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# Some estimates for type and cotype constants

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This is a presentation of some results on type and cotype constants which were obtained in joint work with L. Tzafriri.

To fix notations, let X be a Banach space,  $r_n(t)$  be the sequence of Rademacher functions,  $g_n(t)$  be a sequence of independent standard Gaussian variables on a probability space  $(\Omega, P)$ . Given  $1 \le p \le 2 \le q \le \infty$  and  $n \in \mathbb{N}$ , we define a  $p, n^{(X)}$ ,  $b_{q,n}(X)$ ,  $\alpha_{p,n}(X)$  and  $\beta_{q,n}(X)$  to be smallest constants such that for arbitrary  $x_1 \cdots x_n \in X$  the following inequalities hold

$$\begin{split} b_{q,n}(X)^{-1} (\sum_{j=1}^{n} \|x_{j}\|^{q})^{1/q} &\leq (\int_{0}^{1} \|\sum_{j=1}^{n} |x_{j}\|^{2} dt)^{1/2} \leq a_{p,n}(X) (\sum_{j=1}^{n} \|x_{j}\|^{p})^{1/p} \\ \beta_{q,n}(X)^{-1} (\sum_{j=1}^{n} \|x_{j}\|^{q})^{1/q} &\leq (\int_{\Omega} \|\sum_{j=1}^{n} |g_{j}(\omega)| |x_{j}\|^{2} dP(\omega))^{1/2} \leq \alpha_{p,n}(X) (\sum_{j=1}^{n} \|x_{j}\|^{p})^{1/p} \end{split}$$

If  $a_p(X) = \sup_n a_{p,n}(X) < \infty$  (resp.  $b_q(X) = \sup_n b_{q,n}(X) < \infty$ ), X is of (Rademacher) type p (resp. (Rademacher) cotype q). Similarly, define the Gaussian type p and cotype q constants by  $\alpha_p(X) = \sup_n \alpha_{p,n}(X)$  and  $\beta_q(X) = \sup_n \beta_{q,n}(X)$ . These quantities were investigated by Maurey and Pisier [7].

We have for some c and  $c_p$  independent of n and X

$$c_{p}^{-1} \alpha_{p,n}(X) \leq a_{p,n}(X) \leq c \alpha_{p,n}(X)$$

$$\beta_{q,n}(X) \leq c b_{q,n}(X) . \qquad (1)$$

The last two inequalities result immediately from

$$\int_{0}^{1} \left\| \sum_{j=1}^{n} \mathbf{r}_{j}(t) \mathbf{x}_{j} \right\|^{2} dt \leq c^{2} \int_{\Omega} \left\| \sum_{j=1}^{n} \mathbf{g}_{j}(\omega) \mathbf{x}_{j} \right\|^{2} dP(\omega)$$

cf. Pisier [9]. To prove the first inequality, we have by the symmetry of the  $g_i$ 's

$$\int_{\Omega} \left\| \sum_{j=1}^{n} \mathbf{g}_{j}(\omega) \mathbf{x}_{j} \right\|^{p} dP(\omega) = \int_{0}^{1} \int_{\Omega} \left\| \sum_{j=1}^{n} \mathbf{r}_{j}(t) \mathbf{g}_{j}(\omega) \mathbf{x}_{j} \right\|^{p} dP(\omega) dt$$

$$\leq \int_{\Omega} \left( \int_{0}^{1} \sum_{j=1}^{n} \mathbf{r}_{j}(t) \mathbf{g}_{j}(\omega) \mathbf{x}_{j} \right\|^{2} dt \right)^{p/2} dP(\omega)$$

$$\leq a_{p,n}(X)^{p} \int_{\Omega} \sum_{j=1}^{n} \left\| \mathbf{g}_{j}(\omega) \right\|^{p} \left\| \mathbf{x}_{j} \right\|^{p} dP(\omega)$$

$$= \widetilde{c}_{p}^{p} a_{p,n}(X)^{p} \sum_{j=1}^{n} \left\| \mathbf{x}_{j} \right\|^{p}$$

The equivalence of the Gaussian p- and 2-moments yields the desired inequality  $\alpha_{p,n}(X) \le c_p a_{p,n}(X)$ .

If X does not have some finite cotype, i.e.  $b_q(X) < \infty$  for some  $q < \infty$ , the sequences  $\beta_{q,n}(X)$  and  $b_{q,n}(X)$  may be inequivalent : for  $X = \ell_{\infty}^n$  one gets  $b_{2,n}(X) \sim n^{1/2}$  but  $\beta_{2,n}(X) \sim (n/\log n)^{1/2}$ , cf. Figiel-Lindenstrauss-Milman [2].

We will study the question whether the type and cotype constants of n-dimensional spaces  $X_n$  can be calculated essentially by n vectors, that is whether e.g.

$$a_{p}(X_{n}) \leq c_{p} a_{p,n}(X_{n})$$
(2)

holds, with  $c_p$  depending only on p. For p = 2 one has the

<u>Theorem</u> (Tomczak-Jaegermann [10]) : For any n-dimensional space  $X_n$ ,  $\alpha_2(X_n) \le 2 \alpha_{2,n}(X_n)$  and  $\beta_2(X_n) \le 2 \beta_{2,n}(X_n)$ .

