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# Elementary proof of logarithmic Sobolev inequalities for Gaussian convolutions on $\mathbb{R}$ 

David Zimmermann


#### Abstract

In a 2013 paper, the author showed that the convolution of a compactly supported measure on the real line with a Gaussian measure satisfies a logarithmic Sobolev inequality (LSI). In a 2014 paper, the author gave bounds for the optimal constants in these LSIs. In this paper, we give a simpler, elementary proof of this result.


Une preuve élémentaire des inégalités de Sobolev logarithmiques pour des convolutions gaussiennes sur $\mathbb{R}$

## Résumé

Dans un article de 2013, l'auteur a montré que la convolution d'une mesure à support compact sur la droite réelle avec une mesure gaussienne satisfait une inégalité de Sobolev logarithmique. Dans un article de 2014, l'auteur a donné des bornes pour les constantes optimales dans ces inégalités de Sobolev logarithmiques. Dans cet article, nous donnons une preuve élémentaire simple de ce résultat.

## 1. Introduction

A probability measure $\mu$ on $\mathbb{R}^{n}$ is said to satisfy a logarithmic Sobolev inequality (LSI) with constant $c \in \mathbb{R}$ if

$$
\operatorname{Ent}_{\mu}\left(f^{2}\right) \leq c \mathscr{E}(f, f)
$$

for all locally Lipschitz functions $f: \mathbb{R}^{n} \rightarrow \mathbb{R}_{+}$, where Ent $_{\mu}$, called the entropy functional, is defined as

$$
\operatorname{Ent}_{\mu}(f):=\int f \log \frac{f}{\int f d \mu} d \mu
$$

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and $\mathscr{E}(f, f)$, the energy of $f$, is defined as

$$
\mathscr{E}(f, f):=\int|\nabla f|^{2} d \mu
$$

with $|\nabla f|$ defined as

$$
|\nabla f|(x):=\limsup _{y \rightarrow x} \frac{|f(x)-f(y)|}{|x-y|}
$$

so that $|\nabla f|$ is defined everywhere and coincides with the usual notion of gradient where $f$ is differentiable. The smallest $c$ for which a LSI with constant $c$ holds is called the optimal log-Sobolev constant for $\mu$.

LSIs are a useful tool that have been applied in various areas of mathematics, such as geometry $[1,2,5,8,9,10,14]$, probability $[6,11,12,13,16]$, optimal transport [15, 17], and statistical physics [19, 20, 21]. In [23], the present author showed that the convolution of a compactly supported measure on $\mathbb{R}$ with a Gaussian measure satisfies a LSI, and an application of this fact to random matrix theory was given; that result, however, did not provide any quantitative information about the optimal log-Sobolev constants. In [22, Thms. 2 and 3], bounds for the optimal constants in these LSIs were given (stated as Theorem 1.1 below), and the results were extended to $\mathbb{R}^{n}$. (See [18] for statements about LSIs for convolutions with more general measures).
Theorem 1.1. Let $\mu$ be a probability measure on $\mathbb{R}$ whose support is contained in an interval of length $2 R$, and let $\gamma_{\delta}$ be the centered Gaussian of variance $\delta>0$, i.e., $d \gamma_{\delta}(t)=(2 \pi \delta)^{-1 / 2} \exp \left(-\frac{t^{2}}{2 \delta}\right) d t$. Then for some absolute constants $K_{i}$, the optimal log-Sobolev constant $c(\delta)$ for $\mu * \gamma_{\delta}$ satisfies

$$
c(\delta) \leq K_{1} \frac{\delta^{3 / 2} R}{4 R^{2}+\delta} \exp \left(\frac{2 R^{2}}{\delta}\right)+K_{2}(\sqrt{\delta}+2 R)^{2}
$$

In particular, if $\delta \leq R^{2}$, then

$$
c(\delta) \leq K_{3} \frac{\delta^{3 / 2}}{R} \exp \left(\frac{2 R^{2}}{\delta}\right)
$$

The $K_{i}$ can be taken in the above inequalities to be $K_{1}=6905, K_{2}=$ $4989, K_{3}=7803$.

