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S E M I N A I R E<br>D'A N A L Y S E F O N C T I O N N E L L E 1979-1980

## VOLUME ESTIMATES AND NEARLY EUCLIDEAN <br> DECOMPOSITIONS FOR NORMED SPACES

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The purpose of this talk is to present a new isomorphic invariant of a finite dimensional normed space, so called "volume ratio" (introduced in $\lfloor 8\rfloor$ ). We set

$$
\operatorname{vr}(E)=\left(\frac{\operatorname{vol} B_{E}}{\operatorname{vol} \varepsilon}\right)^{1 / n}
$$

where $B_{E}$ is the unit ball of an n-dimensional real normed space $E$, $\mathcal{E}$-the ellipsoid of maximal volume contained in $B_{E}$ (so called 'John's ellipsoid of $E$ ) and vol $A$ stands for volume of a set $A$.
It follows directly from the definition that

$$
\begin{equation*}
\operatorname{vr}(E) \leq \operatorname{vr}(E) d(E, F) \tag{1}
\end{equation*}
$$

where $E$ and $F$ are normed spaces of the same dimension, $d$-the Banach-Mazur distance.

To explain the motivation for introducing such an invariant let us mention the following :

Theorem 1 (Kashin [6]): There is a universal constant $C$ such that, given $n$, there exist two n-dimensional subspaces $E_{1}, E_{2}$ of $L_{2 n}^{1}$, orthogonal (in $\ell_{2 n}^{2}$ ) satisfying

$$
\mathrm{d}\left(\mathrm{E}_{\mathrm{i}}, \ell_{\mathrm{n}}^{2}\right) \leq \mathrm{C} \text { for } \mathrm{i}=1,2
$$

Theorem 1 solved some problems from the approximation theory and was used later (see [3]) to construct an n-dimensional space, whose constant of local unconditional structure is of order $\sqrt{n}$ (the largest possible). However, Kashin's original proof was very complicated. A simple proof of Th. 1 appeared in [7]. It depends essentially on the following two observations.
[Proposition $2: \quad \operatorname{vr}\left(\ell_{n}^{1}\right) \leq \sqrt{2 \mathrm{e} / \pi}$ for $n=1,2, \ldots$
Proposition 3 : Let $C$ and $\theta<1$ be positive constants. Then, for any normed space $E$ with $\operatorname{vr}(E)<C$ and positive integer $k \leq \theta$ dime, "most of" $k$-dimensional subspaces $F$ of $E$ satisfy

$$
\begin{equation*}
\mathrm{d}\left(\mathrm{~F}, \ell_{\mathbf{k}}^{2}\right) \leq \mathrm{C}^{\prime} \tag{2}
\end{equation*}
$$

where $C^{\prime}$ depends only on $C$ and $\theta$. More precisely: if $G=G(k, n)$ is the Grassmann manifold of $k$-dimensional subspaces of $E, \mu$-a normalized invariant measure on $G$, generated by the John's ellipsoid. Then

$$
\mu(\{F \in G: F \text { satisfies }(2)\})>\frac{1}{2}
$$

Deducing Th. 1 from Prop. 2 and Prop. 3 is immediate, one must only remember that the map $F \mapsto F^{\perp}$ (the orthogonal complement of $F$ ), acting on $G(n, 2 n)$, is measure-preserving.

Proof of Prop. 2 : By direct computation.

Proof of Prop. 3 : Let $E=\left(R^{n},\|\cdot\|\right)$. We may assume that the John's ellipsoid of $E$ is equal to the Euclidean unit ball $B^{n}=\left\{\|x\|_{2} \leq 1\right\}$. Denote by $m$ the normalized Haar measure on $S^{n-1}$. Then

$$
\begin{equation*}
C^{n}>\operatorname{vr}(E)^{n}=\int_{S^{n-1}}\|x\|^{-n} m(d x) \tag{4}
\end{equation*}
$$

(one gets the equality by representing vol $A$ as $\int_{R^{n}} X_{A}$ and passing to polar coordinates).

