}\right) \kappa^{-\frac{m_{0}}{2}} .
$$

Since $\left(k_{1}, k_{2}\right) \notin B_{1}$ (see definition (38))

$$
\begin{aligned}
\int_{Q_{1}(0)} \mathrm{d}(D v(z), K) \mathrm{d} L^{2} z & =\int_{Q_{\kappa} \frac{m_{0}}{2}}\left(z_{k_{1}, k_{2}}\right) \\
& \mathrm{d}(D u(y), K) \kappa^{-m_{0}} \mathrm{~d} L^{2} y \\
& \kappa^{\frac{m_{0}}{4}}
\end{aligned}
$$

Now since $\left(k_{1}, k_{2}\right) \notin B_{2}$, (see (39))

$$
\begin{aligned}
\int_{Q_{1}(0)}\left|D^{2} v(z)\right| \mathrm{d} L^{2} z & =\int_{Q_{\kappa} \frac{m_{0}}{2}\left(z_{k_{1}, k_{2}}\right)}\left|D^{2} u(y)\right| \kappa^{-\frac{m_{0}}{2}} \mathrm{~d} L^{2} y \\
& \leq \kappa^{\frac{m_{0}}{4}}
\end{aligned}
$$

Now we can apply Lemma 5.1 to $v$ on $Q_{1}(0)$ we can obtain that for some $R \in S O(2), J \in\{I d, H\}$ we have

$$
\int_{Q_{1}(0)}|D v(z)-R J| \mathrm{d} L^{2} z \leq c \kappa^{\frac{m_{0}}{4}}
$$

Since $P\left(0, w_{1}, w_{2}, 1\right) \subset Q_{1}(0)$ this of course implies

$$
\begin{equation*}
\int_{P\left(0, w_{1}, w_{2}, 1\right)}|D v(z)-R J| \mathrm{d} L^{2} z \leq c \kappa^{\frac{m_{0}}{4}} \tag{43}
\end{equation*}
$$

Now we scale this information back to learn about the derivative of $u$ on $P\left(z_{k_{1}, k_{2}}, w_{1}, w_{2}, \kappa^{\frac{m_{0}}{2}}\right)$. Recall

$$
u(z)=\kappa^{\frac{m_{0}}{2}} v\left(\frac{z-z_{k_{1}, k_{2}}}{\kappa^{\frac{m_{0}}{2}}}\right) \text { for } z \in Q_{\kappa^{\frac{m_{0}}{2}}}\left(z_{k_{1}, k_{2}}\right) .
$$

So let $y=\left(z-z_{k_{1}, k_{2}}\right) \kappa^{-\frac{m_{0}}{2}}$,

$$
\begin{align*}
& \int_{P\left(z_{\left.k_{1}, k_{2}, w_{1}, w_{2}, \kappa^{\frac{m_{0}}{2}}\right)}|D u(z)-R J| \mathrm{d} L^{2} z\right.}=\int_{P\left(0, w_{1}, w_{2}, 1\right)}|D v(y)-R J| \kappa^{m_{0}} \mathrm{~d} L^{2} y \\
& \stackrel{(43)}{\leq} c \kappa^{\frac{m_{0}}{4}} \kappa^{m_{0}} . \tag{44}
\end{align*}
$$

Let

$$
G:=\left\{P\left(z_{k_{1}, k_{2}}, w_{1}, w_{2}, \kappa^{\frac{m_{0}}{2}}\right):\left(k_{1}, k_{2}\right) \in W \backslash\left(B_{1} \cup B_{2}\right)\right\}
$$

from (37), (41), (42) we have that

$$
\operatorname{Card}\left(G\left(w_{1}, w_{2}, \kappa^{\frac{m_{0}}{2}}\right) \backslash G\right) \leq c \kappa^{-\frac{3 m_{0}}{4}}
$$

And by (44) any $P \in G$ satisfies (36) and this completes the proof.

## 7. Following integral curves I

If we have a curve $\gamma$ with endpoints $a, b$ and $|a-b|>H^{1}(\gamma)-\delta$ we can show that the tangents (denote the tangent at point $z$ by $t_{z}$ ) of the curve mostly point in direction $\frac{a-b}{|a-b|}$ by the following trick

$$
\begin{equation*}
\int_{\gamma}\left(t_{z}-\frac{a-b}{|a-b|}\right)^{2} \mathrm{~d} H^{1} z=2 H^{1}(\gamma)-2\left(\int_{\gamma} t_{z} \mathrm{~d} H^{1} z, \frac{a-b}{|a-b|}\right)=2\left(H^{1}(\gamma)-|a-b|\right)<2 \delta \tag{45}
\end{equation*}
$$

Letting $c_{1}, c_{2}$ be the centres of $P_{1}, P_{m_{1}}$ respectively, the curve we will be considering is given by $u\left(\left[c_{1}, c_{2}\right]\right)$. Analogously to what we discussed in Section 2.4 of the introduction, if we have a line $L$ parallel to $H^{-1} n_{1}$ such that $\int_{L \cap Q_{1}(0)} \mathrm{d}(D u(z), S O(2) H) \mathrm{d} H^{1} z \leq \delta$ then the curve $u\left(\left[c_{1}, c_{2}\right]\right)$ will form a small perturbation of an integral curve to the vector field $\Psi_{1}: u\left(Q_{1}(0)\right) \rightarrow \mathbb{R}\left(\right.$ recall $\left.\Psi_{1}(x):=u^{-1}(x) \cdot n_{1}\right)$. Since $\| D \Psi_{1}(z)|-1|<\delta$ for all $z$ such that $\mathrm{d}\left(D u\left(u^{-1}(z)\right), K\right)<\delta$ we have $\left|\left(c_{1}-c_{2}\right) \cdot n_{1}\right|=\left|\Psi_{1}\left(u\left(c_{1}\right)\right)-\Psi_{1}\left(u\left(c_{2}\right)\right)\right| \approx H^{1}\left(u\left(\left[c_{1}, c_{2}\right]\right)\right)$. However by (50) this is also the distance between the end points of the path $u\left(\left[c_{1}, c_{2}\right]\right)$ and by a trick very similar to (45) this gives (51), (52). We will have to use Lemma 7.4 a couple of times, for this reason we formulate it in a more general way than would at first seem necessary.

Notation. Given a set of vectors $\left\{v_{1}, v_{2}, \ldots v_{m}\right\}$ let $\left\langle v_{1}, v_{2}, \ldots v_{m}\right\rangle$ denote the span of these vectors, i.e. $\left\langle v_{1}, v_{2}, \ldots v_{m}\right\rangle=\left\{\sum_{i=1}^{m} \lambda_{i} v_{i}: \lambda_{i} \in \mathbb{R}\right\}$.
Definition 7.1. A $G$-line inside grid $G\left(w_{1}, w_{2}, \alpha\right)$ is subset $\left\{P_{1}, P_{2}, \ldots P_{k_{1}}\right\} \subset G\left(w_{1}, w_{2}, \alpha\right)$ which form a connected line of parallelograms in direction $w_{1}$ or $w_{2}$. Formally, $\left\{P_{1}, P_{2}, \ldots P_{k_{1}}\right\}$ satisfies the following properties

- $\overline{P_{k}} \cap \overline{P_{k+1}} \neq \emptyset$ for $k \in\left\{1,2, \ldots k_{1}-1\right\}$.
- If $C\left(P_{k}\right)$ denotes the center of the parallelogram $P_{k}$, then either

$$
P_{w_{1}^{\perp}}\left(C\left(P_{i}\right)\right)=P_{w_{1}^{\perp}}\left(C\left(P_{j}\right)\right) \text { for } i, j \in\left\{1,2, \ldots k_{1}\right\}
$$

or

$$
P_{w_{2}^{\perp}}\left(C\left(P_{i}\right)\right)=P_{w_{2}^{\perp}}\left(C\left(P_{j}\right)\right) \text { for } i, j \in\left\{1,2, \ldots k_{1}\right\}
$$

Definition 7.2. A complete $G$-line $\left\{P_{1}, P_{2}, \ldots P_{k_{1}}\right\}$ inside grid $G\left(w_{1}, w_{2}, \alpha\right)$ is a $G$-line with the property that $\mathrm{d}\left(P_{1}, \partial Q_{1}(0)\right) \leq 2 \kappa^{\frac{m_{0}}{2}}$ and $\mathrm{d}\left(P_{k_{1}}, \partial Q_{1}(0)\right) \leq 2 \kappa^{\frac{m_{0}}{2}}$. Informally, the $G$-line cuts right across the grid.

Definition 7.3. Given grid $G\left(w_{1}, w_{2}, \alpha\right)$, and $G$-line $L$ we let

$$
\widetilde{L}:=\bigcup_{P \in L} P
$$

Lemma 7.4. Let $u \in W^{1,2}\left(Q_{16 \zeta_{1}^{-1} \zeta_{2}}(0)\right)$ be an invertible $\mathrm{C}^{1}$ function with assumption that $D u(z) \in \mathcal{D}\left(\zeta_{1}, \zeta_{2}\right)$ for all $z \in Q_{16 \zeta_{1}^{-1} \zeta_{2}}$ (0). Let $K$ be defined by (22). Let $m_{0} \geq 16$. Let $\kappa>0$ be a small number (depending on $\sigma$, $\left.\zeta_{1}, \zeta_{2}\right)$, suppose function $u$ satisfies the following properties:

$$
\begin{equation*}
\int_{Q_{16 \zeta_{1}^{-1} \zeta_{2}}(0)} \mathrm{d}(D u(z), K) \mathrm{d} L^{2} z \leq \kappa^{m_{0}} . \tag{1}
\end{equation*}
$$

(2) There exist $G$-line $\left\{P_{1}, P_{2}, \ldots P_{m_{1}}\right\}$ parallel to $\frac{H^{-2} n_{i}}{\left|H^{-2} n_{i}\right|}$ inside grid $G\left(\frac{H^{-2} n_{1}}{\left|H^{-2} n_{1}\right|}, \frac{H^{-2} n_{2}}{\left|H^{-2} n_{2}\right|}, \kappa^{\frac{m_{0}}{2}}\right)$ and a subset $M_{0} \subset\left\{P_{1}, P_{2}, \ldots P_{m_{1}}\right\}$ such that

$$
\begin{equation*}
\operatorname{Card}\left(\left\{P_{1}, P_{2}, \ldots P_{m_{1}} \backslash M_{0}\right\}\right) \leq 2 \kappa^{p_{0}} \kappa^{-\frac{m_{0}}{2}} \text { for some } p_{0} \geq \frac{m_{0}}{16} \tag{47}
\end{equation*}
$$

$$
\begin{equation*}
\operatorname{dist}\left(P_{1}, P_{m_{1}}\right)>\frac{\sigma^{2}}{16} \tag{48}
\end{equation*}
$$

- For each $P \in M_{0}$ there exists $R \in S O$ (2) such that

$$
\begin{equation*}
\int_{P}|D u(z)-R H| \mathrm{d} L^{2} z \leq c \kappa^{\frac{m_{0}}{4}} \kappa^{m_{0}} . \tag{49}
\end{equation*}
$$

And with the property that for some points $x_{1} \in P_{1}$ and $x_{2} \in P_{m_{1}}$ where $\frac{x_{2}-x_{1}}{\left|x_{2}-x_{1}\right|}=\frac{H^{-2} n_{i}}{\left|H^{-2} n_{i}\right|}$ we have

$$
\begin{equation*}
\| u\left(x_{1}\right)-u\left(x_{2}\right)\left|-\left|\left(x_{1}-x_{2}\right) \cdot n_{i}\right|\right|<c \kappa^{q_{0}} \text { for some } q_{0} \geq \frac{m_{0}}{8} \tag{50}
\end{equation*}
$$

Then let $R_{0} \in S O(2)$ be such that $R_{0} H^{-1} n_{1}=\frac{u\left(x_{2}\right)-u\left(x_{1}\right)}{\left|u\left(x_{2}\right)-u\left(x_{1}\right)\right|}$, there exists a subset $M_{1} \subset M_{0}$ with

$$
\begin{equation*}
\operatorname{Card}\left(M_{0} \backslash M_{1}\right) \leq c\left(\kappa^{\frac{p_{0}}{2}}+\kappa^{\frac{q_{0}}{2}}\right) \kappa^{-\frac{m_{0}}{2}} \tag{51}
\end{equation*}
$$

such that for any $P \in M_{1}$ we have

$$
\begin{equation*}
\int_{P}\left|D u(z)-R_{0} H\right| \mathrm{d} L^{2} z \leq c\left(\kappa^{\frac{p_{0}}{4}}+\kappa^{\frac{q_{0}}{4}}\right) \kappa^{m_{0}} \tag{52}
\end{equation*}
$$

Proof.
Step 1. There exists $w_{1} \in P_{1}, w_{2} \in P_{m_{1}}$ such that if $v_{1}:=\frac{u\left(w_{2}\right)-u\left(w_{1}\right)}{\left|u\left(w_{2}\right)-u\left(w_{1}\right)\right|}$ then

$$
\begin{equation*}
\int_{w_{1}}^{w_{2}}\left|D u(x) H^{-2} n_{i}-v_{1}\right|^{2} \mathrm{~d} H^{1} x<c\left(\kappa^{p_{0}}+\kappa^{q_{0}}\right) \tag{53}
\end{equation*}
$$

Proof of Step 1. Define $O: M_{0} \rightarrow S O(2)$ as follows. For each $P \in M_{0}$ let $O(P) \in S O(2)$ be a rotation (which by definition of $M_{0}$ we know exists) such that

$$
\begin{equation*}
\int_{P}|D u(z)-O(P) H| \mathrm{d} L^{2} z \leq c \kappa^{m_{0}} \kappa^{\frac{m_{0}}{4}} \tag{54}
\end{equation*}
$$

We define function

$$
\widetilde{E}(z):= \begin{cases}|D u(z)-O(P) H| & z \in \widetilde{M}_{0}  \tag{55}\\ 2 \zeta_{2} & z \notin \widetilde{M}_{0}\end{cases}
$$

So using (47)

$$
\begin{align*}
& \int_{\bigcup_{k=1}^{m_{1}} P_{k}} \widetilde{E}(z) \mathrm{d} L^{2} z \leq c \kappa^{m_{0}} \kappa^{\frac{m_{0}}{4}} \operatorname{Card}\left(\left\{P_{1}, P_{2}, \ldots P_{m_{1}}\right\} \cap M_{0}\right) \\
&+2 \zeta_{2} \kappa^{m_{0}} \operatorname{Card}\left(\left\{P_{1}, P_{2}, \ldots P_{m_{1}}\right\} \backslash M_{0}\right) \\
& \stackrel{(47)}{\leq} c \kappa^{\frac{m_{0}}{4}} \kappa^{\frac{m_{0}}{2}}+4 \zeta_{2} \kappa^{p_{0}} \kappa^{\frac{m_{0}}{2}} \\
& \leq c \kappa^{p_{0}} \kappa^{\frac{m_{0}}{2}} \tag{56}
\end{align*}
$$



Figure 6. The central region $\widetilde{Y}$ in which we gain control of our function.
Now its a calculation to see $\frac{H^{-2} n_{1}}{\left|H^{-2} n_{1}\right|}=\binom{\frac{1}{\sqrt{1+\sigma^{6}}}}{\frac{\sigma^{3}}{\sqrt{1+\sigma^{6}}}}$ so $\left|\frac{H^{-2} n_{1}}{\left|H^{-2} n_{1}\right|} \cdot e_{2}\right| \geq \frac{\sigma^{3}}{2}$. Now we will take a diamond of side length 1 with sides parallel to $\frac{H^{-2} n_{i}}{\left|H^{-2} n_{i}\right|}$ for $i=1,2$. The length of the smallest projection will be greater than $\frac{\sigma^{3}}{2}$, see Figure 6. Now $\left\{P_{k}: k=1, \ldots m_{1}\right\}$ are diamonds of side length $\kappa^{\frac{m_{0}}{2}}$ with sides parallel to $\frac{H^{-2} n_{i}}{\left|H^{-2} n_{i}\right|}$ for $i=1,2$. So

$$
\begin{equation*}
P_{\left(H^{-2} n_{1}\right)^{\perp}}\left(P_{k}\right) \geq \sigma^{3} \frac{\kappa^{\frac{m_{0}}{2}}}{4} \tag{57}
\end{equation*}
$$

So by Fubini from (56) we must be able to find a point $w_{1} \in P_{1}$ such that

$$
\begin{equation*}
\int_{\left(w_{1}+\left\langle H^{-2} n_{i}\right\rangle\right) \cap\left(\cup_{k=1}^{\left.m_{1} P_{k}\right)}\right.} \widetilde{E}(z) \mathrm{d} L^{1} z \leq c \kappa^{p_{0}} . \tag{58}
\end{equation*}
$$

Take point $w_{2} \in P_{m_{1}} \cap\left(w_{1}+\left\langle H^{-2} n_{i}\right\rangle\right)$. Note that by Lipschitzness from (50) we have

$$
\begin{equation*}
\left\|u\left(w_{1}\right)-u\left(w_{2}\right)|-|\left(w_{1}-w_{2}\right) \cdot n_{i}\right\| \leq c\left(\kappa^{q_{0}}+\kappa^{\frac{m_{0}}{2}}\right) . \tag{59}
\end{equation*}
$$

For each $x \in\left[w_{1}, w_{2}\right]$ let $\Gamma(x) \in S O$ (2) be such that

$$
\begin{equation*}
\mathrm{d}(D u(x), S O(2) H)=|D u(x)-\Gamma(x) H| . \tag{60}
\end{equation*}
$$

From (24) we know

$$
\left|H^{-1} n_{i}\right|=\left|\left(\begin{array}{cc}
\sigma^{-1} & 0  \tag{61}\\
0 & \sigma
\end{array}\right)\binom{\frac{ \pm \sigma}{\sqrt{\left(1+\sigma^{2}\right)}}}{\frac{1}{\sqrt{1+\sigma^{2}}}}\right|=\left|\binom{\frac{ \pm 1}{\sqrt{\left(1+\sigma^{2}\right)}}}{\frac{\sigma}{\sqrt{1+\sigma^{2}}}}\right|=1 .
$$

Thus

$$
\begin{align*}
& \| D u(z) H^{-2} n_{i}\left|-\left|\Gamma(z) H^{-1} n_{i}\right|\right| \leq 2\left|D u(z) H^{-1}-\Gamma(z)\right| \\
& \underset{(60)}{\leq} 4 \sigma^{-1} \mathrm{~d}(D u(x), S O(2) H) . \tag{62}
\end{align*}
$$