Theorem 1.1 was proved in [22] using the following theorem due to Bobkov and Götze [4, p. 25, Thm 5.3]:

Theorem 1.2 (Bobkov, Götze). Let $\mu$ be a Borel probability measure on $\mathbb{R}$ with distribution function $F(x)=\mu((-\infty, x])$. Let $p$ be the density of the absolutely continuous part of $\mu$ with respect to Lebesgue measure, and let $m$ be a median of $\mu$. Let

$$
\begin{aligned}
D_{0} & =\sup _{x<m}\left(F(x) \cdot \log \frac{1}{F(x)} \cdot \int_{x}^{m} \frac{1}{p(t)} d t\right) \\
D_{1} & =\sup _{x>m}\left((1-F(x)) \cdot \log \frac{1}{1-F(x)} \cdot \int_{m}^{x} \frac{1}{p(t)} d t\right)
\end{aligned}
$$

defining $D_{0}$ and $D_{1}$ to be zero if $\mu((-\infty, m))=0$ or $\mu((m, \infty))=0$, respectively, and using the convention $0 \cdot \infty=0$. Then the optimal log Sobolev constant $c$ for $\mu$ satisfies $\frac{1}{150}\left(D_{0}+D_{1}\right) \leq c \leq 468\left(D_{0}+D_{1}\right)$.

Remark 1.3. In $\mathbb{R}^{n}$, the analogue of Theorem 1.1 holds for measures supported in a ball of radius $R$, with optimal log-Sobolev constant $c(\delta)$ bounded by

$$
c(\delta) \leq K R^{2} \exp \left(20 n+\frac{5 R^{2}}{\delta}\right)
$$

for some absolute constant $K$ and for $\delta \leq R^{2}$. This was proved in [22] using a theorem due to Cattiaux, Guillin, and Wu [7, Thm. 1.2] that gives satisfaction of a LSI under a Lyapunov condition.

The goal of the present paper is to provide an elementary proof of Theorem 1.1. The result proved is the following:

Theorem 1.4. Let $\mu$ be a probability measure on $\mathbb{R}$ whose support is contained in an interval of length $2 R$, and let $\gamma_{\delta}$ be the centered Gaussian of variance $\delta>0$, i.e., $d \gamma_{\delta}(t)=(2 \pi \delta)^{-1 / 2} \exp \left(-\frac{t^{2}}{2 \delta}\right) d t$. Then the optimal log-Sobolev constant $c(\delta)$ for $\mu * \gamma_{\delta}$ satisfies

$$
c(\delta) \leq \max \left(2 \delta \exp \left(\frac{4 R^{2}}{\delta}+\frac{4 R}{\sqrt{\delta}}+\frac{1}{4}\right), 2 \delta \exp \left(\frac{12 R^{2}}{\delta}\right)\right)
$$

In particular, if $\delta \leq 3 R^{2}$, we have

$$
c(\delta) \leq 2 \delta \exp \left(\frac{12 R^{2}}{\delta}\right)
$$

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Remark 1.5. The bound in Theorem 1.4 is worse than the bound in Theorem 1.1 for small $\delta$, but still has an order of magnitude that is exponential in $R^{2} / \delta$. (It is shown in [22, Example 21] that one cannot do better than exponential in $R^{2} / \delta$ for small $\delta$.)

Remark 1.6. In fact, the proof of Theorem 1.4 yields a slightly stronger result. The proof is based upon showing that the convolution of the compactly supported measure with the Gaussian is the push-forward of the Gaussian under a Lipschitz map. This fact, together with the Gaussian isoperimetric inequality, yields the isoperimetric inequality for the convolution measure, which implies the logarithmic Sobolev inequality; see [3], in which Bakry and Ledoux show that a probability measure on $\mathbb{R}$ satisfies this isoperimetric inequality if and only if the measure is a Lipshitz push-forward of the Gaussian.)