The proof rests upon a corresponding statement for 2-absolutely summing norms of rank n operators, to which the Gaussian constants relate. Given  $T: X \to Y$  and  $1 \le s \le r < \infty$  we denote by  $\pi_{r,s}^{(n)}(T)$  the smallest constant c such that for all  $x_1, \ldots, x_n \in X$ 

$$(\sum_{\substack{i=1\\i=1}}^{n} \|Tx_{i}\|^{r})^{1/r} \leq c \quad \sup_{\substack{x^{*} \\ y^{*} \leq 1}} (\sum_{\substack{i=1\\i=1}}^{n} |\langle x^{*}, x_{i} \rangle|^{s})^{1/s}$$

Clearly T is absolutely (r,s)-summing,  $T \in \pi_{r,s}(X,Y)$  iff  $\pi_{r,s}(T) = \sup_{n} \pi_{r,s}^{(n)}(T) < \infty$ . For  $T: \ell_{2}^{n} \rightarrow X$ , let  $\ell(T) := (\int_{\Omega} \|\sum_{i=1}^{n} g_{i}(\omega) T e_{i}\|^{2} dP(\omega))^{1/2}$  where  $e_{i}$  are the unit vectors in  $\ell_{2}^{n}; \ell$  has ideal norm properties.

The following lemma relates the Gaussian constant and (q,2)absolutely summing norms. It is due to Tomczak-Jaegermann [10] (for p = 2 = q, the generalization of the argument to p < 2 < q is easy), for more details cf. also Pe/czynski [8].

Lemma 1 : Let X be a Banach space,  $1\leq p\leq 2\leq q\leq\infty,\ p'=p/(p-1)$  and  $n\in {\rm I\!N}$  . Then

$$\beta_{q,n}(X) = \sup\{\pi_{q,2}^{(n)}(T) \mid T : \ell_2^n \to X \text{ with } \ell(T) \leq 1\}$$

$$\alpha_{p,n}(X) = \sup\{\ell(S) \mid S : \ell_2^n \to X \text{ with } (\pi_{p',2}^{(n)})^*(S^*) \leq 1\}$$
Here  $(\pi_{p',2}^{(n)})^*$  denotes the adjoint ideal norm to  $\pi_{p',2}^{(n)}$ .

Concerning problem (2) for  $p \neq 2 \neq q$  we have the following positive answer

 $\begin{array}{rcl} \hline \underline{\text{Theorem 1}} & : & \text{Let } 1 \leq p \leq 2 \leq q \leq \infty. & \text{There is } c_q \leq c/(q-2) \text{ such that for} \\ \\ any & n \in \mathbb{N} & \text{and any n-dimensional space } X_n \\ & & & & \\ & & & \\$ 

Theorem 1 results immediately from lemma 1 and proposition 1 below which we want to derive :

<u>Proposition 1</u> : For any q > 2, there is  $c_q \le c/(q-2)$  such that for any  $n \in \mathbb{N}$  and any rank n operator  $T: X \to Y$ 

$$\pi_{q,2}(T) \leq c_{q} \pi_{q,2}(T)$$

Defining the approximation numbers of  $T: X \rightarrow Y$  by

$$\alpha_{j}(T) := \inf\{ \|T - T_{j}\| \mid T_{j} : X \rightarrow Y \text{ of rank } \leq j \} , j \in \mathbb{N}$$

we let for  $0 \le r \le \infty$ 

$$S_{\mathbf{r}}(\mathbf{X},\mathbf{Y}) = \{\mathbf{T}: \mathbf{X} \to \mathbf{Y} \mid \sigma_{\mathbf{r}}(\mathbf{T}) := \left(\sum_{j=1}^{\infty} \alpha_{j}(\mathbf{T})^{\mathbf{r}}\right)^{1/\mathbf{r}} < \infty\}$$
$$S_{2,1}(\mathbf{X},\mathbf{Y}) = \{\mathbf{T}: \mathbf{X} \to \mathbf{Y} \mid \sigma_{2,1}(\mathbf{T}) := \sum_{j=1}^{\infty} \alpha_{j}(\mathbf{T}) \cdot j^{-1/2} < \infty\}$$

Thus  $\sigma_{2,1}(T)$  is the norm of  $(\alpha_j(T))_{j\in\mathbb{N}}$  in the Lorentz sequence space  $\ell_{2,1}$  which can be written as a real interpolation space between  $\ell_q$ -spaces; in particular  $\ell_{2,1} = (\ell_1, \ell_{\infty})_{\frac{1}{2},1}$ , cf. [1].