Hence from (55), (58), (62)

$$
\begin{aligned}
& \left.\left|\int_{\left[w_{1}, w_{2}\right]}\right| D u(z) H^{-2} n_{i}\right|^{2} \mathrm{~d} L^{1} z-\int_{\left[w_{1}, w_{2}\right]}\left|\Gamma(z) H^{-1} n_{i}\right|^{2} \mathrm{~d} L^{1} z \mid \\
& \quad \leq\left|\int_{\left[w_{1}, w_{2}\right]}\left(\left|D u(z) H^{-2} n_{i}\right|-\left|\Gamma(z) H^{-1} n_{i}\right|\right)\left(\left|D u(z) H^{-2} n_{i}\right|+\left|\Gamma(z) H^{-1} n_{i}\right|\right) \mathrm{d} L^{1} x\right| \\
& \quad \leq \int_{\left[w_{1}, w_{2}\right]} 2 \| D u(z) H^{-2} n_{i}\left|-\left|\Gamma(z) H^{-1} n_{i}\right|\right| \zeta_{2} \sigma^{-1} \mathrm{~d} L^{1} z \\
& \quad \stackrel{(62)}{\leq} 8 \zeta_{2} \sigma^{-2} \int_{\left[w_{1}, w_{2}\right]} \mathrm{d}(D u(z), S O(2) H) \mathrm{d} L^{1} z \\
& \quad \stackrel{(55)}{\leq} 8 \zeta_{2} \sigma^{-2} \int_{\left[w_{1}, w_{2}\right]} \widetilde{E}(z) \mathrm{d} L^{1} z \\
& \quad(58) \\
& \leq c \kappa^{p_{0}} .
\end{aligned}
$$

Since from (61) we know $\left|\Gamma(x) H^{-1} n_{i}\right|=\left|H^{-1} n_{i}\right|=1$ we have

$$
\begin{equation*}
\left.\left|\int_{\left[w_{1}, w_{2}\right]}\right| D u(x) H^{-2} n_{i}\right|^{2} \mathrm{~d} L^{1} x-\left|w_{1}-w_{2}\right| \mid \leq c \kappa^{p_{0}} \tag{63}
\end{equation*}
$$

Let

$$
\begin{equation*}
v_{1}:=\frac{u\left(w_{2}\right)-u\left(w_{1}\right)}{\left|u\left(w_{2}\right)-u\left(w_{1}\right)\right|} . \tag{64}
\end{equation*}
$$

So

$$
\begin{align*}
\int_{\left[w_{1}, w_{2}\right]}\left|D u(z) H^{-2} n_{i}-v_{1}\right|^{2} \mathrm{~d} L^{1} z & =\int_{\left[w_{1}, w_{2}\right]}\left|D u(z) H^{-2} n_{i}\right|^{2}+\left|v_{1}\right|^{2}-2\left(D u(z) H^{-2} n_{i}, v_{1}\right) \mathrm{d} L^{1} z \\
& \stackrel{(63)}{\leq} 2\left|w_{1}-w_{2}\right|+c \kappa^{p_{0}}-2\left|H^{-2} n_{i}\right|\left(\int_{\left[w_{1}, w_{2}\right]} D u(z) \frac{H^{-2} n_{i}}{\left|H^{-2} n_{i}\right|} \mathrm{d} L^{1} z, v_{1}\right) \\
& =2\left|w_{1}-w_{2}\right|+c \kappa^{p_{0}}-2\left|H^{-2} n_{i}\right|\left(u\left(w_{1}\right)-u\left(w_{2}\right), v_{1}\right) \tag{65}
\end{align*}
$$

Note from the definition of $v_{1},(64)$

$$
\begin{equation*}
\left|H^{-2} n_{i}\right|\left(u\left(w_{1}\right)-u\left(w_{2}\right), v_{1}\right)=\left|H^{-2} n_{i}\right|\left|u\left(w_{1}\right)-u\left(w_{2}\right)\right| . \tag{66}
\end{equation*}
$$

As $\frac{w_{2}-w_{1}}{\left|w_{2}-w_{1}\right|}=\frac{H^{-2} n_{i}}{\left|H^{-2} n_{i}\right|}$ so

$$
\begin{equation*}
\left|\left(w_{1}-w_{2}\right) \cdot n_{i}\right|=\left|w_{1}-w_{2}\right|\left|\frac{H^{-2} n_{i}}{\left|H^{-2} n_{i}\right|} \cdot n_{i}\right| . \tag{67}
\end{equation*}
$$

Putting (67) together with (59) we get

$$
\begin{equation*}
\left|\left|u\left(w_{1}\right)-u\left(w_{2}\right)\right|-\left|w_{1}-w_{2}\right|\right| \frac{H^{-2} n_{i}}{\left|H^{-2} n_{i}\right|} \cdot n_{i}| | \leq c\left(\kappa^{q_{0}}+\kappa^{\frac{m_{0}}{2}}\right) . \tag{68}
\end{equation*}
$$

Note by self adjointness

$$
\begin{align*}
H^{-2} n_{1} \cdot n_{1} & =H^{-1} n_{1} \cdot H^{-1} n_{1} \\
& =\left|H^{-1} n_{1}\right|^{2} \\
& \stackrel{(61)}{=} 1 . \tag{69}
\end{align*}
$$

In the same way we can see that $H^{-2} n_{2} \cdot n_{2}=1$. So applying (69) to (68) we have

$$
\begin{equation*}
\left|\left|H^{-2} n_{i}\right|\right| u\left(w_{1}\right)-u\left(w_{2}\right)\left|-\left|w_{1}-w_{2}\right|\right| \leq c\left(\kappa^{q_{0}}+\kappa^{\frac{m_{0}}{2}}\right) . \tag{70}
\end{equation*}
$$

So from (66) this implies

$$
\left|\left|w_{1}-w_{2}\right|-\left|H^{-2} n_{i}\right|\left(u\left(w_{1}\right)-u\left(w_{2}\right), v_{1}\right)\right| \leq c\left(\kappa^{q_{0}}+\kappa^{\frac{m_{0}}{2}}\right) .
$$

Applying this to (65) we get

$$
\begin{equation*}
\int_{\left[w_{1}, w_{2}\right]}\left|D u(z) H^{-2} n_{i}-v_{1}\right|^{2} \mathrm{~d} L^{1} z \leq c\left(\kappa^{p_{0}}+\kappa^{q_{0}}\right) . \tag{71}
\end{equation*}
$$

This completes the proof of Step 1.
Proof of lemma continued.
Now recall from (58) we know that

$$
\begin{equation*}
\int_{\left[w_{1}, w_{2}\right]} \widetilde{E}(z) \mathrm{d} L^{1} z \leq c \kappa^{p_{0}} . \tag{72}
\end{equation*}
$$

So we can find a set of intervals $I_{1}, I_{2}, \ldots I_{m_{1}-2} \subset\left[w_{1}, w_{2}\right]$ with $I_{k}:=\left[w_{1}, w_{2}\right] \cap P_{k}$ for some $k \in\left\{1,2, \ldots m_{1}\right\}$ and $L^{1}\left(\left[w_{1}, w_{2}\right] \backslash\left(\bigcup_{k=1}^{m_{1}-2} I_{k}\right)\right) \leq 3 \kappa^{\frac{m_{0}}{2}}$. Let

$$
\begin{equation*}
A_{1}:=\left\{k \in\left\{1,2, \ldots m_{1}-2\right\}: \int_{I_{k}} \widetilde{E}(z) \mathrm{d} L^{1} z \leq c \kappa^{\frac{p_{0}}{2}} L^{1}\left(I_{k}\right)\right\} \tag{73}
\end{equation*}
$$

Thus from (72)

$$
c \kappa^{\frac{p_{0}}{2}}\left(\sum_{k \in\left\{1,2, \ldots m_{1}-2\right\} \backslash A_{1}} L^{1}\left(I_{k}\right)\right) \leq \sum_{k \in\left\{1,2, \ldots m_{1}-2\right\} \backslash A_{1}} \int_{I_{k}} \widetilde{E}(z) \mathrm{d} L^{1} z
$$

So

$$
c \kappa^{\frac{p_{0}}{2}} \geq \sum_{k \in\left\{1,2, \ldots m_{1}-2\right\} \backslash A_{1}} L^{1}\left(I_{k}\right)=\operatorname{Card}\left(\left\{1,2, \ldots m_{1}-2\right\} \backslash A_{1}\right) \kappa^{\frac{m_{0}}{2}}
$$

Hence

$$
\begin{equation*}
\operatorname{Card}\left(\left\{1,2, \ldots m_{1}-2\right\} \backslash A_{1}\right) \leq c \kappa^{\frac{p_{0}}{2}} \kappa^{-\frac{m_{0}}{2}} \tag{74}
\end{equation*}
$$

Let

$$
A_{2}:=\left\{k \in\left\{1,2, \ldots m_{1}-2\right\}: \int_{I_{k}}\left|D u(z) H^{-2} n_{i}-v_{1}\right|^{2} \mathrm{~d} L^{1} z \leq c\left(\kappa^{q_{0}}+\kappa^{p_{0}}\right)^{\frac{1}{2}} \kappa^{\frac{m_{0}}{2}}\right\}
$$

So from (53)

$$
\begin{aligned}
& \operatorname{Card}\left(\left\{1,2, \ldots m_{1}-2\right\} \backslash A_{2}\right) c\left(\kappa^{q_{0}}+\kappa^{p_{0}}\right)^{\frac{1}{2}} \kappa^{\frac{m_{0}}{2}} \\
& \leq \sum_{k \in\left\{1,2, \ldots m_{1}-2\right\} \backslash A_{2}} \int_{I_{k}}\left|D u(z) H^{-2} n_{i}-v_{1}\right|^{2} \mathrm{~d} L^{1} z \\
& \leq c\left(\kappa^{p_{0}}+\kappa^{q_{0}}\right)
\end{aligned}
$$

Which implies

$$
\begin{equation*}
\operatorname{Card}\left(\left\{1,2, \ldots m_{1}-2\right\} \backslash A_{2}\right) \leq c\left(\kappa^{\frac{q_{0}}{2}}+\kappa^{\frac{p_{0}}{2}}\right) \kappa^{-\frac{m_{0}}{2}} \tag{75}
\end{equation*}
$$

So for and $k \in\left\{1,2, \ldots m_{1}-2\right\} \backslash\left(A_{1} \cup A_{2}\right)$, recalling definition (73) we have

$$
\int_{I_{k}} \widetilde{E}(z)+\left|D u(z) H^{-2} n_{i}-v_{1}\right|^{2} \mathrm{~d} L^{1} z \leq c\left(\kappa^{\frac{p_{0}}{2}}+\kappa^{\frac{q_{0}}{2}}\right) \kappa^{\frac{m_{0}}{2}} .
$$

Hence there must exist a point $z_{k} \in I_{k}$ such that

$$
\widetilde{E}\left(z_{k}\right)+\left|D u\left(z_{k}\right) H^{-2} n_{i}-v_{1}\right|^{2} \leq c\left(\kappa^{\frac{p_{0}}{2}}+\kappa^{\frac{q_{0}}{2}}\right)
$$

So if $P \in\left\{P_{1}, P_{2}, \ldots P_{m_{1}}\right\} \backslash\left(A_{1} \cup A_{2}\right)$ by definition of $\widetilde{E}$ (see (55)) we have

$$
\begin{equation*}
\left|D u\left(z_{k}\right)-O(P) H\right| \leq c\left(\kappa^{\frac{p_{0}}{2}}+\kappa^{\frac{q_{0}}{2}}\right) \tag{76}
\end{equation*}
$$

and

$$
\begin{equation*}
\left|D u\left(z_{k}\right) H^{-2} n_{i}-v_{1}\right|^{2} \leq c\left(\kappa^{\frac{p_{0}}{2}}+\kappa^{\frac{q_{0}}{2}}\right) \tag{77}
\end{equation*}
$$

Now (76) implies

$$
\begin{equation*}
\left|D u\left(z_{k}\right) H^{-2} n_{i}-O(P) H^{-1} n_{i}\right|<c\left(\kappa^{\frac{p_{0}}{2}}+\kappa^{\frac{q_{0}}{2}}\right) . \tag{78}
\end{equation*}
$$

And (77) implies

$$
\begin{equation*}
\left|D u\left(z_{k}\right) H^{-2} n_{i}-v_{1}\right|<c\left(\kappa^{\frac{p_{0}}{4}}+\kappa^{\frac{q_{0}}{4}}\right) \tag{79}
\end{equation*}
$$

so adding (78) and (79) together gives

$$
\begin{equation*}
\left|O(P) H^{-1} n_{i}-v_{1}\right| \leq c\left(\kappa^{\frac{p_{0}}{4}}+\kappa^{\frac{q_{0}}{4}}\right) \tag{80}
\end{equation*}
$$

Let $M_{1}:=\left\{P_{k}: k \in\left\{1,2, \ldots m_{1}-2\right\} \backslash\left(A_{1} \cup A_{2}\right)\right\} \cap M_{0}$. Note by (75) and (74) we have

$$
\begin{equation*}
\operatorname{Card}\left(M_{0} \backslash M_{1}\right) \leq c\left(\kappa^{\frac{p_{0}}{2}}+\kappa^{\frac{q_{0}}{2}}\right) \kappa^{-\frac{m_{0}}{2}} . \tag{81}
\end{equation*}
$$

Let $R_{1} \in S O$ (2) be the rotation such that

$$
\begin{equation*}
R_{1} H^{-1} n_{i}=v_{1} \tag{82}
\end{equation*}
$$

recall (64) for a reminder of the definition of $v_{1}$. Since $\left|w_{1}-x_{1}\right|<\kappa^{\frac{m_{0}}{2}}$ and $\left|w_{2}-x_{2}\right|<\kappa^{\frac{m_{0}}{2}}$ and from (48) $\left|x_{1}-x_{2}\right|>\frac{\sigma^{2}}{32}$ (recall $x_{1} \in P_{1}, x_{2} \in P_{m_{1}}$ ). By bilipschitzness, from (64) making obvious estimates we obtain

$$
\begin{equation*}
\left|\frac{u\left(x_{2}\right)-u\left(x_{1}\right)}{\left|u\left(x_{2}\right)-u\left(x_{1}\right)\right|}-v_{1}\right| \leq c \kappa^{\frac{m_{0}}{2}} \tag{83}
\end{equation*}
$$

Now recall the definition of $R_{0}$ in the statement of the lemma, $R_{0} H^{-1} n_{i}:=\frac{u\left(x_{2}\right)-u\left(x_{1}\right)}{\left|u\left(x_{2}\right)-u\left(x_{1}\right)\right|}$. Hence from (83) $\left|R_{0} H^{-1} n_{i}-R_{1} H^{-1} n_{i}\right|<c \kappa^{\frac{m_{0}}{2}}$ which implies

$$
\begin{equation*}
\left|R_{0}-R_{1}\right| \leq c \kappa^{\frac{m_{0}}{2}} \tag{84}
\end{equation*}
$$

So (80) implies that for any $P \in\left\{P_{1}, P_{2}, \ldots P_{m_{1}}\right\} \backslash\left(A_{1} \cup A_{2}\right)$,

$$
\begin{align*}
&\left|O(P)-R_{0}\right| \leq \\
& \stackrel{(82),(84)}{\leq}\left|O(P) H^{-1} n_{i}-R_{0} H^{-1} n_{i}\right| \\
& \stackrel{(80)}{\leq} c\left(\kappa^{\frac{p_{0}}{4}}+\kappa^{\frac{q_{0}}{4}}\right) . \tag{85}
\end{align*}
$$

To summarise, by (81) we can find a set $M_{1} \subset M_{0}$ such that

- $\operatorname{Card}\left(M_{0} \backslash M_{1}\right) \leq c\left(\kappa^{\frac{p_{0}}{2}}+\kappa^{\frac{q_{0}}{2}}\right) \kappa^{-\frac{m_{0}}{2}}$
- From (85), for each $P \in M_{1}$ we have $\left|O(P)-R_{0}\right| \leq c\left(\kappa^{\frac{p_{0}}{4}}+\kappa^{\frac{q_{0}}{4}}\right)$ and so putting this together with (54)

$$
\int_{P}\left|D u(z)-R_{0} H\right| \mathrm{d} L^{2} z \leq c\left(\kappa^{\frac{p_{0}}{4}}+\kappa^{\frac{q_{0}}{4}}\right) \kappa^{m_{0}}
$$

Thus $M_{1}$ satisfies all the properties we want and hence we have established the lemma.

## 8. Following integral Curves II

As explained in the introduction to Lemma 7.4, Hypotheses (88) and (89) imply $\left|\left(c_{1}-c_{2}\right) \cdot n_{1}\right| \approx$ $H^{1}\left(u\left(\left[c_{1}, c_{2}\right]\right)\right)$ where $c_{1}, c_{2}$ denote the centres of $P_{1}, P_{n_{1}}$ respectively. To recall, this is essentially because (88), (89) imply $u\left(\left[c_{1}, c_{2}\right]\right)$ is close to an integral curve of the vector field $\Psi_{1}(x)$ where $\Psi_{1}: u\left(Q_{1}(0)\right) \rightarrow \mathbb{R}$ is defined by $\Psi_{1}(x):=u^{-1}(x) \cdot n_{1}$.

Now by the "push over" lemma, i.e. Lemma 4.1 (see Sect. 2.1 of the introduction) if we know

$$
\begin{equation*}
\int_{u^{-1}\left(\left[u\left(c_{1}\right), u\left(c_{2}\right)\right]\right)} \mathrm{d}(D u(z), K) \mathrm{d} H^{1} z \text { is small } \tag{86}
\end{equation*}
$$

then $\left|u\left(c_{1}\right)-u\left(c_{2}\right)\right|$ is (with some small error) greater than $\left|\left(c_{1}-c_{2}\right) \cdot n_{1}\right|$ and so the endpoints of $u\left(\left[c_{1}, c_{2}\right]\right)$ are pushed far enough apart to make $u\left(\left[c_{1}, c_{2}\right]\right)$ an "almost" straight line, then we can simply apply Lemma 7.4 to arrive at conclusions (90) and (91). The only issue is establishing (86) via the area formula, a Fubini argument and Lipschitzness.