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## 2. Proof of Theorem 1.4

The proof of Theorem 1.4 is based on two facts: first, the Gaussian measure $\gamma_{1}$ of unit variance satisfies a LSI with constant 2. Second, Lipshitz functions preserve LSIs. We give a precise statement of this second fact below.

Proposition 2.1. Let $\mu$ be a measure on $\mathbb{R}$ that satisfies a LSI with constant $c$, and let $T: \mathbb{R}^{n} \rightarrow \mathbb{R}^{n}$ be Lipschitz. Then the push-forward measure $T_{*} \mu$ also satisfies a LSI with constant $c\|T\|_{\text {Lip }}^{2}$.

Proof. Let $g: \mathbb{R}^{n} \rightarrow \mathbb{R}$ be locally Lipschitz. Then $g \circ T$ is locally Lipschitz, so by the LSI for $\mu$,

$$
\begin{equation*}
\int(g \circ T)^{2} \log \frac{(g \circ T)^{2}}{\int(g \circ T)^{2} d \mu} d \mu \leq c \int|\nabla(g \circ T)|^{2} d \mu . \tag{2.1}
\end{equation*}
$$

But since $T$ is Lipschitz,

$$
|\nabla(g \circ T)| \leq(|\nabla g| \circ T)\|T\|_{\text {Lip }} .
$$

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So by a change of variables, (2.1) simply becomes

$$
\int g^{2} \log \frac{g^{2}}{\int g^{2} d T_{*} \mu} d T_{*} \mu \leq c\|T\|_{\operatorname{Lip}}^{2} \int|\nabla g|^{2} d T_{*} \mu
$$

as desired.
We now prove Theorem 1.4.
Proof of Theorem 1.4. In light of Proposition 2.1, we will establish the theorem by showing that $\mu * \gamma_{\delta}$ is the push-forward of $\gamma_{1}$ under a Lipschitz map. By translation invariance of LSI, we can assume that $\operatorname{supp}(\mu) \subseteq$ $[-R, R]$. We will also first assume that $\delta=1$ (the general case will be handled at the end of the proof by a scaling argument).

Let $F$ and $G$ be the cumulative distribution functions of $\gamma_{1}$ and $\mu * \gamma_{1}$, i.e.,

$$
F(x)=\int_{-\infty}^{x} p(t) d t, \quad G(x)=\int_{-\infty}^{x} q(t) d t
$$

where

$$
p(t)=\frac{1}{\sqrt{2 \pi}} \exp \left(-\frac{t^{2}}{2}\right) \quad \text { and } \quad q(t)=\int_{-R}^{R} p(t-s) d \mu(s)
$$

Notice that $q$ is smooth and strictly positive, so that $G^{-1} \circ F$ is welldefined and smooth. It is readily seen that $\left(G^{-1} \circ F\right)_{*}\left(\gamma_{1}\right)=\mu * \gamma_{1}$, so to establish the theorem we simply need to bound the derivative of $G^{-1} \circ F$.

Now

$$
\left(G^{-1} \circ F\right)^{\prime}(x)=\frac{1}{G^{\prime}\left(\left(G^{-1} \circ F\right)(x)\right)} \cdot F^{\prime}(x)=\frac{p(x)}{q\left(\left(G^{-1} \circ F\right)(x)\right)}
$$

We will bound the above derivative in cases - when $x \geq 2 R$, when $-2 R \leq x \leq 2 R$, and when $x \leq-2 R$.