<u>Proof of proposition 1</u> : Since  $\pi_{q,2}(T) = \sup\{\pi_{q,2}(TA) : A : \ell_2 \to X, ||A|| \le 1\}$ , it suffices to prove the statement for maps  $T : \ell_2^n \to Y$ . We will show

$$\pi_{q,2}(T) \leq c_q \sigma_q(T) \leq c_q \pi_{q,2}(T) \quad . \tag{3}$$

$$\alpha_{j+1}(\mathbf{T}) \leq \|\mathbf{T} - \mathbf{T}\mathbf{P}_{j}\| = \|\mathbf{T}\|_{\mathbf{Y}_{j}^{\perp}}\|$$

Hence there is  $e_{j+1} \in Y_j^{\perp}$  of norm one such that  $\alpha_{j+1}(T) \le ||Te_{j+1}||$ . Since rank  $T \le n$ ,  $\alpha_k(T) = 0$  for  $k \ge n$ . This yields

$$\sigma_{\mathbf{q}}(\mathbf{T}) = \left(\sum_{j=1}^{n} \alpha_{j}(\mathbf{T})^{\mathbf{q}}\right)^{1/\mathbf{q}} \leq \left(\sum_{j=1}^{n} \|\mathbf{T}\mathbf{e}_{j}\|^{\mathbf{q}}\right)^{1/\mathbf{q}} \leq \pi_{\mathbf{q},2}^{(n)}(\mathbf{T})$$

the right side inequality in (3).

 $\begin{array}{lll} \underline{\operatorname{Step 2}} & : & \operatorname{We \ show} \ S_{2,1}(X,Y) \leq \pi_2(X,Y) \ \text{for any } X \ \text{and } Y. \ \operatorname{Taking} \\ & S \in S_{2,1}(X,Y) \ \text{choose} \ D_j : X \to Y \ \text{of \ rank} \ D_j \leq 2^j \ \text{with} \ \left\|S - D_j\right\| \leq 2\alpha_{2^j}(S), \\ & j = 0, 1, \cdots \ \left(D_0 = 0\right). \ \operatorname{Let} \ S_j = D_{j+1} - D_j. \ \ \operatorname{Then} \ S = \sum_{j=0}^{\infty} S_j, \ \left\|S_j\right\| \leq 4 \alpha_{2^j}(S) \ \text{and} \\ & \operatorname{rank} \ S_j \leq 2^{j+2}. \ \text{Since \ the $2$-absolutely summing norm of the identity on an} \\ & n-dimensional \ \operatorname{space \ is \ n}^{1/2}, \ \text{we \ infer} \end{array}$ 

$$\pi_{2} \begin{pmatrix} N \\ \Sigma \\ j=0 \end{pmatrix} \leq \begin{pmatrix} N \\ \Sigma \\ j=0 \end{pmatrix} \pi_{2} \begin{pmatrix} S \\ j \end{pmatrix} \leq \begin{pmatrix} N \\ \Sigma \\ j=0 \end{pmatrix} \| S_{j} \| 2^{j/2 + 1} \\ \leq 16 \begin{pmatrix} N \\ \Sigma \\ j=0 \end{pmatrix} 2^{j/2 - 1} \alpha_{2^{j}} (S) \\ \leq 16 \begin{pmatrix} \infty \\ \Sigma \\ k=1 \end{pmatrix} k^{-1/2} \alpha_{k} (S) = 16 \sigma_{2,1} (S)$$

Thus S is 2-summing with  $\pi_2(S) \le 16 \sigma_{2,1}(S)$ .

<u>Step 3</u> : The K-functional of the real interpolation theory [1] satisfies

$$K(t,T;S_1(X,Y),S_{\infty}(X,Y)) \sim K(t,(\alpha_j(T))_{j=1}^{\infty};\ell_1,\ell_{\infty}) \quad . \tag{4}$$

Here  $S_{\infty} = \mathcal{L} = all$  continuous linear maps. By definition of the K-functional,

$$K(\mathbf{t},\mathbf{T};\mathbf{S}_{1},\mathbf{S}_{\infty}) := \inf \{ \sum_{j \in \mathbb{N}} \alpha_{j}(\mathbf{T}_{t}) + \mathbf{t} ||\mathbf{T} - \mathbf{T}_{t}|| |\mathbf{T}_{t} : \mathbf{X} \rightarrow \mathbf{Y} \}$$

$$\geq \inf \{ \sum_{j=1}^{\lfloor t \rfloor} (\alpha_{j}(\mathbf{T}_{t}) + ||\mathbf{T} - \mathbf{T}_{t}||) \} \geq \sum_{j=1}^{\lfloor t \rfloor} \alpha_{j}(\mathbf{T})$$

$$\sim K(\mathbf{t}, (\alpha_{j}(\mathbf{T}))_{j=1}^{\infty}; \ell_{1}, \ell_{\infty}) ,$$

for the last equivalence cf. [1]. For  $t \ge 1$ , choose  $T_t : X \to Y$  with rank  $T_t \le [T]$  and  $||T - T_t|| \le 2 \alpha_{|t|}(T)$ . Then