Given $r \in(0,1)$ define $A_{r}=\left\{x \in S^{n-1}:\|x\|<r\right\}$. Then one gets from (4) that

$$
m\left(A_{r}\right)<(C r)^{n}
$$

On the other hand, we have

$$
\begin{aligned}
m\left(A_{r}\right)=\int_{S^{n-1}} X_{A_{r}} d m & =\int_{G} \mu(d F) \int_{S_{F}} X_{A_{r} \cap F} d m_{F}= \\
& =\int_{G} m_{F}\left(A_{r} \cap F\right) \mu(d F)
\end{aligned}
$$

where $m_{F}$ is the normalized Haar measure on $S_{F}=F \cap S^{n-1}$. The last two formulae show that

$$
\mu\left(\left\{F \in G: m_{F}\left(A_{r} \cap F\right)<2(C r)^{n}\right\}\right)>\frac{1}{2} ;
$$

in other words, for "most of" $F \in G$ we have

$$
\mathrm{m}_{\mathrm{F}}\left(\left\{\mathrm{x} \in \mathrm{~S}_{\mathrm{F}}:\|\mathrm{x}\|<\mathrm{r}\right\}\right)<2(\mathrm{Cr})^{\mathrm{n}} \leq(2 \mathrm{Cr})^{\mathrm{n}}
$$

We show that every such Fis "close" to $\ell_{k}^{2}$ in the Banach-Mazur sense, thus proving Prop. 3.

Indeed, since, for given $\mathrm{x}_{\mathrm{o}} \in \mathrm{S}_{\mathrm{F}}$ and $\delta \leq \frac{1}{2}$,

$$
\mathrm{m}_{\mathrm{F}}\left(\left\{\mathrm{x} \in \mathrm{~S}_{\mathrm{F}}:\left\|\mathrm{x}-\mathrm{x}_{\mathrm{o}}\right\|_{2} \leq \delta\right\}\right) \geq\left(\frac{\delta}{4}\right)^{\mathrm{k}},
$$

the previous estimate shows (remember that $k \leq \theta n$ ) that $S_{F} \backslash A_{r}$ is an $r / 2-$ net (in $\ell_{n}^{2}$ metric) for $S_{F}$, provided $r=r(\theta, C)$ is small enough (precisely, if $r \leq\left(2^{3 \theta+1} C\right)^{1 /(1-\theta)}$. Fix such $r$. Then, for any $y \in S_{F}$, there is a $y_{o} \in S_{F} \backslash A_{r}$ (i.e. $\left\|y_{o}\right\| \geq r$ ) such that $\left\|y-y_{o}\right\|_{2} \leq r / 2$. Since (by $\mathrm{B}^{\mathrm{n}} \subset \mathrm{B}_{\mathrm{E}}$ ) $\|\mathrm{x}\|_{2} \geq\|\mathrm{x}\|$ for all $\mathrm{x} \in \mathrm{E}$, we have also $\left\|\mathrm{y}-\mathrm{y}_{\mathrm{o}}\right\| \leq \frac{\mathrm{r}}{2}$. Therefore

$$
\|\mathbf{y}\| \geq\left\|y_{0}\right\|-\left\|y-y_{0}\right\| \geq r-\frac{r}{2}=\frac{r}{2} .
$$

So, by homogeneity,

$$
\frac{\mathrm{r}}{2}\|\mathrm{y}\|_{2} \leq\|\mathrm{y}\| \leq\|\mathrm{y}\|_{2}
$$

for all $y \in F$. Hence $d\left(F, \ell_{k}^{2}\right) \leq 2 r^{-1}=2 r(\theta, C)^{-1}$. This ends the proof of Prop. 3.