We first consider the case $x \geq 2 R$. Define

$$
\Lambda(x)=\int_{-R}^{R} e^{x s} d \mu(s), \quad K(x)=\frac{\log \Lambda(x)+R}{x}
$$

Note $\Lambda$ and $K$ are smooth for $x \neq 0$.
Lemma 2.2. For $x \geq 2 R$,

$$
\exp \left(-2 R^{2}-2 R-\frac{1}{8}\right) p(x) \leq q(x+K(x)) \leq e^{-R} p(x)
$$

Proof. By definition of $q, p, \Lambda$, and $K$,

$$
\begin{aligned}
q(x+K(x)) & =\int_{-R}^{R} p(x+K(x)-s) d \mu(s) \\
& =p(x) \cdot e^{-x K(x)} \int_{-R}^{R} \exp \left(-\frac{(K(x)-s)^{2}}{2}\right) \cdot e^{x s} d \mu(s) \\
& =\frac{e^{-R} p(x)}{\Lambda(x)} \int_{-R}^{R} \exp \left(-\frac{(K(x)-s)^{2}}{2}\right) \cdot e^{x s} d \mu(s) \\
& \leq \frac{e^{-R} p(x)}{\Lambda(x)} \int_{-R}^{R} e^{x s} d \mu(s) \\
& =e^{-R} p(x)
\end{aligned}
$$

To get the other inequality, first note that $e^{-R x} \leq \Lambda(x) \leq e^{R x}$. (These are just the maximum and minimum values in the integrand defining $\Lambda$.) This implies that $-R+R / x \leq K(x) \leq R+R / x$, so for $-R \leq s \leq R$ and $x \geq 2 R$, we have

$$
-2 R-\frac{R}{x} \leq-2 R+\frac{R}{x} \leq K(x)-s \leq 2 R+\frac{R}{x}
$$

so that

$$
\begin{aligned}
\exp \left(-\frac{(K(x)-s)^{2}}{2}\right) & \geq \exp \left(-\frac{(2 R+R / x)^{2}}{2}\right) \\
& \geq \exp \left(-\frac{(2 R+R /(2 R))^{2}}{2}\right) \\
& =\exp \left(-2 R^{2}-R-\frac{1}{8}\right)
\end{aligned}
$$

Therefore

$$
\begin{aligned}
q(x+K(x)) & =\frac{e^{-R} p(x)}{\Lambda(x)} \int_{-R}^{R} \exp \left(-\frac{(K(x)-s)^{2}}{2}\right) \cdot e^{x s} d \mu(s) \\
& \geq \exp \left(-2 R^{2}-2 R-\frac{1}{8}\right) p(x)
\end{aligned}
$$

Lemma 2.3. $K^{\prime}(x) \leq R$ for $x>0$.

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Proof. Recall that $e^{-R x} \leq \Lambda(x)$. (Again, $e^{-R x}$ is the minimum value in the integrand defining $\Lambda$ ). We therefore have

$$
\begin{aligned}
K^{\prime}(x)=\frac{\Lambda^{\prime}(x)}{x \Lambda(x)}-\frac{\log \Lambda(x)}{x^{2}}-\frac{R}{x^{2}} & =\frac{\int_{-R}^{R} s e^{s x} d \mu(s)}{x \Lambda(x)}-\frac{\log \Lambda(x)}{x^{2}}-\frac{R}{x^{2}} \\
& \leq \frac{R \int_{-R}^{R} e^{s x} d \mu(s)}{x \Lambda(x)}+\frac{R x}{x^{2}}-\frac{R}{x^{2}} \\
& =\frac{2 R}{x}-\frac{R}{x^{2}}
\end{aligned}
$$

By elementary calculus, the above has a maximum value of $R$.
Lemma 2.4. For $x \geq 2 R$,

$$
x-R \leq\left(G^{-1} \circ F\right)(x) \leq x+K(x)
$$

Proof. Since $G$ and $G^{-1}$ are increasing, the lemma is equivalent to

$$
G(x-R) \leq F(x) \leq G(x+K(x))
$$

The first inequality follows from the definition of $G$ and the Fubini-Tonelli Theorem:

$$
\begin{aligned}
G(x-R)=\int_{-\infty}^{x-R} q(t) d t= & \int_{-\infty}^{x-R} \int_{-R}^{R} p(t-s) d \mu(s) d t \\
= & \int_{-R}^{R} \int_{-\infty}^{x-R} p(t-s) d t d \mu(s) \\
= & \int_{-R}^{R} \int_{-\infty}^{x-R-s} p(u) d u d \mu(s) \\
& \text { where } u=t-s \\
\leq & \int_{-R}^{R} \int_{-\infty}^{x} p(u) d t d \mu(s) \\
= & F(x) .
\end{aligned}
$$