$$\alpha_{\mathbf{j}}(\mathbf{T}_{\mathbf{t}}) \leq \alpha_{\mathbf{j}}(\mathbf{T}) + \|\mathbf{T} - \mathbf{T}_{\mathbf{t}}\| \leq 3 \alpha_{\mathbf{j}}(\mathbf{T})$$

for all  $j \leq \lfloor t \rfloor$  and  $\alpha_{j}(T_{t}) = 0$  for  $j \geq \lfloor t \rfloor$ , hence

$$K(\mathbf{t},\mathbf{T};\mathbf{S}_{1},\mathbf{S}_{\infty}) \leq \begin{bmatrix} \mathbf{t} \\ \Sigma \\ j=1 \end{bmatrix} (\mathbf{T}_{1}) + \mathbf{t} \|\mathbf{T} - \mathbf{T}_{1}\|$$
$$\leq 3 \begin{bmatrix} \mathbf{t} \\ \Sigma \\ j=1 \end{bmatrix} (\alpha_{j}(\mathbf{T}) + \alpha_{[\mathbf{t}]}(\mathbf{T})) \leq 6 \begin{bmatrix} \mathbf{t} \\ \Sigma \\ j=1 \end{bmatrix} (\mathbf{T})$$

which proves (4).

Step 4 : Since 
$$\ell_{2,1} = (\ell_1, \ell_\infty) \frac{1}{2}, 1$$
, the equivalence (4) yields  
 $S_{2,1}(X,Y) = (S_1(X,Y), S_\infty(X,Y)) \frac{1}{2}, 1$ . Let  $q \ge 2, \frac{1}{q} = \frac{1-\theta}{2}$  and  $\eta = \frac{1}{2}(1+\theta)$ . Then  
by the pointeration theorem [1]

by the reiteration theorem [1]

$$(s_{2,1}(X,Y)), s_{\infty}(X,Y))_{\theta,q} = (s_{1}(X,Y), s_{\infty}(X,Y))_{\eta,q} = s_{q}(X,Y)$$
 (5)

where the last equality follows from (4) and  $(\ell_1, \ell_{\infty})_{\eta,q} = \ell_q$ . It is an easy consequence from

$$\ell_{q}(\mathbf{X}) = (\ell_{2}(\mathbf{X}), \ell_{\infty}(\mathbf{X}))_{\theta, q}$$
,  $\frac{1}{q} = \frac{1-\theta}{2}$ ,  $0 < \theta < 1$ 

that

$$(\pi_2(X,Y),\mathfrak{L}(X,Y))_{\theta,q} \leq \pi_{q,2}(X,Y)$$
.

This, (5) and step 2 show  $S_q(X,Y) \le \pi_{q,2}(X,Y)$  for any  $q \ge 2$  and thus  $\pi_{q,2}(T) \le c_q \sigma_q(T)$  for any  $T \in S_q(X,Y)$ , where  $c_q$  depends only on  $q \ge 2$ ;

the bound  $c_q \leq c/(q-2)$  can be derived by checking the constants occuring in the reiteration theorem. This proves the left side in (3) and thus proposition 1.

As a corollary to the proof we note a fact which is false for  $\ensuremath{\textbf{q}}\xspace=2$  :

Corollary 1 : For any  $2 \leq q \leq \infty$  and any Banach space Y

$$\pi_{q,2}(\ell_{2},Y) = S_{q}(\ell_{2},Y)$$

Corollary 2 : For any  $2 < q < \infty$ , there is  $c_q$  such that for any  $n \in \mathbb{N}$  and any rank n operator  $T: X \to Y$ 

$$\pi_{q,1}(T) \leq c_{q} \pi_{q,1}^{(n)}(T)$$

Proof : It is well-known that

$$\pi_{q,1}^{(T)} = \sup\{\pi_{q,1}^{(TA)} | ||A:\ell_{\infty} \to X|| \le 1\}$$
  
$$\leq \sup\{\pi_{q,2}^{(TA)} | ||A:\ell_{\infty} \to X|| \le 1\}$$
  
$$\leq c_{q} \sup\{\pi_{q,2}^{(n)}(TA) | ||A:\ell_{\infty} \to X|| \le 1\}$$

By Maurey [6], the (q,1)- and (q,2)-absolutely summing norms are equivalent on  $\pi_{q,1}(\ell_{\infty},Y)$ ; the argument does not depend on the number of vectors considered. Thus

$$\pi_{q,1}(\mathbf{T}) \leq d_q \sup\{\pi_{q,1}^{(\mathbf{n})}(\mathbf{T}\mathbf{A}) \mid \|\mathbf{A}: \ell_{\infty} \rightarrow \mathbf{X}\| \leq 1\} \leq d_q \pi_{q,1}^{(\mathbf{n})}(\mathbf{T})$$

Theorem 1 gives no answer to the question whether the (Rade-macher) cotype constants on n-dimensional spaces  $X_n$  can be calculated by n vectors, i.e. whether

$$\mathbf{b}_{q}(\mathbf{X}_{n}) \leq \mathbf{c}_{q} \mathbf{b}_{q,n}(\mathbf{X}_{n})$$

does hold or not. We only have a partial answer :