In the sequel, we shall frequently use the following concepts. We say that ( $\mathrm{e}_{\mathrm{i}}$ ) is an unconditional basis of a B-space E provided

$$
\operatorname{ubc}\left(\mathbf{e}_{\mathbf{i}}\right) \stackrel{\text { def }}{=}\left|\varepsilon_{i}\right| \leq 1,\left\|_{\Sigma_{i}} t_{i} e_{i}\right\| \leq 1\left\|_{i} \varepsilon_{i} t_{i} e_{i}\right\|<\infty
$$

We say that a B-space $E$ is of cotype $q(q \geq 2)$ if there is a constant $K$ such that, for every finite sequence $x_{1}, x_{2}, \ldots \in E$, we have

$$
\int\left\|\sum_{i} r_{i} x_{i}\right\| \geq K^{-1}\left(\sum_{i}\left\|x_{i}\right\|^{q}\right)^{1 / q}
$$

where ( $r_{i}$ ) is the sequence of Rademacher functions. The smallest such constant $K$ is called the cotype $q$ constant of $E$ and denoted by $K_{q}(E)$.

It was proved in [4] that given $K$ there exist $C, \theta>0$ such that, for every finite dimensional E with $K_{2}(E) \leq K$, one can find a subspace of $E$, say $F$, with $\operatorname{dim} F=k \geq \theta \operatorname{dim} E$ and $d\left(F, l_{k}^{2}\right) \leq C$. Prop. 2 and Prop. 3 strengthen this result in the special case $E=\ell_{n}^{1}$. This raises
the following problems :

Problem $4:$ Given $\theta \in(0,1)$, does every normed space $f$ contain a $\left[\theta\right.$ dimE]-dimensional subspace $F$ with $d\left(\ell_{\text {dim } F}^{2}, F\right)<C$, where $C$ depends only on $K_{2}(E)$ ?

Problem $5:$ Does there exist a function $C($.$) such that v r(E) \leq C\left(K_{2}(E)\right)$ for every $E$ ?

Of course a positive solution of Problem 5 implies a positive solution of Problem 4. We have two partial results in this direction.

Theorem $6[8]:$ Let $E$ be a finite dimensional space, ( $e_{i}$ ) -its basis. Then

$$
\operatorname{vr}(E) \leq C K_{2}(E) \operatorname{ubc}\left(e_{i}\right)
$$

where $C$ is aniversal constant.

Theorem $7\lfloor 8\rfloor: T h e r e$ is a universal constant $C$ such that

$$
\operatorname{vr}\left(\ell_{n}^{2} \hat{\otimes} l_{n}^{2}\right) \leq C \quad \text { for all } n
$$

Recall that $\ell_{n}^{2} \hat{\otimes} \ell_{n}^{2}$ is the tensor product $\ell_{n}^{2} \otimes \ell_{n}^{2}$ equipped with the largest tensor norm (in other words : the space of nuclear operators on $\ell_{n}^{2}$ ). It is known that ubc ( $\omega_{i}$ ) is of order $\sqrt{n}$ for every basis ( $\omega_{i}$ ) of $\ell_{n}^{2} \hat{\otimes}_{n}^{2}$, while $K_{2}\left(\ell_{n}^{2} \widehat{\otimes} l_{n}^{2}\right) \leq K$, where $K$ does not depend on $n$.

Theorem 7 can be generalized to a large class of tensor products and unitary ideals. In particular, a unitary ideal $\mathfrak{N}$ on $\ell_{n}^{2}$ has "small" volume ratio if the associated n-dimension symmetric space $\ell_{\mathscr{U}}$ has (in the case of Th. 7 we have $\ell_{\mathscr{A}}=\ell_{n}^{1}$; see e.g. [5] for definitions).

Now I present a sketch of the proof of Th. 6. We shall need two lemmas.