Lemma 8.1. Let $u \in W^{2,1}\left(Q_{16 \zeta_{1}^{-1} \zeta_{2}}(0)\right) \cap \mathrm{C}^{1}$ be invertible with the assumption that $D u(z) \in \mathcal{D}\left(\zeta_{1}, \zeta_{2}\right)$ for all $z \in Q_{16 \zeta_{1}^{-1} \zeta_{2}}(0)$. Let $K$ be defined by (22). Let $m_{0}$ be a big integer. Let $\kappa>0$ be a small number (depending on $\left.\sigma, \zeta_{1}, \zeta_{2}\right)$, suppose function $u$ satisfies the following properties:
(1)

$$
\begin{equation*}
\int_{Q_{16 \zeta_{1}^{-1} \zeta_{2}}(0)} \mathrm{d}(D u(z), K) \mathrm{d} L^{2} z \leq \kappa^{m_{0}} . \tag{87}
\end{equation*}
$$

(2) There exists $G$-line $\left\{P_{1}, P_{2}, \ldots P_{m_{1}}\right\}$ parallel to $\frac{H^{-2} n_{i}}{\left|H^{-2} n_{i}\right|}$ inside grid $G\left(\frac{H^{-2} n_{1}}{\left|H^{-2} n_{1}\right|}, \frac{H^{-2} n_{2}}{\left|H^{-2} n_{2}\right|}, \kappa^{\frac{m_{0}}{2}}\right)$ and a subset $M \subset\left\{P_{1}, P_{2}, \ldots P_{m_{1}}\right\}$ such that

$$
\begin{equation*}
\operatorname{Card}\left(\left\{P_{1}, P_{2}, \ldots P_{m_{1}}\right\} \backslash M\right) \leq 2 \kappa^{\frac{m_{0}}{16}} \kappa^{-\frac{m_{0}}{2}} \tag{88}
\end{equation*}
$$

- 

$$
\operatorname{dist}\left(P_{1}, P_{m_{1}}\right)>\frac{\sigma^{3}}{8}
$$

- For each $P \in M$ there exists $R \in S O(2)$ such that

$$
\begin{equation*}
\int_{P}|D u(z)-R H| \mathrm{d} L^{2} z \leq c \kappa^{\frac{m_{0}}{4}} \kappa^{m_{0}} . \tag{89}
\end{equation*}
$$

Then there exists a set $M_{0} \subset M$ and fixed $R_{0} \in S O$ (2) such that

$$
\begin{equation*}
\operatorname{Card}\left(M \backslash M_{0}\right) \leq c \kappa^{\frac{m_{0}}{32}} \kappa^{-\frac{m_{0}}{2}} \tag{90}
\end{equation*}
$$

- Every $P \in M_{0}$ satisfies the inequality

$$
\begin{equation*}
\int_{P}\left|D u(z)-R_{0} H\right| \mathrm{d} L^{2} z \leq c \kappa^{\frac{m_{0}}{64}} \kappa^{m_{0}} . \tag{91}
\end{equation*}
$$

Proof.
Step 1. Let $i \in\{1,2\}$ be such that the $G$-line $\left\{P_{1}, P_{2}, \ldots P_{m_{1}}\right\}$ is parallel to $\frac{H^{-2} n_{i}}{\mid H^{-2} n_{i}}$. We will we show that for any point $x_{1} \in P_{1}$ and any point $x_{2} \in P_{m_{1}}$ such that $\frac{x_{2}-x_{1}}{\left|x_{2}-x_{1}\right|}=\frac{H^{-2} n_{i}}{\left|H^{-2} n_{i}\right|}$ we have the following inequality

$$
\begin{equation*}
\left|u\left(x_{1}\right)-u\left(x_{2}\right)\right| \leq\left|\left(x_{1}-x_{2}\right) \cdot n_{i}\right|+c \kappa^{\frac{m_{0}}{16}} . \tag{92}
\end{equation*}
$$

Proof of Step 1. We define the function $E: \bigcup_{k=1}^{m_{1}} P_{k} \rightarrow \mathbb{R}$ by

$$
E(x)= \begin{cases}\left|D u(x)-R_{k} H\right| & \text { for } x \in P_{k} \in M \text { where } R_{k} \in S O \text { (2) satisfies (89) }  \tag{93}\\ 2 \zeta_{2} & \text { for } x \in\left(\bigcup_{k=1}^{m_{1}} P_{k}\right) \backslash M .\end{cases}
$$

From (88), (89) we know

$$
\begin{aligned}
\int_{\bigcup_{k=1}^{m_{1}} P_{k}} E(x) \mathrm{d} L^{2} x & \leq \sum_{P_{k} \in M} \int_{P_{k}}\left|D u(z)-R_{k} H\right| \mathrm{d} L^{2} z+c \kappa^{m_{0}} \operatorname{Card}\left(\left\{P_{1}, P_{2}, \ldots P_{m_{1}}\right\} \backslash M\right) \\
& \leq c \kappa^{\frac{m_{0}}{4}} \kappa^{\frac{m_{0}}{2}}+c \kappa^{\frac{m_{0}}{2}} \kappa^{\frac{m_{0}}{16}} \\
& \leq c \kappa^{\frac{m_{0}}{16}} \kappa^{\frac{m_{0}}{2}}
\end{aligned}
$$

Now in the same way as we deduced inequality (58) from inequality (56) in Lemma 7.4. Here we again use the fact that $P_{H^{-2} n_{i}^{\perp}}\left(\bigcup_{k=1}^{m_{1}} P_{k}\right) \geq \sigma^{3} \frac{\kappa^{\frac{m_{0}}{2}}}{4}$. So by Fubini, we must be able to find point $z_{1} \in P_{1}$ and $z_{2} \in P_{m_{1}}$ such that $\frac{z_{2}-z_{1}}{\left|z_{2}-z_{1}\right|}=\frac{H^{-2} n_{i}}{\left|H^{-2} n_{i}\right|}$ and

$$
\begin{equation*}
\int_{z_{1}}^{z_{2}} E(x) \mathrm{d} H^{1} x \leq c \kappa^{\frac{m_{0}}{16}} \tag{94}
\end{equation*}
$$

We will first show the inequality for $z_{1}, z_{2}$. It will then follow by Lipschitzness. First note

$$
\begin{equation*}
\left|\int_{z_{1}}^{z_{2}} D u(x) \cdot H^{-2} n_{i}\right|=\left|H^{-2} n_{i}\right|\left|u\left(z_{2}\right)-u\left(z_{1}\right)\right| \tag{95}
\end{equation*}
$$

Now for each $x \in\left[z_{1}, z_{2}\right]$, let $\Gamma(x) \in S O(2) H$ be such that $|D u(x)-\Gamma(x)|=\mathrm{d}(D u(x), S O(2) H)$. Note that $|D u(x)-\Gamma(x)| \leq E(x)$.

From (61) we have $\left|\Gamma(x) \cdot H^{-2} n_{i}\right|=\left|H^{-1} n_{i}\right|=1$ and so from (94)

$$
\begin{aligned}
\left|\int_{z_{1}}^{z_{2}} D u(x) \cdot H^{-2} n_{i} \mathrm{~d} L^{1} x\right| & \leq\left|\int_{z_{1}}^{z_{2}} \Gamma(x) \cdot H^{-2} n_{i} \mathrm{~d} L^{1} x\right|+\sigma^{-1} \int_{z_{1}}^{z_{2}} E(x) \mathrm{d} L^{1} x \\
& \leq \int_{z_{1}}^{z_{2}}\left|\Gamma(x) \cdot H^{-2} n_{i}\right| \mathrm{d} L^{1} x+c \kappa^{\frac{m_{0}}{16}} \\
& \leq\left|z_{1}-z_{2}\right|+c \kappa^{\frac{m_{0}}{16}}
\end{aligned}
$$

By (95) this implies

$$
\begin{equation*}
\left|H^{-2} n_{i}\right|\left|u\left(z_{2}\right)-u\left(z_{1}\right)\right| \leq\left|z_{1}-z_{2}\right|+c \kappa^{\frac{m_{0}}{16}} . \tag{96}
\end{equation*}
$$

Recall from (69) we have $H^{-2} n_{i} \cdot n_{i}=1$. So since $\frac{z_{2}-z_{1}}{\left|z_{2}-z_{1}\right|}=\frac{H^{-2} n_{i}}{\left|H^{-2} n_{i}\right|}$ from (96) we have

$$
\begin{aligned}
\left|u\left(z_{1}\right)-u\left(z_{2}\right)\right| & \leq\left|H^{-2} n_{i}\right|^{-1}\left(\left|z_{1}-z_{2}\right|+c \kappa^{\frac{m_{0}}{16}}\right) \\
& =\left|\frac{H^{-2} n_{i}}{\left|H^{-2} n_{i}\right|} \cdot n_{i}\right|\left(\left|z_{1}-z_{2}\right|+c \kappa^{\frac{m_{0}}{16}}\right) \\
& \leq\left|\left(z_{1}-z_{2}\right) \cdot n_{i}\right|+c \kappa^{\frac{m_{0}}{16}}
\end{aligned}
$$

and this completes the proof of this inequality for $z_{1}, z_{2}$. Since $x_{1} \in B_{\kappa \frac{m_{0}}{2}}\left(z_{1}\right)$ and $x_{2} \in B_{\kappa \frac{m_{0}}{2}}\left(z_{2}\right)$ inequality (92) in the statement of Step 1 follows by Lipschitzness.

Step 2. We will show that for any point $x_{1} \in P_{1}$ and any point $x_{2} \in P_{m_{1}}$ such that $\frac{x_{2}-x_{1}}{\left|x_{2}-x_{1}\right|}=\frac{H^{-2} n_{i}}{\left|H^{-2} n_{i}\right|}$ we have the following inequality

$$
\begin{equation*}
\left|u\left(x_{1}\right)-u\left(x_{2}\right)\right| \geq\left|\left(x_{1}-x_{2}\right) \cdot n_{i}\right|-c \kappa^{\frac{m_{0}}{4}}\left|x_{1}-x_{2}\right| . \tag{97}
\end{equation*}
$$

Proof of Step 2. Let $J(z)=\mathrm{d}\left(D u\left(u^{-1}(z)\right), K\right)$. So by the area formula

$$
\begin{aligned}
\int_{u\left(Q_{16 \zeta_{1}^{-1} \varsigma_{2}}(0)\right)} J(z)\left|\operatorname{det}\left(D u\left(u^{-1}(z)\right)\right)\right|^{-1} \mathrm{~d} L^{2} z & =\int_{Q_{16 \varsigma_{1}^{-1} \varsigma_{2}}(0)} J(u(z)) \mathrm{d} L^{2} z \\
& =\int_{Q_{16 \zeta_{1}^{-1} \varsigma_{2}}(0)} \mathrm{d}(D u(x), K) \mathrm{d} L^{2} x \\
& \leq \kappa^{m_{0}} .
\end{aligned}
$$

Since $D u \in \mathcal{D}\left(\zeta_{1}, \zeta_{2}\right)$ we know $|\operatorname{det}(D u(z))| \leq \zeta_{2}^{2}$ for all $z \in Q_{16 \zeta_{1}^{-1} \zeta_{2}}(0)$. So

$$
\begin{equation*}
\int_{u\left(Q_{16 \zeta_{1}^{-1} \zeta_{2}}(0)\right)} J(z) \mathrm{d} L^{2} z \leq \zeta_{2}^{2} \kappa^{m_{0}} \tag{98}
\end{equation*}
$$

Now as we know $u$ is invertible and by assumption since $\left\|D u^{-1}(x)\right\|<\zeta_{1}^{-1}$, so $u^{-1}$ is $\zeta_{1}^{-1}$-Lipschitz. So $Q_{4 \zeta_{2}}(u(0)) \subset u\left(Q_{16 \zeta_{1}^{-1} \zeta_{2}}(0)\right)$ since otherwise there would be a point $q \in \partial Q_{16 \zeta_{1}^{-1} \zeta_{2}}(0)$ with $|u(0)-u(q)|<$ $4 \zeta_{2}$. And hence $|0-q| \geq 2 \zeta_{1}^{-1}|u(0)-u(q)|$ which contradicts $\zeta_{1}^{-1}$-Lipschitzness of $u^{-1}$.

Similarly, as $u$ is $\zeta_{2}$-Lipschitz, so $Q_{1}(0) \subset u^{-1}\left(Q_{4 \zeta_{2}}(u(0))\right)$. So as for any two points, $x_{1} \in P_{1}, x_{2} \in P_{m_{1}}$ we know that $u\left(x_{1}\right), u\left(x_{2}\right) \in Q_{4 \zeta_{2}}(u(0))$. Since $Q_{4 \zeta_{2}}(u(0))$ is convex

$$
\left[u\left(x_{1}\right), u\left(x_{2}\right)\right] \subset Q_{4 \zeta_{2}}(u(0)) \subset u\left(Q_{16 \zeta_{1}^{-1} \zeta_{2}}(0)\right)
$$

By a Fubini argument using (98) we must be able to find points $z_{1} \in B_{\kappa \frac{m_{0}}{2}}\left(u\left(x_{1}\right)\right)$ and $z_{2} \in B_{\kappa \frac{m_{0}}{2}}\left(u\left(x_{2}\right)\right)$ such that

$$
\int_{z_{1}}^{z_{2}} J(z) \mathrm{d} L^{1} z \leq \zeta_{1}^{-2} \kappa^{\frac{m_{0}}{2}}
$$

Now since $x_{1} \in P_{1}$ and $x_{2} \in P_{2}$ we know $\left|x_{1}-x_{2}\right| \geq \frac{\sigma^{3}}{16}$. By bilipschitzness this implies $\left|u\left(x_{1}\right)-u\left(x_{2}\right)\right|>\frac{\zeta_{1} \sigma^{3}}{16}$ so $\left|z_{1}-z_{2}\right|>\frac{\zeta_{1} \sigma^{3}}{32}$. Hence

$$
\int_{z_{1}}^{z_{2}} J(z) \mathrm{d} L^{1} z \leq c\left|z_{1}-z_{2}\right| \kappa^{\frac{m_{0}}{2}}
$$

We apply Lemma 4.1 to conclude that

$$
\begin{equation*}
\left|z_{1}-z_{2}\right| \geq\left|\left(u^{-1}\left(z_{1}\right)-u^{-1}\left(z_{2}\right)\right) \cdot n_{i}\right|-c \kappa^{\frac{m_{0}}{2}}\left|z_{1}-z_{2}\right| \tag{99}
\end{equation*}
$$

Now $\left|z_{1}-u\left(x_{1}\right)\right|<\kappa^{\frac{m_{0}}{2}},\left|z_{2}-u\left(x_{2}\right)\right|<\kappa^{\frac{m_{0}}{2}}$ which implies $\left|u^{-1}\left(z_{1}\right)-x_{1}\right|<\zeta_{1}^{-1} \kappa^{\frac{m_{0}}{2}}$ and $\left|u^{-1}\left(z_{2}\right)-x_{2}\right|<$ $\zeta_{1}^{-1} \kappa^{\frac{m_{0}}{2}}$, so applying this to (99) gives Step 2.

Note, by putting Step 1 (92) and Step 2 (97) together we have

$$
\begin{equation*}
\left\|u\left(x_{1}\right)-u\left(x_{2}\right)|-|\left(x_{1}-x_{2}\right) \cdot n_{i}\right\| \leq c \kappa^{\frac{m_{0}}{16}} \tag{100}
\end{equation*}
$$

Notice that for $p_{0}=\frac{m_{0}}{16}, q_{0}=\frac{m_{0}}{16},(88)$, (100) give us the hypotheses to apply Lemma 7.4. So by Lemma 7.4 there exists a set $M_{0} \subset M$ and some fixed $R_{0} \in S O$ (2) such that

$$
\operatorname{Card}\left(M \backslash M_{0}\right) \leq c \kappa^{\frac{m_{0}}{32}} \kappa^{-\frac{m_{0}}{2}}
$$

and every $P \in M_{0}$ satisfies the inequality

$$
\int_{P}\left|D u(z)-R_{0} H\right| \mathrm{d} L^{2} z \leq c \kappa^{\frac{m_{0}}{64}} \kappa^{m_{0}} .
$$

## 9. TRANSFERRING ORIENTATION ACROSS LINES

Now from hypotheses (101), (102), (103) and by Lemmas 6.1, 7.4, 8.1 we have the existence of a grid $G$ and many lines $L$ in directions $H^{-2} n_{1}$ and $H^{-2} n_{2}$ for which $D u$ on $\{P: P \in G, P \cap L \neq \emptyset\}$ is "mostly" orientated by $R(L) H, R(L) \in S O(2)$. See Section 2.3.1 for a basic outline of the idea. What we would like to do


Figure 7. Transferring orientation across $G$-lines.
is to surround a central subsquare in $Q_{1}(0)$ with a "diamond" whose boundary is contained in the union of lines $L_{1}, L_{2}, L_{3}, L_{4}$ in directions $H^{-2} n_{1}, H^{-2} n_{2}$ (see Fig. 6) such that $D u$ on the set

$$
\left\{P: P \in G, P \cap L_{i} \neq \emptyset \text { for some } i \in\{1,2,3,4\}\right\}
$$

is "mostly" orientated by $R H$ for some fixed $R$.
It would then be a relatively elementary matter to show that most of the elements of the grid inside the central subsquare are such that $D u$ is orientated by $R H$; we just need to notice that function $u$ is fixed on the endpoints of the lines in direction $H^{-2} n_{i}$ intersected with the diamond, so we can apply Lemma 7.4 to them.

We only need to find the "diamond". Note that if line $L_{1}$ in direction $H^{-2} n_{1}$ and line $L_{2}$ in direction $H^{-2} n_{2}$ intersect (inside $Q_{1}(0)$ ) and at the intersection they have an element of the grid $G$ for which $D u$ is orientated both by $R\left(L_{1}\right) H$ and $R\left(L_{2}\right) H$, then $R\left(L_{1}\right) \approx R\left(L_{2}\right)$. Our strategy for the proof is to find lines $L_{1}, L_{2}, L_{3}, L_{4}$ where we have this intersection of grid elements on which $D u$ is orientated by $R\left(L_{i}\right)$ and $R\left(L_{i+1}\right)$ occurs between $L_{1}$ and $L_{2}$, between $L_{2}$ and $L_{3}$ and between $L_{3}$ and $L_{4}$. The reason we can find these lines is that there are so many lines in direction $H^{-2} n_{1}$ and $H^{-2} n_{2}$ which have most of the grid elements where $D u$ along them is orientated by a fixed rotation, so to find four lines that intersect three times on (mutually) orientated grid elements is just a matter of careful counting. See Figures 7, 8, 9 for an impression of how we do this.

Recall definition (7.3), given a $G$-line $L$, we define $\widetilde{L}$ to be the set given by the union of all the parallelograms in $L$.