<u>Proposition 2</u> : Let q > 2. There is  $c_q > 0$  such that for any  $n \in \mathbb{N}$  and any n-dimensional space

$$b_{q}(X_{n}) \leq c_{q} \beta_{q,n}(X_{n}) (\log b_{q,n}(X_{n}))^{1/2}$$
 (6)

and thus by (1)

$$b_{q}(X_{n}) \leq c_{q} b_{q,n}(X_{n}) (\log b_{q,n}(X_{n}))^{1/2}$$
 (7)

<u>Remark</u> :  $c_q$  can be bounded by  $c\sqrt{q}$  as q tends to  $\infty$ .

We postpone the proof of proposition 2. It is well-known, Maurey-Pisier [7], that a Banach space X has some finite cotype  $q \le \infty$  if it has type p for some  $p \ge 1$ . More quantitative information is given in

Theorem 2 : Let 
$$p \ge 1$$
,  $p' = p/(p-1)$  and X be a Banach space.  
(a) If dim  $X = 2^n$  and  $q = 2 + 2^{p'} = a_{p,n}(X)^{p'}$ , then  $b_q(X) \le 2$ .  
(b) If X has type  $p \ge 1$ , it has cotype q for  $q = 2 + 2^{p'} = a_p(X)^{p'}$ .

$$\inf_{1 \le i \le j} \|\mathbf{u}_i\|_Z \le \|\mathbf{y}_j\|_{i=1}^{j} \|\mathbf{u}_i\|_Z$$

Then  $1 = \gamma_1 \ge \gamma_2 \ge \cdots$  and  $\gamma_{jk} \le \gamma_j \gamma_k$  for all j and k in  $\mathbb{N}$ , cf. Lindenstrauss-Tzafriri [5], p. 91. Given  $m \in \mathbb{N}$ , choose  $\{w_i\}_{i=1}^{2^m}$  such that

$$\inf_{1 \le i \le 2^{m}} \|\mathbf{w}_{i}\|_{Z} = 1 \quad , \quad \|\sum_{i=1}^{2^{m}} \mathbf{w}_{i}\|_{Z} = \frac{1}{\sqrt{2^{m}}}$$

It is a consequence of the 1-unconditionality of  $\{r_i(t)z_i\}$  in Z that we may assume w.l.o.g.  $\|w_i\|_Z = 1$  for all  $i = 1, ..., 2^m$  and moreover

$$\sup_{1 \le i \le 2^{m}} |c_{i}| \le \left\| \sum_{i=1}^{2^{m}} c_{i} \mathbf{w}_{i} \right\|_{Z} \le \frac{1}{\gamma} \sup_{1 \le i \le 2^{m}} |c_{i}|$$

for all scalar sequences  $(c_i) \in \mathbb{R}^{2^m}$ . Thus  $\operatorname{span}[w_i]$  is  $\frac{1}{\gamma_2^m}$ -isomorphic to

 $\ell_{\infty}^{2^m}$  which contains (in the real case) isometrically  $\ell_1^m$ . Thus there are  $v_1, \dots, v_m \in \mathbb{Z}$  (which can be realized as the Rademacher elements over the

 $\{w_i\}$ ) such that

$$\sum_{i=1}^{m} |\mathbf{c}_{i}| \leq \left\| \sum_{i=1}^{m} \mathbf{c}_{i} \mathbf{v}_{i} \right\|_{Z} \leq \frac{1}{\gamma} \sum_{2^{m}}^{m} |\mathbf{c}_{i}|$$
(8)

for all scalar sequences (c<sub>i</sub>). It is well-known and easily checked by integral inequalities that  $a_{p,m}(X) = a_{p,m}(L_p(X)) \ge a_{p,m}(Z)$ . Integrating (8) with  $c_i = r_i(t)$ , we get

$$m \leq \left(\int_{0}^{1} \|\sum_{i=1}^{m} r_{i}(t) v_{i}\|_{Z}^{p} dt\right)^{1/p} \leq a_{p,m}(X) \frac{1}{\gamma_{2}^{m}} m^{1/p} ,$$

$$\gamma_{2}^{m} \leq a_{p,m}(X) m^{-1/p'} . \qquad (9)$$

 $\frac{\text{Step 2}}{q := 2 + 2^{p'}} : \text{We first consider the case a}_{p,n}(X)n^{-1/p'} \ge 1/2. \text{ Then}$  $a_{p,n}(X)^{p'} \ge 2 + n > n. \text{ If follows from}$ 

$$b_2(\ell_2^{n}) = 1$$
 and  $d(X, \ell_2^{n}) \leq 2^{n/2}$ 

that  $b_2(X) \le 2^{n/2}$ . An interpolation argument shows

$$b_q(X) \le b_2(X)^{2/q} \le 2^{n/q} \le 2$$

<u>Step 3</u>: We now derive the same conclusion in the other case  $a_{p,n}(X) n^{-1/p'} < 1/2$ , for the same value of q. Let  $(y_i)_{i=1}^{\ell} \subseteq X$  be an arbitrary finite sequence. We may assume that  $||y_i||$  is non-increasing. Since the  $(z_i)_{i=1}^{\infty}$  were dense in X,