Lemma $A$ Let $(E,\|\cdot\|)$ be a B-space of cotype 2 with an unconditional basis ( $e_{i}$ ). Then there exists a norm $\|\cdot\|^{(1)}$ such that
a) $\|x\| \leq\|x\|^{(1)} \leq C K_{2}(E) u b c\left(e_{i}\right)\|x\|$ for $x \in E$
(C is an absolute constant).
b) $\operatorname{ubc}\left(e_{i}\right)=1 \operatorname{in}\left(E,\|\cdot\|^{(1)}\right.$ )
c) the dual norm $\|\cdot\|$ on $E^{*}$ is 2-convex; in other words a functional defined by $\left\|\left\|\left(x_{j}\right)\right\|=\left(\left\|\sum_{j} \sqrt{\left|x_{j}\right|} e_{j}^{*}\right\|_{*}^{(1)}\right)^{2}\left(\left(e_{j}^{*}\right)\right.\right.$ is a basic sequence $E^{*}$ dual to $\left.\left(e_{j}\right)\right)$ is a norm (then, of course, unconditional).

Lemma $A$ is well known (see e.g. [1]).

Lemma $B$ : Let $(F,\|\cdot\|)$ be an $n$-dimensional normed space, ( $f_{i}$ ) -its basis with ubc ( $f_{i}$ ) $=1$. Then there exists a sequence of positive numbers $\beta_{1}, \beta_{2}, \ldots, \beta_{n}$ such that, for all $\lambda_{1}, \lambda_{2}, \ldots, \lambda_{n} \in R$,

$$
\begin{equation*}
\frac{1}{n} \sum_{\mathbf{i}}\left|\lambda_{\mathbf{i}}\right| \leq\left\|\sum_{\mathbf{i}} \beta_{\mathbf{i}} \lambda_{\mathbf{i}}{\underset{\mathbf{f}}{\mathbf{i}}}\right\| \leq \max _{\mathbf{i}}\left|\lambda_{\mathbf{i}}\right| \tag{5}
\end{equation*}
$$

Proof of lemma $B$ : Some variants of lemma $B$ are known in a more general setting of $B$-lattices. I present a proof, which is essentially due to T.K. Carne.

Consider $f: B_{E} \rightarrow R$ defined by $\underset{i}{f}\left(\sum_{i} b_{i} f_{i}\right)=\prod_{i} b_{i} . \operatorname{Let} \beta=\sum_{i} \beta_{i} f_{i}$ be a point, where $f$ attains its maximum. Of course one can choose $\beta$ to satisfy $\beta_{i} \geq 0$ for $i=1,2, \ldots, n$. Clearly $\|\beta\|=1$; this implies immediately the right hand inequality of (5), because ubc ( $f_{i}$ ) = 1. By the same reason, to prove the left hand inequality of (5) it is enough to show that the functional $\varphi: \sum_{i} \lambda_{i} \beta_{i} f_{i} \mapsto \frac{1}{n} \sum_{i} \lambda_{i}$ is of norm at most 1 . It is easy to see that $\varphi$ is the only functional satisfying
(i) $\varphi(\beta)=1$,

But it is clear that the functional $\psi$ separating disjoint (by definition of $\beta$ ) and convex sets $B_{E}$ and $Q\left(i . e \cdot \psi\left(B_{E}\right) \leq 1, \psi(Q)>1\right)$ satisfies (i) and (ii); hence $\varphi=\psi$ and $\varphi\left(\mathrm{B}_{\mathrm{E}}\right) \leq 1$, in other words $\|\varphi\| \leq 1$. This proves lemma B.

Now we shall derive th. 6 from lemmas $A$ and $B$.

Clearly, by lemma $A$ and (1), it is enough to prove that if ( $\mathrm{E},\|\cdot\|^{(1)}$ ) satisfies conditions (b) and (c) of lemma A, then $\operatorname{vr}(E) \leq C$, where $C$ is a universal constant. On the other hand, this estimate will immediately follow from existence of a sequence ( $\alpha_{k}$ ) such that

$$
\begin{equation*}
\sum_{k}\left|x_{k}\right| \leq\left\|\sum_{k} \alpha_{k} x_{k} e_{k}\right\|^{(1)} \leq \sqrt{n}\left(\sum_{k}\left|x_{k}\right|^{2}\right)^{1 / 2} \tag{*}
\end{equation*}
$$