Lemma 9.1. Let $u \in W^{2,1}\left(Q_{16 \zeta_{1}^{-1} \zeta_{2}}(0)\right)$ be $\mathrm{C}^{1}$ invertible with the assumption that $D u(z) \in \mathcal{D}\left(\zeta_{1}, \zeta_{2}\right)$ for all $z \in Q_{16 \zeta_{1}^{-1} \zeta_{2}}(0)$. Let $K$ be as defined in (22). There exists constant $c_{1}$ depending on $\sigma, \zeta_{1}, \zeta_{2}$ such that if


Figure 8. A closer view of how orientation is transfered.
function $u$ satisfies the following inequalities

$$
\begin{gather*}
\int_{Q_{16 \zeta_{1}^{-1} \zeta_{2}}(0)} \mathrm{d}(D u(z), K) \mathrm{d} L^{2} z \leq \kappa^{m_{0}}  \tag{101}\\
\int_{Q_{16 \zeta_{1}^{-1} \zeta_{2}}(0)}\left|D^{2} u(z)\right| \mathrm{d} L^{2} z \leq c_{1}  \tag{102}\\
\int_{{\frac{\sigma^{3}}{\sigma^{6}+1}}^{(0)}} \mathrm{d}(D u(z), S O(2) H) \mathrm{d} L^{2} z \leq \int_{{\frac{\underbrace{3}}{\sqrt{\sigma}^{6}+1}}^{(0)}} \mathrm{d}(D u(z), S O(2)) \mathrm{d} L^{2} z . \tag{103}
\end{gather*}
$$

Given grid $G\left(\frac{H^{-2} n_{1}}{\left|H^{-2} n_{1}\right|}, \frac{H^{-2} n_{2}}{\left|H^{-2} n_{2}\right|}, \kappa^{\frac{m_{0}}{2}}\right)$ there exists a complete $G$-lines $K_{i_{1}}, K_{i_{3}}$ in direction $H^{-2} n_{2}$ and complete $G$-lines $K_{i_{2}}, K_{i_{4}}$ in direction $H^{-2} n_{1}$ which satisfy the following properties.

- The connected component of $Q_{1}(0) \backslash\left(\widetilde{K_{i_{0}}} \cup \widetilde{K_{i_{1}}} \cup \widetilde{K_{i_{2}}} \cup \widetilde{K_{i_{3}}}\right)$ containing zero also contains $Q_{\frac{\sigma^{3}}{2 \sqrt{\sigma^{6}+1}}}(0)$.
- There exists a subset $M \subset K_{i_{0}} \cup K_{i_{1}} \cup K_{i_{2}} \cup K_{i_{3}}$ with the property that

$$
\begin{equation*}
\operatorname{Card}\left(\left(K_{i_{0}} \cup K_{i_{1}} \cup K_{i_{2}} \cup K_{i_{3}}\right) \backslash M\right)<c \kappa^{\frac{m_{0}}{32}} \kappa^{-\frac{m_{0}}{2}} \tag{104}
\end{equation*}
$$

and for some fixed $R \in S O$ (2), for any $P \in M$ we have

$$
\begin{equation*}
\int_{P}|D u(z)-R H| \mathrm{d} L^{2} z \leq c \kappa^{\frac{m_{0}}{64}} \kappa^{m_{0}} . \tag{105}
\end{equation*}
$$



Figure 9. The oriented $G$-lines reach the $C_{2}$ corner.
Proof. To start with we know by Lemma 6.1 there is a subset $G$ of the $\operatorname{grid} G\left(\frac{H^{-2} n_{1}}{\left|H^{-2} n_{1}\right|}, \frac{H^{-2} n_{2}}{\left|H^{-2} n_{2}\right|}, \kappa^{\frac{m_{0}}{2}}\right)$ with the following properties

$$
\begin{equation*}
\operatorname{Card}\left(G\left(\frac{H^{-2} n_{1}}{\left|H^{-2} n_{1}\right|}, \frac{H^{-2} n_{2}}{\left|H^{-2} n_{2}\right|}, \kappa^{\frac{m_{0}}{2}}\right) \backslash G\right) \leq \kappa^{\frac{m_{0}}{4}} \kappa^{-m_{0}} \tag{106}
\end{equation*}
$$

- For any $P \in G$ there exists $R \in S O(2), J \in\{I d, H\}$ such that

$$
\begin{equation*}
\int_{P}|D u(z)-R J| \mathrm{d} L^{2} z \leq c \kappa^{\frac{m_{0}}{4}} \kappa^{m_{0}} \tag{107}
\end{equation*}
$$

Let $v_{i}$ denote the anticlockwise rotation of $\frac{H^{-2} n_{i}}{\left|H^{-2} n_{i}\right|}$ for $i=1,2$. Now $G\left(\frac{H^{-2} n_{1}}{\left|H^{-2} n_{1}\right|}, \frac{H^{-2} n_{2}}{\left|H^{-2} n_{2}\right|}, \kappa^{\frac{m_{0}}{2}}\right)$ is made up of a union of complete $G$-lines in direction $H^{-2} n_{1}$. We denote them $K_{1}, K_{2}, \ldots K_{n_{2}}$ where $n_{2}$ is of order $\kappa^{-\frac{m_{0}}{2}}$. And in the same way $G\left(\frac{H^{-2} n_{1}}{\left|H^{-2} n_{1}\right|}, \frac{H^{-2} n_{2}}{\left|H^{-2} n_{2}\right|}, \kappa^{\frac{m_{0}}{2}}\right)$ is made of the union of complete $G$-lines in direction $H^{-2} n_{2}$. We denote them $K_{n_{2}+1}, K_{n_{2}+2}, \ldots K_{2 n_{2}}$.

Observe Figure 6. It should be clear that there exists some constant $\mathfrak{a}_{\sigma}>0$ such that for any two $G$-lines $K_{i}, K_{j}$ such that

$$
\widetilde{K_{i}} \cap\left\langle e_{2}\right\rangle \subset\left[-\mathfrak{a}_{\sigma} e_{2}, \mathfrak{a}_{\sigma} e_{2}\right], \widetilde{K_{j}} \cap\left\langle e_{2}\right\rangle \subset\left[-\mathfrak{a}_{\sigma} e_{2}, \mathfrak{a}_{\sigma} e_{2}\right]
$$

must be such that $\widetilde{K_{i}} \cap \widetilde{K_{j}} \neq \emptyset$. Its a calculation to see

$$
\begin{equation*}
\frac{H^{-2} n_{1}}{\left|H^{-2} n_{1}\right|}=\binom{\frac{1}{\sqrt{1+\sigma^{6}}}}{\frac{\sigma^{3}}{\sqrt{1+\sigma^{6}}}} \tag{108}
\end{equation*}
$$

As can been seen from Figure 6 we can take

$$
\begin{equation*}
\mathfrak{a}_{\sigma}=\frac{H^{-2} n_{1}}{\left|H^{-2} n_{1}\right|} \cdot\binom{0}{1}=\frac{\sigma^{3}}{\sqrt{\sigma^{6}+1}} \tag{109}
\end{equation*}
$$

Let $\widetilde{Y}$ denote the region enclosed by the lines

$$
\begin{equation*}
\left\{\frac{\sigma^{3} e_{2}}{\sqrt{\sigma^{6}+1}}+\left\langle H^{-2} n_{1}\right\rangle, \frac{\sigma^{3} e_{2}}{\sqrt{\sigma^{6}+1}}+\left\langle H^{-2} n_{2}\right\rangle, \frac{-\sigma^{3} e_{2}}{\sqrt{\sigma^{6}+1}}+\left\langle H^{-2} n_{2}\right\rangle, \frac{-\sigma^{3} e_{2}}{\sqrt{\sigma^{6}+1}}+\left\langle H^{-2} n_{1}\right\rangle\right\} \tag{110}
\end{equation*}
$$

as shown in Figure 6.
Its a routine calculation to see that

$$
\begin{equation*}
\mathrm{d}(S O(2), S O(2) H) \geq \sigma^{-1}+\sigma-2=: \varepsilon_{\sigma} .^{5} \tag{111}
\end{equation*}
$$

Step 1. Let

$$
\begin{gather*}
E_{1}:=\left\{\begin{array}{r}
k \in\left\{1,2, \ldots n_{2}\right\}: \\
\int_{1} \mathrm{There} \text { exists } P_{1}, P_{2} \in K_{k} \cap G \text { with } \\
\int_{P_{1}} \mathrm{~d}(D u(z), S O(2) H) \mathrm{d} L^{2} z<c \kappa^{\frac{m_{0}}{4}} \kappa^{m_{0}} \\
\int_{P_{2}} \mathrm{~d}(D u(z), S O(2)) \mathrm{d} L^{2} z<c \kappa^{\frac{m_{0}}{4}} \kappa^{m_{0}}
\end{array}\right\}, \\
F_{1}=\left\{\begin{array}{r}
i \in\left\{n_{2}+1, n_{2}+2, \ldots n_{2}\right\}: \text { There exists } Q_{1}, Q_{2} \in K_{i} \cap M \text { with } \\
\left.\int_{Q_{1}} \mathrm{~d}(D u(z), S O(2) H) \mathrm{d} L^{2} z<c \kappa^{\frac{m_{0}}{4}} \kappa^{m_{0}}\right\}, \\
\int_{Q_{2}} \mathrm{~d}(D u(z), S O(2)) \mathrm{d} L^{2} z<c \kappa^{\frac{m_{0}}{4}} \kappa^{m_{0}}
\end{array}\right\},
\end{gather*}
$$

and

$$
\begin{equation*}
F_{2}:=\left\{i \in\left\{n_{2}+1, n_{2}+2, \ldots 2 n_{2}\right\}: \operatorname{Card}\left(K_{i} \backslash G\right) \geq \kappa^{\frac{m_{0}}{8}} \kappa^{-\frac{m_{0}}{2}}\right\} \tag{113}
\end{equation*}
$$

We will show

$$
\begin{align*}
& \operatorname{Card}\left(E_{1}\right) \leq \frac{4 c_{1}}{\varepsilon_{\sigma} \sigma^{3}} \kappa^{-\frac{m_{0}}{2}} .  \tag{114}\\
& \operatorname{Card}\left(F_{1}\right) \leq \frac{4 c_{1}}{\varepsilon_{\sigma} \sigma^{3}} \kappa^{-\frac{m_{0}}{2}} .  \tag{115}\\
& \operatorname{Card}\left(E_{2}\right) \leq c \kappa^{\frac{m_{0}}{8}} \kappa^{-\frac{m_{0}}{2}} .  \tag{116}\\
& \operatorname{Card}\left(F_{2}\right) \leq c \kappa^{\frac{m_{0}}{8}} \kappa^{-\frac{m_{0}}{2}} . \tag{117}
\end{align*}
$$

Proof of Step 1. First we estimate the cardinality of $E_{1}$. Let $k_{1} \in E_{1}$ and let $P_{1}, P_{2} \in K_{k_{1}} \cap G$ such that

$$
\begin{gather*}
\int_{P_{1}} \mathrm{~d}(D u(z), S O(2) H) \mathrm{d} L^{2} z \leq c \kappa^{\frac{m_{0}}{4}} \kappa^{m_{0}},  \tag{118}\\
\int_{P_{2}} \mathrm{~d}(D u(z), S O(2)) \mathrm{d} L^{2} z \leq c \kappa^{\frac{m_{0}}{4}} \kappa^{m_{0}} .
\end{gather*}
$$

[^4]forms as circle of radius $\sigma+\sigma^{-1}$.

Note that, as we have seen before (see (57), Lem. 7.4)

$$
\begin{equation*}
L^{1}\left(P_{v_{1}^{\perp}}\left(P_{1}\right)\right) \geq \frac{\sigma^{3}}{4} \kappa^{\frac{m_{0}}{2}} \tag{119}
\end{equation*}
$$

Let

$$
B_{1}:=\left\{x \in P_{v_{1}^{\perp}}\left(P_{1}\right): \inf \left\{\mathrm{d}(D u(z), S O(2) H): z \in P_{v_{1}^{\perp}}^{-1}(x) \cap P_{1}\right\} \geq \kappa^{\frac{m_{0}}{8}}\right\} .
$$

So by (118) $L^{1}\left(B_{1}\right) \kappa^{\frac{m_{0}}{8}} \kappa^{\frac{m_{0}}{2}} \leq c \kappa^{\frac{m_{0}}{4}} \kappa^{m_{0}}$. Which implies

$$
\begin{equation*}
L^{1}\left(B_{1}\right) \leq c \kappa^{\frac{m_{0}}{8}} \kappa^{\frac{m_{0}}{2}} . \tag{120}
\end{equation*}
$$

Let

$$
B_{2}:=\left\{x \in P_{v_{1}^{\perp}}\left(P_{2}\right): \inf \left\{\mathrm{d}(D u(z), S O(2)): z \in P_{v_{1}^{\perp}}^{-1}(x) \cap P_{1}\right\} \geq \kappa^{\frac{m_{0}}{8}}\right\}
$$

In the same way we have that

$$
\begin{equation*}
L^{1}\left(B_{2}\right) \leq c \kappa^{\frac{m_{0}}{8}} \kappa^{\frac{m_{0}}{2}} \tag{121}
\end{equation*}
$$

Now for any $x \in P_{v_{1}^{\perp}}\left(P_{1}\right) \backslash\left(B_{1} \cup B_{2}\right)$ we have a point $p(x) \in P_{1}$ such that $\mathrm{d}(D u(p(x)), S O(2) H)<\kappa^{\frac{m_{0}}{8}}$ and $q(x) \in P_{2}$ such that $\mathrm{d}(D u(p(x)), S O(2))<\kappa^{\frac{m_{0}}{8}}$ and thus by using (111) we have

$$
\begin{aligned}
\left|\int_{q(x)}^{p(x)} D^{2} u(z) \frac{H^{-2} n_{1}}{\left|H^{-2} n_{1}\right|}\right| & =|D u(p(x))-D u(q(x))| \\
& \geq \frac{\varepsilon_{\sigma}}{2}
\end{aligned}
$$

So by Fubini and (119), (121), (120)

$$
\begin{aligned}
\int_{\bigcup_{P \in K_{k}} P}\left|D^{2} u(z)\right| \mathrm{d} L^{2} z & \geq \frac{\varepsilon_{\sigma}}{2} L^{1}\left(P_{v^{\perp}}\left(P_{1}\right) \backslash\left(B_{1} \cup B_{2}\right)\right) \\
& \geq \frac{\varepsilon_{\sigma}}{4} \sigma^{3} \kappa^{\frac{m_{0}}{2}}
\end{aligned}
$$

Thus from (102) we have

$$
\begin{aligned}
c_{1} & \geq \int_{Q_{1}(0)}\left|D^{2} u(z)\right| \mathrm{d} L^{2} z \\
& \geq \frac{\varepsilon_{\sigma}}{4} \sigma^{3} \operatorname{Card}\left(E_{1}\right) \kappa^{\frac{m_{0}}{2}}
\end{aligned}
$$

And thus we have (114). In exactly the same way we obtain the upper bound (115).
Now we estimate the cardinality of $E_{2}$. From (106)

$$
\begin{aligned}
\operatorname{Card}\left(E_{2}\right) \kappa^{\frac{m_{0}}{8}} \kappa^{-\frac{m_{0}}{2}} & \leq \operatorname{Card}\left(G\left(\frac{H^{-2} n_{1}}{\left|H^{-2} n_{1}\right|}, \frac{H^{-2} n_{2}}{\left|H^{-2} n_{2}\right|}, \kappa^{\frac{m_{0}}{2}}\right) \backslash G\right) \\
& \leq c \kappa^{\frac{m_{0}}{4}} \kappa^{-m_{0}}
\end{aligned}
$$

and thus we have (116). In exactly the same way we have (117).
Step 2. We will show that for any $i \in\left\{1,2, \ldots n_{2}\right\} \backslash\left(E_{1} \cup E_{2}\right)$ and for any $P \in K_{i} \cap G$ we have

$$
\int_{P} \mathrm{~d}(D u(z), S O(2) H) \mathrm{d} L^{2} z \leq c \kappa^{\frac{m_{0}}{4}} \kappa^{m_{0}} .
$$

And for any $j \in\left\{n_{2}+1, n_{2}+2, \ldots 2 n_{2}\right\} \backslash\left(F_{1} \cup F_{2}\right)$ we have

$$
\begin{equation*}
\int_{P} \mathrm{~d}(D u(z), S O(2) H) \mathrm{d} L^{2} z \leq c \kappa^{\frac{m_{0}}{4}} \kappa^{m_{0}} \text { for any } P \in K_{j} \cap G \tag{122}
\end{equation*}
$$

Proof of Step 2. Let

$$
\Delta_{1}:=\left\{i \in\left\{1,2, \ldots n_{2}\right\}: \widetilde{K_{i}} \cap Q_{\frac{\sigma^{3}}{2 \sqrt{1+\sigma^{6}}}}(0) \neq \emptyset\right\}
$$

Let

$$
\Delta_{2}:=\left\{j \in\left\{n_{2}+1, n_{2}+2, \ldots 2 n_{2}\right\}: \widetilde{K_{j}} \cap Q_{\frac{\sigma^{3}}{2 \sqrt{1+\sigma^{6}}}}(0) \neq \emptyset\right\}
$$

Let

$$
\Psi_{H}:=\left\{P: P \in G, \int_{P} \mathrm{~d}(D u(z), S O(2) H) \mathrm{d} L^{2} z \leq c \kappa^{m_{0}} \kappa^{\frac{m_{0}}{4}}, P \subset Q_{\frac{\sigma^{3}}{2 \sqrt{1+\sigma^{6}}}}(0)\right\}
$$

Let

$$
\begin{equation*}
\Psi_{R}:=\left\{P: P \in G, \int_{P} \mathrm{~d}(D u(z), S O(2)) \mathrm{d} L^{2} z \leq c \kappa^{m_{0}} \kappa^{\frac{m_{0}}{4}}, P \subset Q_{\frac{\sigma^{3}}{2 \sqrt{1+\sigma^{6}}}}(0)\right\} \tag{123}
\end{equation*}
$$

First note that if there exists $i_{0} \in \Delta_{1} \backslash\left(E_{1} \cup E_{2}\right)$ such that $K_{i_{0}} \cap G \cap \Psi_{H} \neq \emptyset$ then by definition of $E_{1}$, every $P_{1} \in K_{i_{0}} \cap G$ will be such that $P_{1} \in \Psi_{H}$. Now take $j \in \Delta_{2} \backslash\left(F_{1} \cup F_{2}\right)$ such that $K_{j} \cap K_{i_{0}} \cap G \neq \emptyset$ then by definition of $F_{1}$, for every $P_{2} \in K_{j} \cap G$ we must also have $P_{2} \in \Psi_{H}$. Note

$$
\left\{j \in \Delta_{2} \backslash\left(F_{1} \cup F_{2}\right): K_{j} \cap K_{i_{0}} \cap G \neq \emptyset\right\}=\left\{j \in \Delta_{2} \backslash\left(F_{1} \cup F_{2}\right)\right\} \backslash\left\{j: K_{j} \cap K_{i_{0}} \cap G=\emptyset\right\}
$$

and as $\operatorname{Card}\left(\left\{j: K_{j} \cap K_{i_{0}} \cap G=\emptyset\right\}\right) \leq \operatorname{Card}\left(K_{i_{0}} \backslash G\right)$ so from (115), (117) and definition (113) we have

$$
\begin{aligned}
\operatorname{Card}\left(\left\{j \in \Delta_{2} \backslash\left(F_{1} \cup F_{2}\right): K_{j} \cap K_{i_{0}} \cap G \neq \emptyset\right\}\right) & \geq \quad \operatorname{Card}\left(\left\{j \in \Delta_{2} \backslash\left(F_{1} \cup F_{2}\right)\right\}\right) \\
& -\operatorname{Card}\left(K_{i_{0}} \backslash G\right) \\
(115),(117),(113) & \operatorname{Card}\left(\Delta_{2}\right)-\frac{8 c_{1}}{\varepsilon_{\sigma} \sigma^{3}} \kappa^{-\frac{m_{0}}{2}}
\end{aligned}
$$

We have a large number of G-lines in $\left\{K_{j}: j \in \Delta_{2} \backslash\left(F_{1} \cup F_{2}\right)\right\}$ with all the $P \in K_{j} \cap G$ being such that $D u$ on $P$ is close to $S O(2) H$. From this, using similar arguments its easy to show that all G-lines $K_{j}$ with $j \in \Delta_{1} \backslash\left(E_{1} \cup E_{2}\right)$ satisfy (122). And consequently all G-lines $K_{i}$ with $i \in\left\{1,2, \ldots n_{1}\right\} \backslash\left(F_{1} \cup F_{2}\right)$ also satisfy (122).