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To establish the other inequality, we use Lemmas 2.2 and 2.3:

$$
\begin{aligned}
1-G(x+K(x))=\int_{x+K(x)}^{\infty} q(t) d t= & \int_{x}^{\infty} q(u+K(u))\left(1+K^{\prime}(u)\right) d u \\
& \text { where } t=u+K(u) \\
\leq & \int_{x}^{\infty} p(u) e^{-R}(1+R) d u
\end{aligned}
$$

$$
\text { by Lemmas } 2.2 \text { and } 2.3
$$

$$
\leq \int_{x}^{\infty} p(u) d u
$$

$$
\text { since } e^{R} \geq 1+R
$$

$$
=1-F(x),
$$

so that $F(x) \leq G(x+K(x))$, as desired.

We are almost ready to bound $\left(G^{-1} \circ F\right)^{\prime}(x)$ for $x \geq 2 R$. The last observation to make is that $q$ is decreasing on $[R, \infty)$ since

$$
q^{\prime}(t)=\int_{-R}^{R} p^{\prime}(t-s) d \mu(s)=\int_{-R}^{R}-(t-s) p(t-s) d \mu(s) \leq 0 \quad \text { for } t \geq R
$$

So for $x \geq 2 R$ we have, by Lemma 2.4,

$$
q\left(\left(G^{-1} \circ F\right)(x)\right) \geq q(x+K(x))
$$

Combining this with Lemma 2.2, we get

$$
\left(G^{-1} \circ F\right)^{\prime}(x)=\frac{p(x)}{q\left(\left(G^{-1} \circ F\right)(x)\right)} \leq \frac{p(x)}{q(x+K(x))} \leq \exp \left(2 R^{2}+2 R+\frac{1}{8}\right)
$$

for $x \geq 2 R$.
In the case where $-2 R \leq x \leq 2 R$, first note that for all $x$,

$$
x-R \leq\left(G^{-1} \circ F\right)(x) \leq x+R
$$

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the first inequality above was done in Lemma 2.4 , and the second inequality is proven in the same way. So

$$
\begin{aligned}
\sup _{-2 R \leq x \leq 2 R}\left(G^{-1} \circ F\right)^{\prime}(x) & =\sup _{-2 R \leq x \leq 2 R} \frac{p(x)}{q\left(\left(G^{-1} \circ F\right)(x)\right)} \\
& \leq \sup _{\substack{-2 R \leq x \leq 2 R \\
-R \leq y \leq R}} \frac{p(x)}{q(x+y)} \\
& =\left(\inf _{\substack{-2 R \leq x \leq 2 R \\
-R \leq y \leq R}} \frac{q(x+y)}{p(x)}\right)^{-1} .
\end{aligned}
$$

For convenience, let $S=\{(x, y):-2 R \leq x \leq 2 R,-R \leq y \leq R\}$. Now

$$
\inf _{(x, y) \in S} \frac{q(x+y)}{p(x)}=\inf _{(x, y) \in S} \frac{1}{p(x)} \int_{-R}^{R} p(x+y-s) d \mu(s)
$$

Since $p$ has no local minima, the minimum value of the above integrand occurs at either $s=R$ or $s=-R$. Without loss of generality, we assume the minimum is achieved at $s=R$ (otherwise, we can replace $(x, y)$ with $(-x,-y)$ by symmetry of $S$ and $p$ ). So

$$
\inf _{(x, y) \in S} \frac{q(x+y)}{p(x)} \geq \inf _{(x, y) \in S} \frac{1}{p(x)} \cdot p(x+y+R)
$$