for all $x_{1}, x_{2}, \ldots, x_{n} \in R$. Indeed, defining an ellipsoid

$$
\varepsilon \in=\left\{\mathbf{x}=\sum_{k} \alpha_{k} \mathbf{x}_{k} \mathbf{e}_{\mathbf{k}}: \sqrt{\mathbf{n}} \sqrt{\sum_{k}\left|\mathbf{x}_{k}\right|^{2}} \leq 1\right\}
$$

we get $\mathcal{E} \subset \mathrm{B}_{\left(\mathrm{E},\|\cdot\|^{(1)}\right)}^{\sim}{ }_{\ell_{\mathrm{n}}^{1}}$. Hence

$$
\operatorname{vr}(E) \leq\left(\frac{\operatorname{vol} B}{\operatorname{vol} \varepsilon^{\prime}}\right)^{1 / n} \leq\left(\begin{array}{cc}
\operatorname{vol} B_{1}^{1} \\
\operatorname{vol} \varepsilon & \ell_{n}^{1 / n} \\
\end{array}\right)^{1 / n}=\operatorname{vr}\left(\ell_{n}^{1}\right) \leq \sqrt{\frac{2 e}{\pi}}
$$

by proposition 2.
To show (*) consider its dual version

$$
\begin{equation*}
\max _{k}\left|y_{k}\right| \geq\left\|\sum_{k} \frac{y_{k}}{\alpha_{k}} e_{k}^{*}\right\|_{*}^{(1)} \geq \frac{1}{\sqrt{n}}\left(\sum_{k}\left|y_{k}\right|^{2}\right)^{1 / 2} \text {. } \tag{**}
\end{equation*}
$$

Of course it is enough to prove ( $\boldsymbol{*}^{*}$ ) for nonnegative sequences ( $y_{k}$ ) only. Substituting $y_{k}=\sqrt{\lambda_{k}}$ and $\alpha_{k}=1 / \sqrt{\beta_{k}}$ one gets
(米落)

$$
\frac{1}{n} \sum_{k} \lambda_{k} \leq\left(\left\|\sum_{k} \sqrt{\beta_{k} \lambda_{k}} e_{k}^{*}\right\|_{*}^{(1)}\right)^{2} \leq \max _{k} \lambda_{k}
$$

Now existence of ( $\beta_{k}$ ) satisfying ( $*_{*}^{*}$ ) follows immediately from condition (c) of lemma $A$ (i.e. the fact that the term in the centre of ( $*_{*} *$ ) is equal to $\left\|\mid\left(\beta_{k} \lambda_{k}\right)\right\|$ for some unconditional norm $|||.|| |)$ and lemma $B$.

Let us introduce another invariant :

$$
\operatorname{hvr}(E) \stackrel{\text { def }}{=} \sup _{F \subset E, \operatorname{dim} F<\infty} \operatorname{vr}(E)
$$

where $E$ is a Banach space, not necessarily of finite dimension. Using some methods from [4], one can easily derive from Prop. 3 the following :
$\left[\begin{array}{ll}\text { Theorem } 8 \\ \text { In general } \varepsilon \text { cannot be omitted. } \quad \operatorname{lf} \ln (E)<\infty, \text { then } E \text { is of cotype } 2+\varepsilon \text { for every } \varepsilon>0 .\end{array}\right.$

Finally $I$ am going to present :

Theorem 9: There exists a function $(0,1) \ni \theta \rightarrow C(\theta)$ such that for any k-dimensional subspace $E$ of $\ell_{n}^{\infty}$ we have

$$
\mathrm{d}\left(\mathrm{E}, \ell_{\mathbf{k}}^{2}\right)>\mathrm{C}(\mathrm{k} / \mathrm{n}) \sqrt{\mathrm{k}}
$$

$\underline{\text { Remark }: ~ O u r ~ p r o o f ~ g i v e s ~} C(\theta)=\sqrt{\pi / 2 e^{3}} \theta$.
Recently Figiel and 亡ohnson proved th. 9 with $C(\theta)=V \bar{\theta} / 2$.