Thus we only need to argue the case where

$$
\begin{equation*}
\bigcup_{i \in \Delta_{1} \backslash\left(E_{1} \cup E_{2}\right)}\left\{P: P \in K_{i} \cap G\right\} \subset \Psi_{R} \tag{124}
\end{equation*}
$$

Let

$$
\begin{equation*}
\Theta_{0}:=\left\{P \in G\left(\frac{H^{-2} n_{1}}{\left|H^{-2} n_{1}\right|}, \frac{H^{-2} n_{2}}{\left|H^{-2} n_{2}\right|}, \kappa^{\frac{m_{0}}{2}}\right): P \subset Q_{\frac{\sigma^{3}}{2 \sqrt{1+\sigma^{6}}}}(0)\right\} . \tag{125}
\end{equation*}
$$

Since from inequalities (114), (116) and definition (112)

$$
\begin{aligned}
\operatorname{Card}\left(\Theta_{0} \backslash\right. & \left.\left(\bigcup_{i \in \Delta_{1} \backslash\left(E_{1} \cup E_{2}\right)}\left\{P: P \in K_{i} \cap G\right\}\right)\right) \\
& \leq \operatorname{Card}\left(E_{1} \cup E_{2}\right) \kappa^{-\frac{m_{0}}{2}}+c \kappa^{\frac{m_{0}}{8}} \kappa^{-\frac{m_{0}}{2}} \\
& \leq \frac{16 c_{1} \kappa^{-m_{0}}}{\varepsilon_{\sigma} \sigma^{3}}
\end{aligned}
$$

So from (124) we have

$$
\operatorname{Card}\left(\Theta_{0} \backslash \Psi_{R}\right) \leq \frac{16 c_{1} \kappa^{-m_{0}}}{\varepsilon_{\sigma} \sigma^{3}}
$$

Since obviously $\Psi_{H} \cap \Psi_{R}=\emptyset$ so

$$
\begin{align*}
\operatorname{Card}\left(\Psi_{H}\right) & \leq \operatorname{Card}\left(\Theta_{0} \backslash \Psi_{R}\right) \\
& \leq \frac{16 c_{1} \kappa^{-m_{0}}}{\varepsilon_{\sigma} \sigma^{3}} \tag{126}
\end{align*}
$$

Note that for any $P \in \Psi_{R}$

$$
\begin{aligned}
\kappa^{\frac{m_{0}}{8}} L^{2}\left(\left\{x \in P: \mathrm{d}(D u(x), S O(2)) \geq \kappa^{\frac{m_{0}}{8}}\right\}\right) & \leq \int_{P} \mathrm{~d}(D u(z), S O(2)) \mathrm{d} L^{2} z \\
& \leq c \kappa^{m_{0}} \kappa^{\frac{m_{0}}{4}}
\end{aligned}
$$

So $E(P):=\left\{x \in P: \mathrm{d}(D u(x), S O(2))<\kappa^{\frac{m_{0}}{8}}\right\}$ is such that

$$
L^{2}(E(P)) \geq L^{2}(P)-c \kappa^{\frac{m_{0}}{8}} \kappa^{m_{0}}
$$

Note that for each $x \in E(P), \mathrm{d}(D u(x), S O(2) H)>\frac{3 \varepsilon_{\sigma}}{4}$ and hence

$$
\int_{P} \mathrm{~d}(D u(x), S O(2) H) \mathrm{d} L^{2} x \geq\left(L^{2}(P)-c \kappa^{\frac{m_{0}}{8}} \kappa^{m_{0}}\right) \frac{3 \varepsilon_{\sigma}}{4}
$$

Thus since $P \in \Psi_{R}$ (recall definition (123)) we have

$$
\begin{aligned}
\int_{P} \mathrm{~d}(D u(z), S O(2) H)-\mathrm{d}(D u(z), S O(2)) \mathrm{d} L^{2} z & \geq\left(L^{2}(P)-c \kappa^{\frac{m_{0}}{8}} \kappa^{m_{0}}\right) \frac{3 \varepsilon_{\sigma}}{4}-c \kappa^{\frac{m_{0}}{8}} \kappa^{m_{0}} \\
& \geq \frac{\varepsilon_{\sigma}}{2} L^{2}(P)
\end{aligned}
$$

Multiplying by -1 gives

$$
\begin{equation*}
\int_{P} \mathrm{~d}(D u(z), S O(2))-\mathrm{d}(D u(z), S O(2) H) \mathrm{d} L^{2} z \leq-\frac{\varepsilon_{\sigma}}{2} L^{2}(P) \tag{127}
\end{equation*}
$$

Let $A:=L^{2}(P)$ for any $P \in G\left(\frac{H^{-2} n_{1}}{\mid H^{-2} n_{1}}, \frac{H^{-2} n_{2}}{\left|H^{-2} n_{2}\right|}, \kappa^{\frac{m_{0}}{2}}\right)$. So using (103) and (106)

$$
\begin{aligned}
& 0 \stackrel{(103)}{\leq} \int_{Q}{\frac{\sigma^{3}}{2 \sqrt{\sigma^{6}+1}}}(0) \\
& \mathrm{d}(D u(z), S O(2))-\mathrm{d}(D u(z), S O(2) H) \mathrm{d} L^{2} z \\
& \sum_{P \in \Psi_{R}} \int_{P} \mathrm{~d}(D u(z), S O(2))-\mathrm{d}(D u(z), S O(2) H) \mathrm{d} L^{2} z \\
&+\sum_{P \in \Psi_{H}} \int_{P} \mathrm{~d}(D u(z), S O(2))-\mathrm{d}(D u(z), S O(2) H) \mathrm{d} L^{2} z \\
&+2 \zeta_{2} \operatorname{Card}\left(G\left(\frac{H^{-2} n_{1}}{\left|H^{-2} n_{1}\right|}, \frac{H^{-2} n_{2}}{\left|H^{-2} n_{2}\right|}, \kappa^{\frac{m_{0}}{2}}\right) \backslash G\right) \kappa^{m_{0}} \\
& \begin{array}{ll}
(106),(127) & -\operatorname{Card}\left(\Psi_{R}\right) \frac{\varepsilon_{\sigma}}{2} A+2 \zeta_{2} \operatorname{Card}\left(\Psi_{H}\right) A+c \kappa^{\frac{m_{0}}{4}} .
\end{array} .
\end{aligned}
$$

Thus

$$
\operatorname{Card}\left(\Psi_{R}\right) \frac{\varepsilon_{\sigma}}{2} A \leq 2 \zeta_{2} \operatorname{Card}\left(\Psi_{H}\right) A+c \kappa^{\frac{m_{0}}{4}}
$$

Now as we have seen before (see (109)) $A \geq \frac{\sigma^{3}}{2} \kappa^{m_{0}}$ so using (126)

$$
\begin{aligned}
\operatorname{Card}\left(\Psi_{R}\right) \frac{\varepsilon_{\sigma}}{2} & \leq 2 \zeta_{2} \operatorname{Card}\left(\Psi_{H}\right)+c \kappa^{\frac{m_{0}}{4}} \kappa^{-m_{0}} \\
& \stackrel{(126)}{\leq} \frac{32 c_{1} \zeta_{2} \kappa^{-m_{0}}}{\varepsilon_{\sigma} \sigma^{3}}+c \kappa^{\frac{m_{0}}{4}} \kappa^{-m_{0}} \\
& \leq \frac{64 c_{1} \zeta_{2} \kappa^{-m_{0}}}{\varepsilon_{\sigma} \sigma^{3}}
\end{aligned}
$$

Thus

$$
\begin{equation*}
\operatorname{Card}\left(\Psi_{R}\right) \leq \frac{128 c_{1} \zeta_{2} \kappa^{-m_{0}}}{\varepsilon_{\sigma}^{2} \sigma^{3}} \tag{128}
\end{equation*}
$$

Since $G=\Psi_{H} \cup \Psi_{R}$ we know from (106) $\operatorname{Card}\left(\Theta_{0} \backslash\left(\Psi_{H} \cup \Psi_{R}\right)\right) \leq c \kappa^{\frac{m_{0}}{4}} \kappa^{-m_{0}}$ so using (126), (128)

$$
\begin{aligned}
\operatorname{Card}\left(\Theta_{0}\right) & \leq \operatorname{Card}\left(\Psi_{H}\right)+\operatorname{Card}\left(\Psi_{R}\right)+c \kappa^{\frac{m_{0}}{4}} \kappa^{-m_{0}} \\
& \leq \frac{256 \zeta_{2} c_{1}}{\varepsilon_{\sigma}^{2} \sigma^{3}} \kappa^{-m_{0}}
\end{aligned}
$$

Since from definition (125) we know

$$
\operatorname{Card}\left(\Theta_{0}\right) \geq\left(\frac{\sigma^{3} \kappa^{-\frac{m_{0}}{2}}}{2 \sqrt{1+\sigma^{6}}}\right)^{2} \geq \frac{\sigma^{6}}{8} \kappa^{-m_{0}}
$$

so we know

$$
\frac{\sigma^{6} \kappa^{-m_{0}}}{8} \leq \frac{256 \zeta_{2} c_{1}}{\varepsilon_{\sigma}^{2} \sigma^{3}} \kappa^{-m_{0}}
$$

and assuming sufficient smallness of $c_{1}$ we have a contradiction. So we have established Step 2.

## Notation for Step 3.

Firstly we note that for any $k \in\left\{1,2, \ldots n_{1}\right\} \backslash E_{1} \cup E_{2}$ by definition of $E_{2}$ (see (112) and (107)) we have the hypotheses (88) and (89) of Lemma 8.1, by (101) we also have hypothesis (87) so by the lemma there there exists a subset $U(k) \subset K_{k}$ with the following properties

- For fixed $R_{k} \in S O(2)$ we have for any $P \in U(k)$

$$
\begin{equation*}
\int_{P}\left|D u(z)-R_{k} H\right| \mathrm{d} L^{2} z \leq c \kappa^{\frac{m_{0}}{64}} \kappa^{m_{0}} \tag{129}
\end{equation*}
$$

$$
\begin{equation*}
\operatorname{Card}\left(K_{k} \backslash U(k)\right) \leq c \kappa^{\frac{m_{0}}{32}} \kappa^{-\frac{m_{0}}{2}} \tag{130}
\end{equation*}
$$

Similarly for any $i \in\left\{n_{1}, n_{1}+1, \ldots 2 n_{1}\right\} \backslash\left(F_{1} \cup F_{2}\right)$ there is a subset $U(i) \subset K_{i}$ with the following properties

- For fixed $R_{i} \in S O(2)$ we have for any $P \in U(i)$

$$
\begin{equation*}
\int_{P}\left|D u(z)-R_{i} H\right| \mathrm{d} L^{2} z \leq c \kappa^{\frac{m_{0}}{64}} \kappa^{m_{0}} . \tag{131}
\end{equation*}
$$

- 

$$
\begin{equation*}
\operatorname{Card}\left(K_{i} \backslash U(i)\right) \leq c \kappa^{\frac{m_{0}}{32}} \kappa^{-\frac{m_{0}}{2}} \tag{132}
\end{equation*}
$$

Observe the Figure 7.
Let $V_{i}:=\frac{H^{-2} n_{i}}{\left|H^{-2} n_{i}\right|}$ for $i=1,2$. Define

$$
\begin{align*}
& H_{1}:=P_{V_{2}^{\perp}}^{-1}\left(P_{V_{2} \perp}\left(\left[\frac{V_{1}}{4}, \frac{V_{1}}{2}\right]\right)\right), \\
& H_{2}:=P_{V_{1}^{\perp}}^{-1}\left(P_{V_{1}}\left(\left[\frac{V_{2}}{4}, \frac{V_{2}}{2}\right]\right)\right), \\
& H_{3}:=P_{V_{2}^{\perp}}^{-1}\left(P_{V_{2}}\left(\left[-\frac{V_{1}}{2},-\frac{V_{1}}{4}\right]\right)\right), \\
& H_{4}:=P_{V_{1}^{\perp}}^{-1}\left(P_{V_{1}^{\perp}}\left(\left[-\frac{V_{2}}{2},-\frac{V_{2}}{4}\right]\right)\right) . \tag{133}
\end{align*}
$$

And define

$$
\begin{aligned}
J_{1} & :=\left\{k \in\left\{1,2, \ldots n_{2}\right\}: \widetilde{K_{k}} \subset H_{1}, k \notin E_{1} \cup E_{2}\right\}, \\
J_{3} & :=\left\{k \in\left\{1,2, \ldots n_{2}\right\}: \widetilde{K_{k}} \subset H_{3}, k \notin E_{1} \cup E_{2}\right\}, \\
J_{2} & :=\left\{i \in\left\{n_{2}+1, n_{2}+2, \ldots 2 n_{2}\right\}: \widetilde{K_{i}} \subset H_{2}, i \notin F_{1} \cup F_{2}\right\}, \\
J_{4} & :=\left\{i \in\left\{n_{2}+1, n_{2}+2, \ldots 2 n_{2}\right\}: \widetilde{K_{i}} \subset H_{4}, i \notin F_{1} \cup F_{2}\right\} .
\end{aligned}
$$

Step 3. We will show we can find $i_{0} \in J_{1}, j_{1}, j_{2}, \ldots j_{\xi_{1}} \in J_{2}$ where

$$
\begin{equation*}
\xi_{1} \geq \frac{\kappa^{-\frac{m_{0}}{2}}}{128} \tag{134}
\end{equation*}
$$

such that for some fixed $\widetilde{R} \in S O(2)$, for any $P \in U\left(i_{0}\right) \cup \bigcup_{k=1}^{\xi_{1}} U\left(j_{k}\right)$ we have

$$
\begin{equation*}
\int_{P}|D u(z)-\widetilde{R} H| \mathrm{d} L^{2} z \leq c \kappa^{\frac{m_{0}}{64}} \kappa^{m_{0}} . \tag{135}
\end{equation*}
$$

Proof of Step 3. Its helpful to observe Figure 8.
As shown in Figure 7. We let $C_{1}:=H_{1} \cap H_{2}, C_{2}:=H_{2} \cap H_{3}, C_{3}:=H_{3} \cap H_{4}, C_{4}:=H_{1} \cap H_{4}$.
Its easy to see the convex hull of the set $\left\{C_{1}, C_{2}, C_{3}, C_{4}\right\}$ will be contained the region $\widetilde{Y}$ shown of Figure 6 , see (110) and (133) for definitions. As shown in Figure 8, let

$$
\Theta_{1}:=\left\{P: P \in U(i) \text { for some } i \in J_{2}, P \subset C_{1}\right\}
$$

We start by estimating the cardinality of $\Theta_{1}$. Let

$$
Z_{1}:=\left\{P \in G\left(V_{1}, V_{2}, \kappa^{\frac{m_{0}}{2}}\right): P \subset C_{1}\right\} .
$$

Note that

$$
\begin{equation*}
\operatorname{Card}\left(Z_{1}\right) \geq \frac{\kappa^{-m_{0}}}{32} \tag{136}
\end{equation*}
$$

If $P \in Z_{1} \backslash \Theta_{1}$ then either $P \in K_{i}$ for some $i \in F_{1} \cup F_{2}$ or $P \in K_{i} \backslash U(i)$ for some some $i \in J_{2}$. Formally;

$$
Z_{1} \backslash \Theta_{1} \subset\left(\bigcup_{i \in F_{1} \cup F_{2}} K_{i}\right) \cup\left(\bigcup_{i \in J_{2}} K_{i} \backslash U(i)\right)
$$

So from (115), (117), (132)

$$
\begin{align*}
\operatorname{Card}\left(Z_{1} \backslash \Theta_{1}\right) & \leq \quad \operatorname{Card}\left(F_{1} \cup F_{2}\right) \kappa^{-\frac{m_{0}}{2}}+\sum_{i \in J_{2}} \operatorname{Card}\left(K_{i} \backslash U(i)\right) \\
& \leq \frac{(132),(115),(117)}{} \frac{8 c_{1}}{\varepsilon_{\sigma} \sigma^{3}} \kappa^{-m_{0}}+c \kappa^{\frac{m_{0}}{32}} \kappa^{-m_{0}} \\
& \leq \frac{16 c_{1}}{\varepsilon_{\sigma} \sigma^{3}} \kappa^{-m_{0}} \tag{137}
\end{align*}
$$

Let $\Psi_{1}:=\left\{P: P \in K_{i}\right.$ for some $\left.i \in J_{1}\right\}$. So from (114), (116)

$$
\begin{align*}
\operatorname{Card}\left(Z_{1} \backslash \Psi_{1}\right) & \leq \operatorname{Card}\left(E_{1} \cup E_{2}\right) \kappa^{-\frac{m_{0}}{2}} \\
& \leq \frac{16 c_{1}}{\varepsilon_{\sigma} \sigma^{3}} \kappa^{-m_{0}} \tag{138}
\end{align*}
$$

Note from (137), (138), (136) (assuming $c_{1}$ is small enough)

$$
\begin{align*}
\operatorname{Card}\left(\Psi_{1} \cap \Theta_{1}\right) & \stackrel{(137),(138)}{\geq} \\
\stackrel{(136)}{\geq} & \operatorname{Card}\left(Z_{1}\right)-\frac{32 c_{1}}{\varepsilon_{\sigma} \sigma^{3}} \kappa^{-m_{0}} \\
& \geq \frac{\kappa_{0}}{32}-\frac{32 c_{1}}{\varepsilon_{\sigma} \sigma^{3}} \kappa^{-m_{0}}  \tag{139}\\
& \geq \frac{\kappa^{-m_{0}}}{64}
\end{align*}
$$