$$\|\mathbf{y}_{j}\| = \inf_{1 \le i \le j} \|\mathbf{y}_{i}\| \le \gamma_{j} (\int_{0}^{1} \|\sum_{i=1}^{j} \mathbf{r}_{i}(t) \mathbf{y}_{i}\|^{p} dt)^{1/p}$$

holds for all j. Hence

$$(\sum_{j} \|\mathbf{y}_{j}\|^{q})^{1/q} \leq (\sum_{j} \gamma_{j}^{q})^{1/q} (\int_{0}^{1} \|\sum_{i} \mathbf{r}_{i}(t) \mathbf{y}_{i}\|^{p} dt)^{1/p}$$

$$\leq (\sum_{j} \gamma_{j}^{q})^{1/q} (\int_{0}^{1} \|\sum_{i} \mathbf{r}_{i}(t) \mathbf{y}_{i}\|^{2} dt)^{1/2}$$

$$b_{q}(X) \leq (\sum_{j} \gamma_{j}^{q})^{1/q} .$$

and thus

Let k be the first integer  $\leq$  n such that

$$\gamma_{2^{k}} \leq a_{p,n}(X) k^{-1/p'} \leq 1/2$$
.

Then

$$\begin{pmatrix} \infty \\ \sum \\ j=1 \end{pmatrix}^{n} \gamma_{j}^{q} \begin{pmatrix} 1/q \\ \leq 2^{k/q} \end{pmatrix}^{n} \begin{pmatrix} \infty \\ i=0 \end{pmatrix} 2^{ik} \gamma_{2ik}^{q} \begin{pmatrix} 1/q \\ \sum \\ i=0 \end{pmatrix}^{n} 2^{ik} \gamma_{2k}^{iq} \begin{pmatrix} 1/q \\ \leq 2^{k/q} \end{pmatrix}^{n}$$

$$\leq 2^{k/q} \begin{pmatrix} \infty \\ \sum \\ i=0 \end{pmatrix}^{n} \begin{pmatrix} 1/q \\ \sum \\ i=0 \end{pmatrix}^{n} \begin{pmatrix} 1/q \end{pmatrix}^{n} \leq 2^{k/q} 2^{1/q} \leq 2$$

Note here  $k - 1 \le 2^{p'} a_{p,n}(X)^{p'}$  and thus  $k + 1 \le q$  as well as  $q - k \ge 1$ . Hence  $b_q(X) \le 2$  in the second case, too.

 $\begin{array}{lll} \underline{Example} & : & \mbox{The value of } q = 2 + 2^{p'} a_p(X)^{p'} \mbox{ may be slightly improved :} \\ choosing $c = e^{1/p'}$ instead of $c = 2$ in $a_{p,n}(X)$ $n^{-1/p'} \gtrless c^{-1}$, one gets that $X$ is of type $q$ for any $q > p' $ln $2 + (e p' $ln $2$) $a_p(X)^{p'}$. However, in general this value of $q$ has to be at least as large as $q > e $a_p(X)^{p'}$ as shown by $X = L_r(\mu)$, $r > 2$ : clearly $X$ is not of cotype $q$ for $q < r$. On the other hand, $a_p(X) \le a_2(X)^{2/p'} \le B_r^{1/p'}$ where $B_r$ is the Khintchin constant for $Rademacher $r$-averages. By the estimates of Haagerup [3], $B_r \sim r/e$ as $r \to \infty$. } \end{array}$ 

If  $T: X \to Y$  factors through a Hilbert space, let  $\gamma_2^{}(T)$  denote the factorization norm.

<u>Corollary 3</u>: Assume X is a Banach space of type 2. Let  $\varepsilon = (6 a_2(X)^2)^{-1}$ . Then onto any n-dimensional subspace X<sub>n</sub> of X there is a projection P<sub>n</sub> with

$$\gamma_{2}(P_{n}) \leq 8 a_{2}(X) n^{1/2-\epsilon}$$

In particular, one has for the relative projection constant of  $X_n$  in X and the Banach-Mazur distance to Hilbert space

$$\lambda_{X}(X_{n}) \le 8 a_{2}(X) n^{1/2 - \varepsilon}$$
  
 $d(X_{n}, X) \le 8 a_{2}(X) n^{1/2 - \varepsilon}$ 

 $\underline{\operatorname{Proof}}$  : It is known (cf. [4]) that there is a projection  $\operatorname{P}_n:X \to X_n$  with

$$\gamma_2(P_n) \leq 4 a_2(X) \beta_2(X_n)$$

Since  $\beta_2(X_n) \le b_2(X_n) \le n^{1/2 - 1/q} b_q(X_n)$ , theorem 2 implies for  $q = 6 a_2(X)^2 \ge 2 + 2^2 a_2(X)^2$  that  $\beta_2(X_n) \le 2 n^{1/2 - \epsilon}$ .