Elementary calculus shows that the above infimum is equal to $e^{-6 R^{2}}$ (achieved at $x=2 R, y=R$ ). Therefore

$$
\sup _{-2 R \leq x \leq 2 R}\left(G^{-1} \circ F\right)^{\prime}(x) \leq\left(\inf _{(x, y) \in S} \frac{q(x+y)}{p(x)}\right)^{-1} \leq e^{6 R^{2}}
$$

The case $x \leq-2 R$ is dealt with in the same way as the case $x \geq 2 R$, the analagous statements being:

$$
\begin{gathered}
\exp \left(-2 R^{2}-2 R-\frac{1}{8}\right) p(x) \leq q(x+K(x)) \leq e^{-R} p(x) \\
K^{\prime}(x) \leq R \\
x+K(x) \leq\left(G^{-1} \circ F\right)(x) \leq x+R
\end{gathered}
$$

and $q$ is increasing for $x \leq-2 R$. The upper bound for $\left(G^{-1} \circ F\right)^{\prime}(x)$ obtained in this case is the same as the one in the case $x \geq 2 R$.

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We therefore have

$$
\left\|G^{-1} \circ F\right\|_{\operatorname{Lip}} \leq \max \left(\exp \left(2 R^{2}+2 R+\frac{1}{8}\right), e^{6 R^{2}}\right)
$$

So by Proposition $2.1, \mu * \gamma_{1}$ satisfies a LSI with constant $c(1)$ satisfying

$$
c(1) \leq 2\left\|G^{-1} \circ F\right\|_{\text {Lip }}^{2} \leq \max \left(2 \exp \left(4 R^{2}+4 R+\frac{1}{4}\right), 2 e^{12 R^{2}}\right)
$$

This proves the theorem for the case $\delta=1$.
To establish the theorem for a general $\delta>0$, first observe that

$$
\mu * \gamma_{\delta}=\left(h_{\sqrt{\delta}}\right)_{*}\left(\left(\left(h_{1 / \sqrt{\delta}}\right)_{*} \mu\right) * \gamma_{1}\right)
$$

where $h_{\lambda}$ denotes the scaling map with factor $\lambda$, i.e., $h_{\lambda}(x)=\lambda x$. Now $\left(h_{1 / \sqrt{\delta}}\right)_{*} \mu$ is supported in $[-R / \sqrt{\delta}, R / \sqrt{\delta}]$, so by the case $\delta=1$ just proven, $\left(\left(h_{1 / \sqrt{\delta}}\right)_{*} \mu\right) * \gamma_{1}$ satisfies a LSI with constant

$$
\max \left(2 \exp \left(4(R / \sqrt{\delta})^{2}+4(R / \sqrt{\delta})+\frac{1}{4}\right), 2 e^{12(R / \sqrt{\delta})^{2}}\right)
$$

Finally, since $\left\|h_{\sqrt{\delta}}\right\|_{\text {Lip }}^{2}=\delta$, we have by Proposition 2.1,

$$
c(\delta) \leq \max \left(2 \delta \exp \left(\frac{4 R^{2}}{\delta}+\frac{4 R}{\sqrt{\delta}}+\frac{1}{4}\right), 2 \delta \exp \left(\frac{12 R^{2}}{\delta}\right)\right)
$$

In particular, when $\delta \leq 3 R^{2}$ (in fact when $\delta \leq(160-64 \sqrt{6}) R^{2} \approx$ $3.23 R^{2}$ ), we have

$$
2 \delta \exp \left(\frac{4 R^{2}}{\delta}+\frac{4 R}{\sqrt{\delta}}+\frac{1}{4}\right) \leq 2 \delta \exp \left(\frac{12 R^{2}}{\delta}\right)
$$

so the above bound on $c(\delta)$ simplifies to

$$
c(\delta) \leq 2 \delta \exp \left(\frac{12 R^{2}}{\delta}\right)
$$

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