Now we have the obvious estimate $\operatorname{Card}\left(J_{1}\right) \leq \kappa^{-\frac{m_{0}}{2}}$. And as

$$
\Psi_{1} \cap \Theta_{1}=\bigcup_{i \in J_{1}} K_{i} \cap \Theta_{1}
$$

so (139) implies there must exist $i_{0} \in J_{1}$ such that

$$
\operatorname{Card}\left(K_{i_{0}} \cap \Theta_{1}\right) \geq \frac{\kappa^{-\frac{m_{0}}{2}}}{64}
$$

So using (130) we have

$$
\begin{equation*}
\operatorname{Card}\left(K_{i_{0}} \cap \Theta_{1} \cap U\left(i_{0}\right)\right) \geq \frac{\kappa^{-\frac{m_{0}}{2}}}{128} \tag{140}
\end{equation*}
$$

Now by definition of $U\left(i_{0}\right)$ (since $i_{0} \in J_{1}$ ) there exists $\widetilde{R} \in S O(2)$ such that for every $P \in U\left(i_{0}\right)$ we have

$$
\begin{equation*}
\int_{P}|D u(z)-\widetilde{R} H| \mathrm{d} L^{2} z \leq c \kappa^{\frac{m_{0}}{64}} \kappa^{m_{0}} \tag{141}
\end{equation*}
$$

Let $\left\{P_{1}, P_{2}, \ldots P_{\xi_{1}}\right\}:=K_{i_{0}} \cap \Theta_{1} \cap U\left(i_{0}\right)$, so of course from (140) we know $\xi_{1} \geq \frac{\kappa^{-\frac{m_{0}}{2}}}{128}$. By definition of $\Theta_{1}$ for every $k \in\left\{1,2, \ldots \xi_{1}\right\}$ we have that $P_{k} \in U\left(j_{k}\right)$ for some $j_{k} \in J_{2}$. And by definition of $U\left(j_{k}\right)$ we have for some fixed $R\left(j_{k}\right) \in S O(2)$ such that for any $\widetilde{P} \in U\left(j_{k}\right)$

$$
\int_{\widetilde{P}}\left|D u(z)-R\left(j_{k}\right) H\right| \mathrm{d} L^{2} z \leq c \kappa^{\frac{m_{0}}{64}} \kappa^{m_{0}} \text { for some fixed } R\left(j_{k}\right) \in S O(2)
$$

So putting this together with (141)

$$
\int_{P_{k}}|D u(z)-\widetilde{R} H|+\left|D u(z)-R\left(j_{k}\right) H\right| \mathrm{d} L^{2} z \leq c \kappa^{\frac{m_{0}}{64}} \kappa^{m_{0}}
$$

and hence as $L^{2}\left(P_{k}\right) \geq \frac{\sigma^{3}}{2 \sqrt{1+\sigma^{6}}} \kappa^{m_{0}}$ (see (109)) there must be a point $z_{k} \in P_{k}$ such that

$$
\left|D u\left(z_{k}\right)-\widetilde{R} H\right|+\left|D u\left(z_{k}\right)-R\left(j_{k}\right) H\right| \leq c \kappa^{\frac{m_{0}}{64}}
$$

which implies

$$
\left|R\left(j_{k}\right)-\widetilde{R}\right| \leq c \kappa^{\frac{m_{0}}{64}} .
$$

From this and (141) Step 3 follows.
Step 4. Let

$$
\begin{equation*}
T_{3}:=\left\{i \in J_{3}: \operatorname{Card}\left(K_{i} \cap \Theta_{2}\right) \geq c \kappa^{\frac{m_{0}}{32}} \kappa^{-\frac{m_{0}}{2}}\right\} \tag{142}
\end{equation*}
$$

We will show we can find $r_{1}, r_{2}, \ldots r_{\xi_{2}} \in T_{3}$ with $\xi_{2}>\frac{\kappa^{-\frac{m_{0}}{2}}}{2048}$ with the property that for any $P \in \bigcup_{i=1}^{\xi_{2}} U\left(r_{i}\right)$ satisfies inequality

$$
\begin{equation*}
\int_{P}|D u(z)-\widetilde{R} H| \mathrm{d} L^{2} z \leq c \kappa^{\frac{m_{0}}{64}} \kappa^{m_{0}} . \tag{143}
\end{equation*}
$$

Proof of Step 4. Let

$$
\begin{equation*}
\Theta_{2}:=\left\{P: P \in U\left(j_{k}\right) \text { for } k \in\left\{1,2, \ldots \xi_{1}\right\}, P \in C_{2}\right\} \tag{144}
\end{equation*}
$$

From (132), (134) and Figure 9 we see that

$$
\begin{align*}
\operatorname{Card}\left(\Theta_{2}\right) & \stackrel{(132), \text { Figure } 9}{\geq} \xi_{1}\left(\frac{1}{4}-c \kappa^{\frac{m_{0}}{32}}\right) \kappa^{-\frac{m_{0}}{2}} \\
& \stackrel{(134)}{\geq}  \tag{145}\\
& \frac{\kappa^{-m_{0}}}{1024}
\end{align*}
$$

Since for any $i \in H_{3}$ we have trivially that $\operatorname{Card}\left(K_{i} \cap \Theta_{2}\right) \leq \kappa^{-\frac{m_{0}}{2}}$. So

$$
\operatorname{Card}\left(\Theta_{2}\right) \leq \operatorname{Card}\left(T_{3}\right) \kappa^{-\frac{m_{0}}{2}}+c \kappa^{\frac{m_{0}}{32}} \kappa^{-\frac{m_{0}}{2}} \operatorname{Card}\left(J_{3} \backslash T_{3}\right)
$$

Hence from (145) and the trivial estimate $\operatorname{Card}\left(J_{3} \backslash T_{3}\right) \leq \kappa^{-\frac{m_{0}}{2}}$.

$$
\frac{\kappa^{-m_{0}}}{1024} \leq \operatorname{Card}\left(T_{3}\right) \kappa^{-\frac{m_{0}}{2}}+c \kappa^{\frac{m_{0}}{32}} \kappa^{-m_{0}}
$$

we have

$$
\begin{equation*}
\operatorname{Card}\left(T_{3}\right) \geq \frac{\kappa^{-\frac{m_{0}}{2}}}{2048} \tag{146}
\end{equation*}
$$

Now from (130) since (definition (142)) $T_{3} \subset J_{3} \subset\left\{1,2, \ldots n_{2}\right\} \backslash\left(E_{1} \cup E_{2}\right)$ so by (129), (130) for any $i \in T_{3}$, $\operatorname{Card}\left(K_{i} \backslash U(i)\right) \leq c \kappa^{\frac{m_{0}}{32}} \kappa^{-\frac{m_{0}}{2}}$. So by definition of $T_{3}, U(i) \cap \Theta_{2} \neq \emptyset$ so we can pick $P_{0} \in U(i) \cap \Theta_{2}$. Now by definition of $\Theta_{2}$, (see (144)) and of the set $\left\{j_{1}, j_{2}, \ldots j_{\xi_{1}}\right\}$ (see (134), (135)) we have

$$
\int_{P_{0}}|D u(z)-\widetilde{R} H| \mathrm{d} L^{2} z \leq c \kappa^{\frac{m_{0}}{64}} \kappa^{m_{0}}
$$

Also by definition of $U(i)$, (see (129), (130)) we know there exists $R_{i} \in S O(2)$ such that

$$
\int_{\widetilde{P}}\left|D u(z)-R_{i} H\right| \mathrm{d} L^{2} \leq c \kappa^{\frac{m_{0}}{64}} \kappa^{m_{0}} \text { for all } \widetilde{P} \in U(i)
$$

Hence as we have argued before (since $P_{0} \in U(i)$ ), there must be a point $z_{0} \in P_{0}$ such that

$$
\begin{aligned}
\left|\widetilde{R}-R_{i}\right| & \leq\left|D u\left(z_{0}\right)-\widetilde{R} H\right|+\left|D u\left(z_{0}\right)-R_{i} H\right| \\
& \leq c \kappa^{\frac{m_{0}}{64}}
\end{aligned}
$$

And so for all $P \in U(i)$

$$
\int_{P}|D u(z)-\widetilde{R} H| \mathrm{d} L^{2} z \leq c \kappa^{\frac{m_{0}}{64}} \kappa^{m_{0}}
$$

Let $\left\{r_{1}, r_{2}, \ldots r_{\xi_{2}}\right\}$ be an ordering of $T_{3}$. Note that from (146) we have

$$
\begin{equation*}
\xi_{2} \geq \frac{\kappa^{-\frac{m_{0}}{2}}}{2048} \tag{147}
\end{equation*}
$$

So we have shown all the $P \in G$ inside the set of G-lines $\left\{K_{r_{1}}, K_{r_{2}}, \ldots K_{r_{\xi_{2}}}\right\}$ are such that $D u$ on $P$ is orientated by $\widetilde{R}$. This completes the proof of Step 4.

Step 5. We will show we can find $i_{0} \in J_{1}, i_{1} \in J_{2}, i_{2} \in J_{3}$ and $i_{3} \in J_{4}$ such that for some fixed $\widetilde{R} \in S O(2)$, for any $P \in U\left(i_{1}\right) \cup U\left(i_{3}\right) \cup U\left(i_{2}\right) \cup U\left(i_{4}\right)$ we have

$$
\int_{P}|D u(z)-\widetilde{R} H| \mathrm{d} L^{2} z \leq c \kappa^{\frac{m_{0}}{64}} \kappa^{m_{0}}
$$

Proof of Step 5. Let

$$
\Theta_{3}:=\left\{P: P \in U\left(r_{i}\right), \text { for } i=1,2, \ldots \xi_{2}, P \in C_{3}\right\}
$$

We make the same estimates as before, from (147)

$$
\begin{aligned}
\operatorname{Card}\left(\Theta_{3}\right) & \geq \xi_{2} \frac{\kappa^{-\frac{m_{0}}{2}}}{8} \\
& \geq \frac{\kappa^{-m_{0}}}{16384}
\end{aligned}
$$

Let $T_{4}:=\left\{i \in H_{4}: \operatorname{Card}\left(K_{i} \cap \Theta_{3}\right) \geq c \kappa^{-\frac{m_{0}}{2}}\right\}$, as before

$$
\operatorname{Card}\left(\Theta_{3}\right) \leq \operatorname{Card}\left(T_{4}\right) \kappa^{-\frac{m_{0}}{2}}+c \kappa^{\frac{m_{0}}{32}} \kappa^{-m_{0}}
$$

So $\frac{\kappa^{-m_{0}}}{22768} \leq \operatorname{Card}\left(T_{4}\right) \kappa^{-\frac{m_{0}}{2}}$ which implies $\frac{\kappa^{-\frac{m_{0}}{2}}}{22768} \leq \operatorname{Card}\left(T_{4}\right)$.
So as in Step 4 since $T_{4} \subset J_{4} \subset\left\{1,2, \ldots n_{1}\right\} \backslash\left(F_{1} \cup F_{2}\right)$ so by (131), (132) we must be able to find a $G$-line $K_{l_{0}}$ where $l_{0} \in T_{4}$ and $\operatorname{Card}\left(K_{l_{0}} \backslash U\left(l_{0}\right)\right) \leq c \kappa^{\frac{m_{0}}{32}} \kappa^{-\frac{m_{0}}{2}}$. Hence $U\left(l_{0}\right) \cap \Theta_{3} \neq \emptyset$ so as before we have the property that there exists $R_{l_{0}} \in S O(2)$ such that for any $P \in U\left(l_{0}\right) \cap \Theta_{3}$

$$
\int_{P}|D u(z)-\widetilde{R} H|+\left|D u(z)-R_{l_{0}} H\right| \mathrm{d} L^{2} z \leq c \kappa^{\frac{m_{0}}{64}} \kappa^{m_{0}}
$$

So there must exists a point $z_{0} \in P$ such that

$$
\left|D u\left(z_{0}\right)-\widetilde{R} H\right|+\left|D u\left(z_{0}\right)-R_{l_{0}} H\right| \leq c \kappa^{\frac{m_{0}}{64}} .
$$

Hence $\left|\widetilde{R}-R_{l_{0}}\right| \leq c \kappa^{\frac{m_{0}}{64}}$ and thus for every $\widetilde{P} \in U\left(l_{0}\right)$ we have

$$
\int_{\widetilde{P}}|D u(z)-\widetilde{R} H| \mathrm{d} L^{2} z \leq c \kappa^{\frac{m_{0}}{64}} \kappa^{m_{0}} .
$$

We have already chosen $i_{0}$ in Step 3 , see (134). Let $i_{1}$ be any member of $\left\{j_{1}, j_{2}, \ldots j_{\xi_{1}}\right\}$ (see again Step 3) and let $i_{2}$ be any member of $\left\{r_{1}, r_{2}, \ldots r_{\xi_{2}}\right\}$ (see Step 4) and let $i_{3}=l_{0}$. Now $i_{0}, i_{1}, i_{2}, i_{3}$ satisfy all the properties required.

## Proof of Lemma continued.

Now since the $G$-line $K_{l_{0}}$ must intersect the original $G$-line $K_{i_{0}}$. And since any $G$-line $K_{r_{k}}, k \in\left\{1,2, \ldots \xi_{2}\right\}$ must intersect any $G$-line $K_{j_{k}}$ for $k \in\left\{1,2, \ldots \xi_{1}\right\}$. So the $G$-lines $K_{i_{1}}, K_{i_{2}}, K_{i_{3}}, K_{i_{4}}$ from Step 5 (and inequalities (130), (132)) satisfy all the properties of the statement of the lemma.

## 10. Proof of Theorem 2.1

The strategy of the proof of Theorem 2.1 is as has been outlined in the introduction to Lemma 9.1. Lemma 9.1 gives us four lines $L_{1}, L_{2}, L_{3}, L_{4}$ (parallel either to $H^{-2} n_{1}$ or $H^{-2} n_{2}$ ) that contain the boundary of a "diamond" surrounding a central subsquare. These lines have the property that "most" of the grid elements that intersect them are such that $D u$ on these elements will be $L^{1}$ close to matrix $R H$ for some fixed $R \in S O(2)$.

We will be considering lines in direction $H^{-2} n_{1}$ that start and end on the boundary of the diamond. However before applying Lemma 7.4 we need to know that "most" of the grid elements along the line are such that $D u$ is close to a matrix in the well $S O(2) H$. Note that we know from Lemma 6.1 that most of the grid elements are such that $D u$ is either close to a matrix in the well $S O(2)$ or close to a matrix in the well $S O(2) H$.

So we need to rule out the possibility that there are many grid elements inside the diamond for which $D u$ is close to $S O(2)$. Now note that $\left|H e_{2}\right|=\sigma^{-1}>1$, so if for some line $Q$ (inside the diamond) in direction $e_{2}$, many of the grid elements intersecting $Q$ are such that $D u$ is close to a matrix in $S O$ (2), letting $a, b$ denote the endpoints of $Q$ where (say) $a \in L_{1}$ and $b \in L_{3}$ we would have $H^{1}(u([a, b])) \ll\left|H e_{2}\right||a-b|$ which is a contradiction because $u([a, b])$ has to connect $u(a)$ to $u(b)$ and integrating from $a$ to $L_{1} \cap L_{3}$, then from $L_{1} \cap L_{3}$ to $b$ we see that $|u(a)-u(b)| \approx|R H(a-b)|=\left|H e_{2}\right||a-b|$. Thus there can not be many grid elements in the diamond for which $D u$ is close to a matrix in $S O(2)$ and thus we can apply Lemma 7.4 to control "most" of the lines in direction $H^{-2} n_{1}$.

Proof of Theorem 2.1. First note by Lemma 6.1 there exists $G \subset G\left(\frac{H^{-2} \phi_{1}}{\left|H^{-2} \phi_{1}\right|}, \frac{H^{-2} \phi_{2}}{\left|H^{-2} \phi_{2}\right|}, \kappa^{\frac{m_{0}}{2}}\right)$ with the following properties

$$
\begin{equation*}
\operatorname{Card}\left(G\left(\frac{H^{-2} \phi_{1}}{\left|H^{-2} \phi_{1}\right|}, \frac{H^{-2} \phi_{2}}{\left|H^{-2} \phi_{2}\right|}, \kappa^{\frac{m_{0}}{2}}\right) \backslash G\right) \leq c \kappa^{\frac{m_{0}}{4}} \kappa^{-m 0} \tag{148}
\end{equation*}
$$

- For any $P \in G$ there exists $R \in S O(2), J \in\{H, I d\}$ such that

$$
\begin{equation*}
\int_{P}|D u(z)-R J| \mathrm{d} L^{2} z \leq c \kappa^{\frac{m_{0}}{4}} \kappa^{m_{0}} \tag{149}
\end{equation*}
$$

By Lemma 9.1 there exists $G$-lines $K_{i_{1}}, K_{i_{3}}$ in direction $H^{-2} n_{1}$ and $G$-lines $K_{i_{2}}, K_{i_{4}}$ in direction $H^{-2} n_{2}$ which satisfy the following properties.


Figure 10. Vertical lines connecting the oriented $G$-lines.