#### Remarks :

(1) The existence of an  $\varepsilon > 0$  as in corollary 3 is an open problem in spaces of type p > 1. Theorem 2 yields a positive answer for small type p constants and values p near 2 : if

$$a_{p}(X) < \left(\frac{2(p-1) - (2-p) \ell_{n} 2}{e(2-p) \ell_{n} 2}\right)^{1/p'}$$
 (10)

corollary 3 holds for X and  $\varepsilon = \frac{1}{2} - (\frac{1}{p} - \frac{1}{r})$  (> 0) where r > p' ln 2 + (e p' ln 2) a (X)<sup>p'</sup>. This condition makes sense only if the right side of (9) is > 1 which means p > 1.56.

(2) In general estimates of the form  $b_2(X_n) \le c \ f(a_2(X_n)) \ n^{1/2 - \varepsilon}$ ,  $\varepsilon \ge 0$ , and  $f: \mathbb{R}^+ \to \mathbb{R}^+$  increasing, f cannot be of polynomial growth because necessarily  $n^{\varepsilon} \le d \ f(\sqrt{\ell n \ n})$  for some  $d \ge 0$ : take  $X_n = \ell_n^n$ ,  $r = \ell_n \ n \ge 2$  to see this,  $a_2(X_n) \le \sqrt{r}$ ,  $n^{1/2 - 1/r} \le b_2(X_n)$ .

<u>Proof of proposition 2</u> : The proof is a combination of ideas of Maurey-Pisier [7], p. 68 and the proof of theorem 2. We will show for dim  $X_n = n$ , q > 2,  $n > 2^q$  b<sub>q,n</sub> $(X_n)^q$  and any finite sequence  $(z_i)_{i=1}^m \subseteq X$  :

$$\left(\int_{\Omega} \|\sum_{i=1}^{m} \mathbf{g}_{i}(\boldsymbol{\omega})\mathbf{z}_{i}\|^{2} dP(\boldsymbol{\omega}) \leq \left(c_{q}^{2} \log(b_{q,n}(\mathbf{X}_{n})+1)\right)\left(\int_{\Omega} \|\sum_{i=1}^{m} \mathbf{r}_{i}(t) \mathbf{z}_{i}\|^{2} dt\right)$$
(11)

Theorem 1 and inequalities (1) and (11) yield

$$b_{q}(X_{n}) \leq c_{q} \{ \log(b_{q,n}(X_{n}) + 1) \}^{1/2} \beta_{q}(X_{n})$$

$$\leq c_{q}' \{ \log(b_{q,n}(X_{n}) + 1) \}^{1/2} \beta_{q,n}(X_{n})$$

$$\leq c_{q}'' \{ \log(b_{q,n}(X_{n}) + 1) \}^{1/2} b_{q,n}(X_{n})$$

In the case  $n \le 2^q b_{q,n}(X_n)^q$  the same estimate is trivial, since necessarily  $b_q(X_n) \le n^{1/q}$  and thus

$$b_q(X_n) \leq 2 b_{q,n}(X_n)$$

Thus it suffices to prove (11). Let  $(z_i)_{i=1}^m \subseteq X$  be given,

 $\begin{aligned} & Z = \operatorname{span} \{ r_i(t) z_i \}_{i=1}^m \subseteq L_2(X_n). \text{ Define } (\gamma_j)_{j=1}^m \text{ as in the proof of theorem 2.} \\ & \text{Let } k = [2^q \ b_{q,n}(X_n)^q] + 1. \text{ Then for any set } (v_i)_{i=1}^k \subseteq Z \text{ of pairwise disjoint vectors} \end{aligned}$ 

$$(\inf_{1 \le i \le k} \|v_i\|) k^{1/q} \le (\sum_{i=1}^k \|v_i\|_Z^{q-1/q} \le b_{q,n}(X_n) \|\sum_{i=1}^k v_i\|_Z$$

since  $b_{q,n}(Z) \leq b_{q,n}(X_n)$ . Thus

$$\gamma_k \leq b_{q,n}(X_n) k^{-1/q} \leq 1/2$$

Let  $r = 2 \log_2 k$ . Then, with  $\gamma_j = 0$  for j > m

$$\begin{pmatrix} m \\ \sum \\ j=1 \end{pmatrix}^{n} \gamma_{j}^{r} \begin{pmatrix} 1/r \\ \leq k \end{pmatrix}^{1/r} \begin{pmatrix} \infty \\ j=0 \end{pmatrix}^{\infty} k^{j} \gamma_{k}^{rj} \begin{pmatrix} 1/r \\ k \end{pmatrix}^{1/r}$$
$$\leq k^{1/r} \begin{pmatrix} \infty \\ \sum \\ j=0 \end{pmatrix}^{n} [k/2^{r}]^{j} \begin{pmatrix} 1/r \\ \leq 2 \end{pmatrix}^{1/r}$$