Proof of theorem $9:$ Since $d\left(E, \ell_{k}^{2}\right)=d\left(E^{*}, \ell_{k}^{2}\right)$, it is enough to prove (+) with E replaced by E*

To say that $E$ is a subspace of $\ell_{n}^{\infty}$ is the same as to say that the unit ball of $E^{*}$ has at most $2 n$ extreme points, say $x_{1}, x_{2}, \ldots, x_{n}$, $-x_{1},-x_{2}, \ldots,-x_{n}$. Let $\varepsilon$ be an ellipsoid contained in the unit ball of $E^{*}$. We must show that, for some $i, x_{i} \notin C(k / n) \sqrt{k} \mathcal{E}$. Thus the proof reduces to the following fact :

Let $B=\operatorname{abs} \operatorname{conv}\left(y_{i}\right)_{i=1}^{n} \subset R^{k}$ and let the Euclidean unit ball $B^{k}=\left\{x \in R^{k}:\|x\|_{2} \leq 1\right\}$ be contained in $B$. Then $\underset{1 \leq i \leq n}{\max }\left\|y_{i}\right\|_{2} \geq \sqrt{k} C(k / n)$.

To see the above consider all sets of the form $B_{A}=\operatorname{abs} \operatorname{conv}\left(y_{i}\right)_{i \in A}, \quad A \subset\{1,2, \ldots, n\}, \operatorname{card} A=k$. Clearly $\underset{A}{U} B_{A}=B$. Choose $A$ so that vol $B_{A}$ is maximal. Then

$$
\binom{n}{k} \operatorname{vol} B_{A} \geq \operatorname{vol} B \geq \operatorname{vol} B^{k}
$$

On the other hand

$$
\operatorname{vol} \mathrm{B}_{\mathrm{A}} \leq \prod_{\mathrm{i} \in \mathrm{~A}}\left\|\mathrm{y}_{\mathbf{i}}\right\|_{2}{\operatorname{vol} \mathrm{~B}_{\ell_{\mathrm{k}}^{1}}}
$$

Combining these two estimates one gets

$$
\begin{aligned}
& \left.\prod_{i \in A}\left\|y_{i}\right\|_{2} z\binom{n}{k} \frac{\operatorname{vol} B^{k}}{\operatorname{vol~B} B_{1}^{1}}\right)=\binom{n}{\ell_{k}}^{-1}(\sqrt{k})^{k} \frac{\operatorname{vol} B^{k}}{\operatorname{vol}\left(\sqrt{k} B_{\ell_{1}}\right)}= \\
& =\binom{n}{k}^{-1}(\sqrt{k})^{k}\left[\operatorname{vr}\left(\ell_{k}^{1}\right)\right]^{-k} .
\end{aligned}
$$

Hence

$$
\max _{i \in A}\left\|y_{i}\right\|_{2} z\left[\binom{n}{k}^{1 / k} \operatorname{vr}\left(\ell_{k}^{1}\right)\right]^{-1} \sqrt{k} \geq \frac{k}{e n} \sqrt{\frac{\pi}{2 e}} \sqrt{k}
$$

This ends the proof of theorem 9.

Let us mention finally some easy observations, which may indicate another application of concepts introduced here. Namely, we have

$$
[\operatorname{vr}(E)]^{\theta}[\operatorname{vr}(F)]^{1-\theta}=\operatorname{vr}\left(E E_{\ell}^{2} F\right)
$$

where $\theta=\operatorname{dim} E /(\operatorname{dim} E+\operatorname{dim} F)$ and $E \oplus{ }_{\ell} F$ is a direct sum of $E$ and $F$ in the sense of $\ell_{2}^{2}$.

One can hope that this may help in investigating complemented susbpaces of a normed space.

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