- Let $W$ be the connected component of $Q_{1}(0) \backslash\left(\widetilde{K_{i_{0}}} \cup \widetilde{K_{i_{1}}} \cup \widetilde{K_{i_{2}}} \cup \widetilde{K_{i_{3}}}\right)$ containing zero, then

$$
\begin{equation*}
Q_{\frac{\sigma^{3}}{2 \sqrt{\sigma^{6}+1}}}(0) \subset W \tag{150}
\end{equation*}
$$

- There exists a subset $M \subset K_{i_{0}} \cup K_{i_{1}} \cup K_{i_{2}} \cup K_{i_{3}}$ with the property that

$$
\begin{equation*}
\operatorname{Card}\left(\left(K_{i_{0}} \cup K_{i_{1}} \cup K_{i_{2}} \cup K_{i_{3}}\right) \backslash M\right)<c \kappa^{\frac{m_{0}}{32}} \kappa^{-\frac{m_{0}}{2}} \tag{151}
\end{equation*}
$$

and for some fixed $\widetilde{R} \in S O$ (2), for any $P \in M$ we have

$$
\begin{equation*}
\int_{P}|D u(z)-\widetilde{R} H| \mathrm{d} L^{2} z \leq c \kappa^{\frac{m_{0}}{64}} \kappa^{m_{0}} \tag{152}
\end{equation*}
$$

Let

$$
\mathbb{B}:=\left\{P \in G\left(\frac{H^{-2} \phi_{1}}{\left|H^{-2} \phi_{1}\right|}, \frac{H^{-2} \phi_{2}}{\left|H^{-2} \phi_{2}\right|}, \kappa^{\frac{m_{0}}{2}}\right): P \subset W\right\} .
$$

And let

$$
\mathbb{D}:=\left\{P \in G \cap \mathbb{B}: \int_{P}|D u(z)-R| \mathrm{d} L^{2} z \leq c \kappa^{m_{0}} \kappa^{\frac{m_{0}}{4}} \text { for some } R \in S O(2)\right\}
$$

Part 1. We will show

$$
\begin{equation*}
\operatorname{Card}(\mathbb{D}) \leq 5 \kappa^{\frac{m_{0}}{100}} \kappa^{-m_{0}} \tag{153}
\end{equation*}
$$

Proof of Part 1. Suppose not, so

$$
\begin{equation*}
\operatorname{Card}(\mathbb{D}) \geq 5 \kappa^{\frac{m_{0}}{100}} \kappa^{-m_{0}} \tag{154}
\end{equation*}
$$

Let $C(P)$ denote the center of each $P$. We can partition $\mathbb{B}$ into columns parallel to $e_{2}$ in the following way. Let

$$
\mathbb{R}(\alpha):=\left\{P \in W: C(P) \cdot e_{1}=\alpha\right\} .
$$

As we can see from Figure 10, for some constant $\varrho_{\sigma}>0$ we have

$$
\mathbb{B} \subset \bigcup_{k=-2\left[\kappa^{-\frac{m_{0}}{2}}\right]}^{2\left[\kappa^{-\frac{m_{0}}{2}}\right]} \mathbb{R}\left(k \varrho_{\sigma} \kappa^{\frac{m_{0}}{2}}\right)
$$

Let

$$
\begin{equation*}
\Phi:=\left\{k \in\left\{-2\left[\kappa^{-\frac{m_{0}}{2}}\right], \ldots 2\left[\kappa^{\frac{m_{0}}{2}}\right]\right\}: \operatorname{Card}\left(\mathbb{R}\left(k \varrho_{\sigma} \kappa^{\frac{m_{0}}{2}}\right) \cap \mathbb{D}\right) \geq \kappa^{\frac{m_{0}}{100}} \kappa^{-\frac{m_{0}}{2}}\right\} . \tag{155}
\end{equation*}
$$

By (154) $5 \kappa^{\frac{m_{0}}{100}} \kappa^{-m_{0}} \leq 2 \kappa^{-\frac{m_{0}}{2}} \operatorname{Card}(\Phi)+\kappa^{\frac{m_{0}}{100}} \kappa^{-m_{0}}$ so we have

$$
\begin{equation*}
\operatorname{Card}(\Phi) \geq 2 \kappa^{\frac{m_{0}}{100}} \kappa^{-\frac{m_{0}}{2}} \tag{156}
\end{equation*}
$$

Step 1.1. We claim we must be able to find $k_{1} \in \Phi$ such that

$$
\begin{equation*}
\operatorname{Card}\left(\mathbb{R}\left(j \varrho_{\sigma} \kappa^{\frac{m_{0}}{2}}\right) \backslash G\right) \leq \kappa^{\frac{m_{0}}{20}} \kappa^{-\frac{m_{0}}{2}} \text { for } j \in\left\{k_{1}-1, k_{1}, k_{1}+1\right\} \tag{157}
\end{equation*}
$$

Proof of Step 1.1. Suppose not. So we have a subset $\widetilde{\Phi} \subset \Phi$ with

$$
\begin{align*}
\operatorname{Card}(\widetilde{\Phi}) & \geq \frac{\operatorname{Card}(\Phi)}{3}-2 \\
& \stackrel{(156)}{\geq} \frac{\kappa^{\frac{m_{0}}{100}}}{2} \kappa^{-\frac{m_{0}}{2}} \tag{158}
\end{align*}
$$

and for every $k \in \widetilde{\Phi}$ we have

$$
\operatorname{Card}\left(\mathbb{R}\left(k \varrho_{\sigma} \kappa^{\frac{m_{0}}{2}}\right) \backslash G\right) \geq \kappa^{\frac{m_{0}}{20}} \kappa^{-\frac{m_{0}}{2}}
$$

So

$$
\begin{aligned}
\operatorname{Card}\left(G\left(\frac{H^{-2} \phi_{1}}{\left|H^{-2} \phi_{1}\right|}, \frac{H^{-2} \phi_{2}}{\left|H^{-2} \phi_{2}\right|}, \kappa^{\frac{m_{0}}{2}}\right) \backslash G\right) & \geq \operatorname{Card}(\widetilde{\Phi}) \kappa^{\frac{m_{0}}{20}} \kappa^{-\frac{m_{0}}{2}} \\
& \stackrel{(158)}{\geq \frac{m_{0}}{100}} \kappa^{\frac{m_{0}}{20}} \kappa^{-m_{0}} \\
& \geq \frac{\kappa^{\frac{3 m_{0}}{50}}}{2} \kappa^{-m_{0}}
\end{aligned}
$$

which contradicts (148), hence we have established (157).
Step 1.2. Let $S:=W \cap P_{e_{2}^{\frac{1}{2}}}^{-1}\left(\left[\left(k_{1}-\frac{1}{2}\right) \varrho_{\sigma},\left(k_{1}+\frac{1}{2}\right) \varrho_{\sigma}\right]\right)$ and we define function $E: S \rightarrow \mathbb{R}$ by

$$
E(z):= \begin{cases}\mathrm{d}(D u(z), S O(2)) & \text { if } z \in P \in \mathbb{D} \\ \mathrm{~d}(D u(z), S O(2) H) & \text { if } z \in P \in G \backslash \mathbb{D} \\ 2 \zeta_{2} \text { if } z \in P \notin G . & \end{cases}
$$

We will show

$$
\begin{equation*}
\int_{S} E(z) \mathrm{d} L^{2} z \leq 7 \zeta_{2} \kappa^{\frac{m_{0}}{20}} \kappa^{\frac{m_{0}}{2}} \tag{159}
\end{equation*}
$$

Proof of Step 1.2. To begin with note that if $P \cap S \neq \emptyset$ and $P \notin G$ then $P \in \mathbb{R}\left(j \varrho_{\sigma} \kappa^{\frac{m_{0}}{2}}\right) \backslash G$ for some $j \in\left\{\left(k_{1}-1\right), k_{1},\left(k_{1}+1\right)\right\}$.

So

$$
\{P: P \cap S \neq \emptyset, P \notin G\} \subset \bigcup_{j \in\left\{\left(k_{1}-1\right), k_{1},\left(k_{1}+1\right)\right\}} \mathbb{R}\left(j \varrho_{\sigma} \kappa^{\frac{m_{0}}{2}}\right) \backslash G
$$

and hence from (157)

$$
\begin{equation*}
\operatorname{Card}(\{P: P \cap S \neq \emptyset, P \notin G\}) \leq 3 \kappa^{\frac{m_{0}}{20}} \kappa^{-\frac{m_{0}}{2}} \tag{160}
\end{equation*}
$$

Thus

$$
\begin{align*}
\int_{S \backslash\left(\cup_{P \in G} P\right)} E(z) \mathrm{d} L^{2} z & \leq 2 \zeta_{2} \kappa^{m_{0}} \operatorname{Card}(\{P: P \cap S \neq \emptyset, P \notin G\}) \\
& \leq 6 \zeta_{2} \kappa^{\frac{m_{0}}{20}} \kappa^{\frac{m_{0}}{2}} \tag{161}
\end{align*}
$$

On the other hand from the definition of $G$ specifically from (149) we have

$$
\begin{align*}
\int_{S \cap\left(\cup_{P \in G} P\right)} E(z) \mathrm{d} L^{2} z & \leq \sum_{j \in\left\{\left(k_{1}-1\right), k_{1},\left(k_{1}+1\right)\right\}} \sum_{P \in \mathbb{R}\left(\varrho_{\sigma} j\right) \cap G} \int_{P} \mathrm{~d}(D u(z), S O(2) \cup S O(2) H) \mathrm{d} L^{2} z \\
& \leq 3 c \kappa^{\frac{m_{0}}{2}} \kappa^{\frac{m_{0}}{4}} \tag{162}
\end{align*}
$$

Hence putting (161), (162) together gives us (159) and this completes the proof of Step 1.2.
Step 1.3. Now since $k_{1} \in \Phi$ (see definition (155)) its clear that $L^{1}\left(P_{e_{2}^{+}}^{-1}\left(k_{1} \varrho_{\sigma} \kappa^{\frac{m_{0}}{2}}\right) \cap\{P: P \in \mathbb{D}\}\right) \geq \frac{\kappa^{\frac{m_{0}}{100} \sigma^{3}}}{4}$. Now from Figure 10 its easy to see that for any $x_{0} \in\left[\left(k_{1}-\frac{1}{2}\right) \varrho_{\sigma} \kappa^{\frac{m_{0}}{2}},\left(k_{1}+\frac{1}{2}\right) \varrho_{\sigma} \kappa^{\frac{m_{0}}{2}}\right]$ we have

$$
\begin{align*}
L^{1}\left(P_{e_{2}^{\frac{1}{2}}}^{-1}\left(x_{0}\right) \cap\{P: P \in \mathbb{D}\}\right) & \geq \frac{1}{2} L^{1}\left(P_{e^{\frac{1}{2}}}^{-1}\left(k_{1} \varrho_{\sigma} \kappa^{\frac{m_{0}}{2}}\right) \cap\{P: P \in \mathbb{D}\}\right) \\
& \geq \frac{\kappa \frac{\kappa_{0}}{100} \sigma^{3}}{8} \tag{163}
\end{align*}
$$

Now by a Fubini type argument using (159) there must exists $x_{1} \in\left[\left(k_{1}-\frac{1}{2}\right) \varrho_{\sigma} \kappa^{\frac{m_{0}}{2}},\left(k_{1}+\frac{1}{2}\right) \varrho_{\sigma} \kappa^{\frac{m_{0}}{2}}\right]$ such that

$$
\begin{equation*}
\int_{P_{e_{2}^{1}}^{-1}\left(x_{1}\right) \cap W} E(z) \mathrm{d} L^{1} z \leq c \kappa^{\frac{m_{0}}{20}} \tag{164}
\end{equation*}
$$

Now we must be able to find $P_{w_{0}}, P_{w_{1}} \in K_{i_{0}} \cup K_{i_{1}} \cup K_{i_{2}} \cup K_{i_{3}}$ with $P_{e_{\frac{1}{2}}}^{-1}\left(x_{1}\right) \cap P_{w_{0}} \neq \emptyset, P_{e_{\frac{1}{2}}}^{-1}\left(x_{1}\right) \cap P_{w_{1}} \neq \emptyset$. Without loss of generality assume $P_{w_{0}} \in K_{i_{0}}$ and $P_{w_{1}} \in K_{i_{3}}$. See Figure 10.

Let $z_{0} \in P_{e_{2}^{\frac{1}{2}}}^{-1}\left(x_{1}\right) \cap P_{w_{0}}$ and $z_{1} \in P_{e_{2}^{1}}^{-1}\left(x_{1}\right) \cap P_{w_{1}}$. We will show

$$
\begin{equation*}
\left|u\left(z_{0}\right)-u\left(z_{1}\right)\right| \leq \sigma^{-1}\left|z_{0}-z_{1}\right|-\left(\sigma^{-1}-1\right) \frac{\kappa^{\frac{m_{0}}{100}} \sigma^{3}}{8}+c \kappa^{\frac{m_{0}}{20}} \tag{165}
\end{equation*}
$$

Proof of Step 1.3.

$$
\begin{align*}
\left|u\left(z_{1}\right)-u\left(z_{0}\right)\right|= & \int_{z_{0}}^{z_{1}} D u(z) \cdot e_{2} \mathrm{~d} L^{1} z \\
\leq & \int_{\left[z_{0}, z_{1}\right] \cap\{P: P \in \mathbb{D}\}}\left|D u(z) \cdot e_{2}\right| \mathrm{d} L^{1} z+\int_{\left[z_{0}, z_{1}\right] \cap\{P: P \in G \backslash \mathbb{D}\}}\left|D u(z) \cdot e_{2}\right| \mathrm{d} L^{1} z \\
& +\int_{\left[z_{0}, z_{1}\right] \cap\{P: P \notin G\}}\left|D u(z) \cdot e_{2}\right| \mathrm{d} L^{1} z . \tag{166}
\end{align*}
$$

We define a function

$$
\Gamma_{1}:\left[z_{0}, z_{1}\right] \cap\{P: P \in \mathbb{D}\} \rightarrow S O(2)
$$

such that $\Gamma_{1}(x) \in S O(2)$ is the unique matrix such that $\mathrm{d}(D u(x), S O(2))=\left|D u(x)-\Gamma_{1}(x)\right|$.
Define

$$
\Gamma_{2}:\left[z_{0}, z_{1}\right] \cap\{P: P \in G \backslash \mathbb{D}\} \rightarrow S O(2) H
$$

such that $\Gamma_{2}(x) \in S O(2) H$ is the unique matrix such that $\mathrm{d}(D u(x), S O(2) H)=\left|D u(x)-\Gamma_{2}(x)\right|$.
So

$$
\begin{align*}
\int_{\left[z_{0}, z_{1}\right] \cap\{P: P \in \mathbb{D}\}}\left|D u(z) \cdot e_{2}\right| \mathrm{d} L^{1} z & \leq \int_{\left[z_{0}, z_{1}\right] \cap\{P: P \in \mathbb{D}\}}\left|\Gamma_{1}(z) \cdot e_{2}\right| \mathrm{d} L^{1} z+\int_{\left[z_{0}, z_{1}\right] \cap\{P: P \in \mathbb{D}\}} E(z) \mathrm{d} L^{1} z \\
& \leq L^{1}\left(\left[z_{0}, z_{1}\right] \cap\{P: P \in \mathbb{D}\}\right)+\int_{\left[z_{0}, z_{1}\right] \cap\{P: P \in \mathbb{D}\}} E(z) \mathrm{d} L^{1} z \tag{167}
\end{align*}
$$

Similarly

$$
\begin{align*}
& \int_{\left[z_{0}, z_{1}\right] \cap\{P: P \in G \backslash \mathbb{D}\}}\left|D u(z) \cdot e_{2}\right| \mathrm{d} L^{1} z \\
& \quad \leq \int_{\left[z_{0}, z_{1}\right] \cap\{P: P \in G \backslash \mathbb{D}\}}\left|\Gamma_{2}(z) \cdot e_{2}\right| \mathrm{d} L^{1} z+\int_{\left[z_{0}, z_{1}\right] \cap\{P: P \in G \backslash \mathbb{D}\}} E(z) \mathrm{d} L^{1} z \\
& \quad \leq\left|H e_{2}\right| L^{1}\left(\left[z_{0}, z_{1}\right] \cap\{P: P \in G \backslash \mathbb{D}\}\right)+\int_{\left[z_{0}, z_{1}\right] \cap\{P: P \in G \backslash \mathbb{D}\}} E(z) \mathrm{d} L^{1} z . \tag{168}
\end{align*}
$$

So using (160), (163), (164), (166), (167), (168) we have

$$
\begin{aligned}
&\left|u\left(z_{0}\right)-u\left(z_{1}\right)\right| \stackrel{(166),(167),(168)}{\leq} L^{1}\left(\left[z_{0}, z_{1}\right] \cap\{P: P \in \mathbb{D}\}\right)+\left|H e_{2}\right| L^{1}\left(\left[z_{0}, z_{1}\right] \cap\{P: P \in G \backslash \mathbb{D}\}\right) \\
&+2 \zeta_{2} L^{1}\left(\left[z_{0}, z_{1}\right] \cap\{P: P \notin G\}\right)+\int_{\left[z_{0}, z_{1}\right] \cap\{P: P \in G\}} E(z) \mathrm{d} L^{1} z \\
&=\left(1-\left|H e_{2}\right|\right) L^{1}\left(\left[z_{0}, z_{1}\right] \cap\{P: P \in \mathbb{D}\}\right)+\left|H e_{2}\right| L^{1}\left(\left[z_{0}, z_{1}\right] \cap\{P: P \in G\}\right) \\
&+\int_{z_{0}}^{z_{1}} E(z) \mathrm{d} L^{1} z+2 \zeta_{2} L^{1}\left(\left[z_{0}, z_{1}\right] \cap\{P: P \notin G\}\right) \\
&\left(\begin{array}{ll}
(160),(163),(164) \\
\leq & \left(1-\sigma^{-1}\right) \frac{\kappa^{\frac{m_{0}}{100}} \sigma^{3}}{8}+\sigma^{-1}\left|z_{0}-z_{1}\right|+c \kappa^{\frac{m_{0}}{20}}
\end{array}\right.
\end{aligned}
$$

Hence we have completed the proof of Step 1.3.
Step 1.4. We will show

$$
\left|\left|u\left(z_{1}\right)-u\left(z_{0}\right)\right|-\left|z_{1}-z_{0}\right| \widetilde{R} H \cdot e_{2}\right| \leq c \kappa^{\frac{m_{0}}{64}} .
$$

Proof of Step 1.4. Now recall $P_{w_{0}}, P_{w_{1}} \in K_{i_{0}} \cup K_{i_{1}} \cup K_{i_{2}} \cup K_{i_{3}}$. Assume without loss of generality $P_{w_{1}} \in K_{i_{0}}$, $P_{w_{0}} \in K_{i_{3}}$, see Figure 10.