This implies for arbitrary pairwise disjoint vectors  $(v_j)_{j=1}^m$  in Z,

$$\left(\sum_{j=1}^{m} \|\mathbf{v}_{j}\|_{Z}^{r}\right)^{1/r} \leq 2 \left\|\sum_{j=1}^{m} \mathbf{v}_{j}\right\|_{Z} \qquad (12)$$

Define a map  $T: \ell_{\infty}^{m} \rightarrow Z$  by  $(a_{i})_{i=1}^{m} \mapsto \sum_{i=1}^{m} a_{i} r_{i}(t) z_{i}$ . Then T is a positive map relative to the lattice structure on Z inherited from the 1-unconditional basis  $(r_{i}(t)z_{i})_{i=1}^{m}$  of Z. By Lindenstrauss-Tzafriri [5], p. 84 and 55, (12) implies for  $a^{(j)} \in \ell_{\infty}^{m}$ 

$$\begin{array}{cccc} \begin{pmatrix} m \\ \sum \\ j=1 \end{pmatrix} \| \mathbf{T}\mathbf{a}^{(j)} \|_{\mathbf{Z}}^{\mathbf{r}} \|^{1/\mathbf{r}} &\leq 2 \| \sum \limits_{\substack{j=1 \\ j=1 \end{pmatrix}}^{m} \| \mathbf{T}\mathbf{a}^{(j)} \| \|_{\mathbf{Z}} \\ &\leq 2 \| \mathbf{T} \| \| \sum \limits_{\substack{j=1 \\ j=1 \end{pmatrix}}^{m} \| \mathbf{a}^{(j)} \| \|_{\infty} \end{array}$$

and thus  $\pi_{r,1}(T: \ell_{\infty}^{m} \rightarrow Z) \leq 2 ||T||$ . Since T is defined on  $\ell_{\infty}^{m}$ , one has by Maurey [6]

$$\pi_{2r}(T) \leq c/2 \pi_{r,1}(T)$$

for some absolute constant c (even independent of r). Thus  $\pi_{2r}(T) \le c ||T||$ . The Pietsch factorization theorem yields the existence of a sequence  $\delta_i \ge 0$  with  $\sum_{i=1}^{m} \delta_i = 1$  and i=1

$$\|\mathbf{T}(\mathbf{a}_{i})_{i=1}^{\mathsf{m}}\| \leq \pi_{2r}(\mathbf{T}) \left(\sum_{i=1}^{\mathsf{m}} |\mathbf{a}_{i}|^{2r} \delta_{i}\right)^{1/2r}$$
$$\leq c \|\mathbf{T}\| \left(\sum_{i=1}^{\mathsf{m}} |\mathbf{a}_{i}|^{2r} \delta_{i}\right)^{1/2r}$$

Integrating this inequality with  $a_i = g_i(\omega)$  gives

.

$$(\int_{\Omega} \int_{0}^{1} \|\sum_{i=1}^{\infty} \mathbf{g}_{i}(\boldsymbol{\omega}) \mathbf{r}_{i}(t) \mathbf{z}_{i} \|^{2} dt dP(\boldsymbol{\omega}))^{1/2}$$

$$\leq \mathbf{c} \|\mathbf{T}\| (\int_{\Omega} (\sum_{i=1}^{m} |\mathbf{g}_{i}(\boldsymbol{\omega})|^{2\mathbf{r}} \delta_{i})^{2/2\mathbf{r}} dP(\boldsymbol{\omega}))^{1/2}$$

$$\leq \mathbf{c} \|\mathbf{T}\| (\int_{\Omega} \sum_{i=1}^{m} |\mathbf{g}_{i}(\boldsymbol{\omega})|^{2\mathbf{r}} \delta_{i} dP(\boldsymbol{\omega}))^{1/2\mathbf{r}}$$

$$\leq \mathbf{c} \|\mathbf{T}\| \|\mathbf{g}_{1}\|_{2\mathbf{r}} .$$

$$(13)$$

Now  $\|g_1\|_{2r} \leq c' \sqrt{r}$  and  $\|T\| = (\int_0^1 \|\sum_{i=1}^m r_i(t) x_i\|^2 dt)^{1/2}$ . The left side of (13) is nothing but the Gaussian average  $(\int_{\Omega} \|\sum_{i=1}^m g_i(\omega) x_i\|^2 dP(\omega))^{1/2}$ . This proves (11) since  $r \sim q \log b_{q,n}(X_n)$ .

<u>Remark</u> : Inequality (6) of proposition 2 is asymptotically optimal, in general : let  $X_n = \ell_{\infty}^n$  and q = 2. Then

$$b_q(X_n) \sim b_{q,n}(X_n) \sim n^{1/2}$$
,  $\beta_{q,n}(X_n) \sim (n/\log n)^{1/2}$ 

,

cf. [2]. It seems unknown, however, whether (7) could be improved to  $b_q(X_n) \le c_q b_{q,n}(X_n)$ .

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