Now from (151), (152) we know that

$$
\begin{aligned}
\int_{\widetilde{K_{i}}} \cup \widetilde{K_{i 3}} & |D u(z)-\widetilde{R} H| \mathrm{d} L^{2} z
\end{aligned} \leq c \kappa^{\frac{m_{0}}{64}} \kappa^{m_{0}} \operatorname{Card}\left(K_{i_{2}} \cup K_{i_{3}}\right)+c \kappa^{\frac{m_{0}}{32}} \kappa^{\frac{m_{0}}{2}}
$$

So by a Fubini argument (using the fact that the width of $\widetilde{K_{i_{1}}}$ and $\widetilde{K_{i_{3}}}$ is bigger than $\frac{\sigma^{3} \kappa^{\frac{m_{0}}{2}}}{4}$ ) we must be able to find points $y_{0} \in P_{w_{0}}, y_{1} \in P_{w_{1}}$ such that

$$
\int_{\left(y_{0}+\left\langle H^{-2} n_{2}\right\rangle\right) \cap Q_{1}(0)}|D u(z)-\widetilde{R} H| \mathrm{d} L^{1} z \leq c \kappa^{\frac{m_{0}}{64}}
$$

And

$$
\int_{\left(y_{1}+\left\langle H^{-2} n_{1}\right\rangle\right) \cap Q_{1}(0)}|D u(z)-\widetilde{R} H| \mathrm{d} L^{1} z \leq c \kappa^{\frac{m_{0}}{64}}
$$

Let $\tilde{y}:=\left\{y_{0}+\left\langle H^{-2} n_{2}\right\rangle\right\} \cap\left\{y_{1}+\left\langle H^{-2} n_{1}\right\rangle\right\}$. So

$$
\begin{align*}
& \left\lvert\,\left(\int_{y_{0}}^{\tilde{y}} D u(z) \cdot \frac{H^{-2} n_{2}}{\left|H^{-2} n_{2}\right|} \mathrm{d} L^{1} z+\int_{\tilde{y}}^{y_{1}} D u(z) \cdot \frac{H^{-2} n_{1}}{\left|H^{-2} n_{1}\right|} \mathrm{d} L^{1} z\right)\right. \\
& \left.\quad-\left(\int_{y_{0}}^{\tilde{y}} \widetilde{R} H \cdot \frac{H^{-2} n_{2}}{\left|H^{-2} n_{2}\right|} \mathrm{d} L^{1} z+\int_{\tilde{y}}^{y_{1}} \widetilde{R} H \cdot \frac{H^{-2} n_{1}}{\left|H^{-2} n_{1}\right|} \mathrm{d} L^{1} z\right) \right\rvert\, \\
& \leq \int_{y_{0}}^{\tilde{y}}|D u(z)-\widetilde{R} H| \mathrm{d} L^{1} z+\int_{\tilde{y}}^{y_{1}}|D u(z)-\widetilde{R} H| \mathrm{d} L^{1} z \\
& \leq c \kappa^{\frac{m_{0}}{64}} . \tag{169}
\end{align*}
$$

As

$$
\begin{aligned}
\int_{y_{0}}^{\tilde{y}} \widetilde{R} H \cdot \frac{H^{-2} n_{1}}{\left|H^{-2} n_{1}\right|} \mathrm{d} L^{1} z+\int_{\tilde{y}}^{y_{1}} \widetilde{R} H \cdot \frac{H^{-2} n_{2}}{\left|H^{-2} n_{2}\right|} \mathrm{d} L^{1} z & =\int_{y_{0}}^{y_{1}} \widetilde{R} H \cdot e_{2} \\
& =\left|y_{1}-y_{0}\right| \widetilde{R} H \cdot e_{2}
\end{aligned}
$$

And as

$$
\left(\int_{y_{0}}^{\tilde{y}} D u(z) \cdot \frac{H^{-2} n_{1}}{\left|H^{-2} n_{1}\right|} \mathrm{d} L^{1} z+\int_{\tilde{y}}^{y_{1}} D u(z) \cdot \frac{H^{-2} n_{2}}{\left|H^{-2} n_{2}\right|} \mathrm{d} L^{1} z\right)=u\left(y_{1}\right)-u\left(y_{0}\right) .
$$

So (169) becomes

$$
\begin{equation*}
\left|\left|u\left(y_{1}\right)-u\left(y_{0}\right)\right|-\left|y_{1}-y_{0}\right| \widetilde{R} H \cdot e_{2}\right| \leq c \kappa^{\frac{m_{0}}{64}} \tag{170}
\end{equation*}
$$

By Lipschitzness this implies

$$
\begin{equation*}
\left|\left|u\left(z_{1}\right)-u\left(z_{0}\right)\right|-\left|z_{1}-z_{0}\right| \widetilde{R} H \cdot e_{2}\right| \leq c \kappa^{\frac{m_{0}}{64}} . \tag{171}
\end{equation*}
$$

This completes the proof of Step 1.4.

Proof of Part 1 continued.
So in particular, from (171)

$$
\begin{equation*}
\left|u\left(z_{1}\right)-u\left(z_{0}\right)\right| \geq \sigma^{-1}\left|z_{1}-z_{0}\right|-c \kappa^{\frac{m_{0}}{64}} . \tag{172}
\end{equation*}
$$

Putting this together with (165) we have

$$
\begin{aligned}
\sigma^{-1}\left|z_{1}-z_{0}\right|-c \kappa^{\frac{m_{0}}{64}} \leq & -\left(\sigma^{-1}-1\right) \frac{\kappa^{\frac{m_{0}}{100}} \sigma^{3}}{8} \\
& +\sigma^{-1}\left|z_{0}-z_{1}\right|+c \kappa^{\frac{m_{0}}{20}}
\end{aligned}
$$

This implies

$$
\frac{\left(\sigma^{-1}-1\right)}{8} \kappa^{\frac{m_{0}}{100}} \sigma^{3} \leq c \kappa^{\frac{m_{0}}{64}}+c \kappa^{\frac{m_{0}}{20}}
$$

which is a contradiction for small enough $\kappa$. Hence we have shown Part 1.
Part 2. We will complete the proof of Theorem 2.1.
As we have noted before. $\mathbb{B}$ is made up of a union of $G$-lines in direction $H^{-2} n_{1}$. Denote them $K_{s_{1}}, K_{s_{2}}, \ldots K_{s_{n_{4}}}$ where $n_{4} \geq \frac{\sigma^{3}}{8} \kappa^{-\frac{m_{0}}{2}}$. Formally $\left\{K_{s_{1}}, K_{s_{2}}, \ldots K_{s_{n_{4}}}\right\}:=\left\{K_{i}: \widetilde{K_{i}} \cap W \neq \emptyset\right\}$. Let

$$
\begin{equation*}
W_{1}:=\left\{K_{i}: \operatorname{Card}\left(K_{i} \cap \mathbb{D}\right) \leq \kappa^{\frac{m_{0}}{200}} \kappa^{-\frac{m_{0}}{2}}, K_{i} \cap W \neq \emptyset\right\} \tag{173}
\end{equation*}
$$

Note that from (153) we have

$$
\begin{equation*}
\operatorname{Card}\left(\left\{K_{1}, \ldots K_{n_{4}}\right\} \backslash W_{1}\right) \leq 5 \kappa^{\frac{m_{0}}{200}} \kappa^{-\frac{m_{0}}{2}} \tag{174}
\end{equation*}
$$

Let

$$
\begin{equation*}
W_{2}:=\left\{K_{i} \in W_{1}: \operatorname{Card}\left(K_{i} \backslash G\right) \leq \kappa^{\frac{m_{0}}{16}} \kappa^{-\frac{m_{0}}{2}}\right\} \tag{175}
\end{equation*}
$$

So from (148) we know $\operatorname{Card}\left(W_{1} \backslash W_{2}\right) \kappa^{\frac{m_{0}}{16}} \kappa^{-\frac{m_{0}}{2}} \leq c \kappa^{\frac{m_{0}}{4}} \kappa^{-m_{0}}$ so

$$
\begin{equation*}
\operatorname{Card}\left(W_{1} \backslash W_{2}\right) \leq c \kappa^{\frac{3 m_{0}}{16}} \kappa^{-\frac{m_{0}}{2}} \tag{176}
\end{equation*}
$$

Let $\left\{q_{1}, q_{2}, \ldots q_{n_{5}}\right\} \in \mathbb{N}$ be such that $W_{2}:=\left\{K_{q_{1}}, K_{q_{2}}, \ldots K_{q_{n_{5}}}\right\}$. Note that we of course have $n_{5} \leq \kappa^{-\frac{m_{0}}{2}}$. Note that from (174), (176)

$$
\begin{equation*}
\operatorname{Card}\left(\left\{K_{s_{1}}, K_{s_{2}}, \ldots K_{s_{n_{4}}}\right\} \backslash\left\{K_{q_{1}}, K_{q_{2}}, \ldots K_{q_{n_{5}}}\right\}\right) \leq 6 \kappa^{\frac{m_{0}}{200}} \kappa^{-\frac{m_{0}}{2}} \tag{177}
\end{equation*}
$$

Now for any $G$-line $K_{q_{i}} \in W_{2}$ let $P_{q_{i}}^{(1)}$ be the "first" parallelopiped in $K_{q_{i}} \cap \mathbb{B}$ (i.e. the parallelopiped such that $C\left(P_{q_{i}}^{(1)}\right) \cdot H^{-2} n_{1} \leq C(P) \cdot H^{-2} n_{1}$ for any $\left.P \in K_{q_{i}} \cap \mathbb{B}\right)$. Let $P_{q_{i}}^{(2)}$ be the similarly defined "last" parallelopiped. Note that by (150) we have

$$
\begin{equation*}
\left|C\left(P_{q_{i}}^{(1)}\right)-C\left(P_{q_{i}}^{(2)}\right)\right|>\frac{\sigma^{3}}{4} \tag{178}
\end{equation*}
$$

Let $x_{1}:=C\left(P_{q_{i}}^{(1)}\right)$ and $x_{2}:=C\left(P_{q_{i}}^{(2)}\right)$. By arguing as we did to establish (170) in Part 1 we can show that there exists $R_{2} \in S O(2)$ independent of $i$ such that

$$
\begin{equation*}
\left|\left(u\left(x_{2}\right)-u\left(x_{1}\right)\right)-R_{2} H\left(x_{2}-x_{1}\right)\right| \leq c \kappa^{\frac{m_{0}}{64}} . \tag{179}
\end{equation*}
$$

Let $R_{1} \in S O$ (2) be such that

$$
\begin{equation*}
R_{1}\left(H^{-1} n_{1}\right)=\frac{u\left(x_{2}\right)-u\left(x_{1}\right)}{\left|u\left(x_{2}\right)-u\left(x_{1}\right)\right|} \tag{180}
\end{equation*}
$$

Now

$$
\begin{align*}
\left\|u\left(x_{2}\right)-u\left(x_{1}\right)|-| R_{2} H\left(x_{2}-x_{1}\right)\right\| & \leq\left|\left(u\left(x_{2}\right)-u\left(x_{1}\right)\right)-R_{2} H\left(x_{2}-x_{1}\right)\right| \\
& \leq c \kappa^{\frac{m_{0}}{64}} . \tag{181}
\end{align*}
$$

As $\frac{x_{2}-x_{1}}{\left|x_{2}-x_{1}\right|}=\frac{H^{-2} n_{1}}{\left|H^{-2} n_{1}\right|}$

$$
\begin{align*}
\left|R_{2} H\left(x_{2}-x_{1}\right)\right| & =\left|x_{2}-x_{1}\right|\left|H\left(\frac{H^{-2} n_{1}}{\left|H^{-2} n_{1}\right|}\right)\right| \\
& =\frac{\left|x_{2}-x_{1}\right|}{\left|H^{-2} n_{1}\right|} \tag{182}
\end{align*}
$$

Since from (69) we have $H^{-2} n_{1} \cdot n_{1}=1$ so $\frac{H^{-2} n_{1}}{\left|H^{-2} n_{1}\right|} \cdot n_{1}=\frac{1}{\left|H^{-2} n_{1}\right|}$ so since $\frac{x_{2}-x_{1}}{\left|x_{2}-x_{1}\right|}=\frac{H^{-2} n_{1}}{\left|H^{-2} n_{1}\right|}$ using this on (182) we have

$$
\begin{equation*}
\left|R_{2} H\left(x_{2}-x_{1}\right)\right|=\left|x_{2}-x_{1}\right| \frac{H^{-2} n_{1}}{\left|H^{-2} n_{1}\right|} \cdot n_{1}=\left|\left(x_{2}-x_{1}\right) \cdot n_{1}\right| \tag{183}
\end{equation*}
$$

Applying this to (181) gives

$$
\begin{equation*}
\| u\left(x_{2}\right)-u\left(x_{1}\right)\left|-\left|\left(x_{2}-x_{1}\right) \cdot n_{1}\right|\right|<c \kappa^{\frac{m_{0}}{64}} \tag{184}
\end{equation*}
$$

Using inequalities (179), (180) and the fact that $\frac{x_{2}-x_{1}}{\left|x_{2}-x_{1}\right|}=\frac{H^{-2} n_{1}}{\left|H^{-2} n_{1}\right|}$

$$
\begin{align*}
& \left|\left|u\left(x_{2}\right)-u\left(x_{1}\right)\right| R_{1}\left(H^{-1} n_{1}\right)-\left|x_{1}-x_{2}\right| R_{2}\left(\frac{H^{-1} n_{1}}{\left|H^{-2} n_{1}\right|}\right)\right| \\
& \quad \stackrel{(180)}{=}\left|\left(u\left(x_{2}\right)-u\left(x_{1}\right)\right)-R_{2} H\left(x_{2}-x_{1}\right)\right| \\
& \quad \stackrel{(179)}{\leq} c \kappa^{\frac{m_{0}}{64}} . \tag{185}
\end{align*}
$$

And as we have see $\left|H^{-2} n_{1}\right|^{-1}=\frac{H^{-2} n_{1}}{\left|H^{-2} n_{1}\right|} \cdot n_{1}$ so $\frac{\left|x_{1}-x_{2}\right|}{\left|H^{-2} n_{1}\right|}=\left|\left(x_{2}-x_{1}\right) \cdot n_{1}\right|$ and so using this in (184) and inserting it into (185) we have

$$
\begin{equation*}
\left|\left|x_{2}-x_{1}\right| R_{1}\left(\frac{H^{-1} n_{1}}{\left|H^{-1} n_{1}\right|}\right)-\left|x_{2}-x_{1}\right| R_{2}\left(\frac{H^{-1} n_{1}}{\left|H^{-1} n_{1}\right|}\right)\right|<c \kappa^{\frac{m_{0}}{64}} \tag{186}
\end{equation*}
$$

from (178) we know $\left|x_{1}-x_{2}\right|>\frac{\sigma^{3}}{4}$ and so (186) implies

$$
\begin{equation*}
\left|R_{1}-R_{2}\right|<c \kappa^{\frac{m_{0}}{64}} \tag{187}
\end{equation*}
$$

By definition of $W_{1}$ and $W_{2}$ (173) and (175) we know

$$
\begin{align*}
\operatorname{Card}\left(K_{q_{i}} \backslash(G \backslash \mathbb{D})\right) & \leq \kappa^{\frac{m_{0}}{16}} \kappa^{-\frac{m_{0}}{2}}+\kappa^{\frac{m_{0}}{200}} \kappa^{-\frac{m_{0}}{2}} \\
& \leq 2 \kappa^{\frac{m_{0}}{200}} \kappa^{-\frac{m_{0}}{2}} . \tag{188}
\end{align*}
$$

So setting $p_{0}=\frac{m_{0}}{200}, q_{0}=\frac{m_{0}}{128}$ we see (188) and (178), (179), (187) gives us the necessary conditions to apply Lemma 7.4. So by Lemma 7.4 we have the existence of a set $M_{i} \subset K_{q_{i}} \cap(G \backslash \mathbb{D})$ such that

$$
\begin{equation*}
\operatorname{Card}\left(K_{q_{i}} \backslash M_{i}\right) \leq c \kappa^{\frac{m_{0}}{400}} \kappa^{-\frac{m_{0}}{2}} \tag{189}
\end{equation*}
$$

and every $P \in M_{i}$ has the property

$$
\begin{equation*}
\int_{P}\left|D u(z)-R_{2} H\right| \mathrm{d} L^{2} z \leq c \kappa^{\frac{m_{0}}{800}} \kappa^{m_{0}} \tag{190}
\end{equation*}
$$

Recall (see (179)) $R_{2}$ is independent of $i$. Let

$$
\Pi=\mathbb{B} \backslash \bigcup_{i=1}^{n_{5}} M_{i}
$$

So by (177) and (189) we have

$$
\begin{align*}
& \operatorname{Card}(\Pi) \quad \leq \kappa^{-\frac{m_{0}}{2}} \operatorname{Card}\left(\left\{K_{s_{1}}, K_{s_{2}}, \ldots K_{s_{n_{4}}}\right\} \backslash\left\{K_{q_{1}}, K_{q_{2}}, \ldots K_{q_{n_{5}}}\right\}\right)+\sum_{k=1}^{n_{5}} \operatorname{Card}\left(K_{q_{k}} \backslash M_{q_{k}}\right) \\
& \quad \begin{array}{l}
(177),(189) \\
\quad \leq 6 \kappa^{\frac{m_{0}}{200}} \kappa^{-m_{0}}+c \kappa^{\frac{m_{0}}{400}} \kappa^{-m_{0}} \\
\quad \leq \kappa^{\frac{m_{0}}{400}} \kappa^{-m_{0}}
\end{array}
\end{align*}
$$

And note any $P \in \mathbb{B} \backslash \Pi$ satisfies inequality (190) and so using (191) we have

$$
\begin{aligned}
\int_{W}\left|D u(z)-R_{2} H\right| \mathrm{d} L^{2} z & \leq 20 \zeta_{2} \kappa^{\frac{m_{0}}{2}}+\sum_{P \in \mathbb{B}} \int_{P}\left|D u(z)-R_{2} H\right| \mathrm{d} L^{2} \\
& \stackrel{(191)}{\leq} 20 \zeta_{2} \kappa^{\frac{m_{0}}{2}}+\operatorname{Card}(\mathbb{B} \backslash \Pi) c \kappa^{\frac{m_{0}}{800}} \kappa^{m_{0}}+c \kappa^{\frac{m_{0}}{400}} \\
& \leq c \kappa^{\frac{m_{0}}{800}}
\end{aligned}
$$

This completes the proof of the theorem.

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[^1]:    ${ }^{1}$ Thanks to Sergio Conti for pointing this out.
    2 Though this discrete problem remains very much open.

[^2]:    ${ }^{3}$ Note that the fact we only have an $L^{1}$ bound on $D^{2} u$ is important, for $L^{q}$ bounds on $D^{2} u$ a much stronger result is possible, see [14]. Also note that for a finite $L^{2}$ bound on $D^{2} u$ the result can easily be deduced from Lemma 4 of [4].

[^3]:    ${ }^{4}$ I would like to thank Laszlo Szekelyhidi for the following argument.

[^4]:    ${ }^{5}$ Identifying $2 \times 2$ matrices with 4 vectors in the obvious way, its enough to notice that the projection of

    $$
    \left\{\left(\begin{array}{l}
    \sigma \sin \alpha \\
    \sigma^{-1} \cos \alpha \\
    \sigma^{-1} \sin \alpha \\
    -\sigma \cos \alpha
    \end{array}\right): \alpha \in[0,2 \pi)\right\} \text { onto the subspace } \operatorname{span}\left\{\left(\begin{array}{l}
    1 \\
    0 \\
    1 \\
    0
    \end{array}\right),\left(\begin{array}{l}
    0 \\
    1 \\
    0 \\
    -1
    \end{array}\right)\right\}
    $$

